

SUN

MON

TUE

WED

THUR

FRI

SAT

10:00 AM Shuttle to Our Lady of Victory (Meet in the lobby)  
 10:00 AM Sit and Fit with Personal Trainer Jordan (Commons)  
 10:00 AM Sunday Morning Post with Tea and Muffins (library)  
 11:00 AM Sunday Morning Worship Service (Chapel)  
 11:15 AM Sunday Morning Word Find (The Library)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Symphony (Commons)  
 2:15 PM Walking Club (meet in the library)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (Club Room)  
 7:15 PM Grand Oaks Cinema presents

30



10:00 AM Morning Exercise  
 11:00 AM Balloon Tennis  
 1:15 PM Saturday Afternoon Baby Hats Club (library)  
 1:45 PM Opera (Commons)  
 2:15 PM Saturday Afternoon Walking Club  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (The Clubroom)  
 7:15 PM Grand Oaks Cinema presents (commons movie Area)

1

10:00 AM Shuttle to Our Lady of Victory (Meet in the lobby)  
 10:00 AM Sit and Fit with Personal Trainer Jordan (Commons)  
 10:00 AM Sunday Morning Post with Tea and Muffins (library)  
 11:00 AM Sunday Morning Worship Service (Chapel)  
 11:15 AM Sunday Morning Word Find (The Library)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Symphony (Commons)  
 2:15 PM Walking Club (meet in the library)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (Club Room)  
 7:15 PM Grand Oaks Cinema presents

2

**Labor Day**  
 9:30 AM Tea and Muffin W/ Current Event (library)  
 10:00 AM Trivia (library)  
 11:00 AM Tai Chi (Commons)  
 2:30 PM Pets n Pals Visit (library)  
 3:00 PM Afternoon Social (library)  
 7:15 PM Grand Oaks Cinema (Commons)

3

9:30 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 11:00 AM Tech Support With Jordan  
 1:30 PM Scenic Van Ride  
 3:00 PM Hor d'oeuvres & Riddles With Jordan (library)  
 4:00 PM Word Find (library)  
 7:15 PM Grand Oaks Cinema presents a Musical (Commons)

4

9:30 AM Coffee and News (The Library)  
 10:00 AM Seated Boot Camp w/ Owen (Commons)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Sip and Paint (clubroom)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Arts & Crafts (clubroom)  
 3:45 PM Dominoes (clubroom)  
 4:00 PM Meditation and Mindfulness (Commons)  
 7:15 PM Movie Night

5

9:15 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 11:30 AM Lunch Bunch Outing (Black Salt Restaurant)  
 1:00 PM Tai Chi w/ Thomas (Oasis)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (clubroom)  
 3:30 PM Brain Fitness (library)  
 4:00 PM Catholic Rosary (Chapel)  
 7:15 PM Grand Oaks Cinema Presents (Commons)

6

9:30 AM Trivia, Tea and Muffin (library)  
 11:00 AM Morning Exercise w/ Legacy (Commons)  
 1:30 PM Shopping Trip (Meet in the lobby)  
 2:00 PM Pokeno (clubroom)  
 2:45 PM Jewish Service (Second Floor Country Kitchen)  
 3:30 PM Happy Hour W/ Old Dominion Trio (Commons)  
 7:15 PM Friday Night Flick (Commons)

7

10:00 AM Morning Exercise  
 11:00 AM Balloon Tennis  
 1:15 PM Saturday Afternoon Baby Hats Club (library)  
 1:45 PM Opera (Commons)  
 2:15 PM Saturday Afternoon Walking Club  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (The Clubroom)  
 7:15 PM Grand Oaks Cinema presents (commons movie Area)

8

Rosh Hashana Begins at Sundown National Grandparents Day  
 10:00 AM Shuttle to Our Lady of Victory (Meet in the lobby)  
 10:00 AM Sit and Fit with Personal Trainer Jordan (Commons)  
 10:00 AM Sunday Morning Post with Tea and Muffins (library)  
 11:00 AM Sunday Morning Worship Service (Chapel)  
 11:15 AM Sunday Morning Word Find (The Library)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Symphony (Commons)  
 2:15 PM Walking Club (meet in the library)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (Club Room)  
 7:15 PM Grand Oaks Cinema presents

9

9:30 AM Tea and Muffin W/ Current Event (library)  
 10:00 AM Trivia (library)  
 11:00 AM Tai Chi (Commons)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (The Clubroom)  
 4:00 PM Grand Oaks Speaker Series (Commons)  
 7:15 PM Grand Oaks Cinema (Commons)

10

**Patriot Day**  
 9:30 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 11:00 AM Tech Support With Jordan  
 1:30 PM Scenic Van Ride  
 3:00 PM Hor d'oeuvres & Riddles With Jordan (library)  
 4:00 PM Word Find (library)  
 5:00 PM Dinner at 1789 Restaurant and Bar (1789 Georgetown DC)  
 7:15 PM Grand Oaks Cinema presents a Musical (Commons)

11

9:30 AM Coffee and News (The Library)  
 10:00 AM Seated Boot Camp w/ Owen (Commons)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Sip and Paint (clubroom)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Arts & Crafts (clubroom)  
 3:45 PM Dominoes (clubroom)  
 4:00 PM Meditation and Mindfulness (Commons)  
 7:15 PM Movie Night

12

9:15 AM Tea and Muffin (library)  
 11:00 AM Sit and Fit Exercise (Commons)  
 1:00 PM Tai Chi w/ Thomas (Oasis)  
 3:00 PM Afternoon Social (library)  
 3:00 PM Parkinson's support group Meeting (Commons)  
 3:30 PM Pokeno (clubroom)  
 4:00 PM Catholic Rosary (Chapel)  
 7:15 PM Grand Oaks Cinema Presents (Commons)

13

9:30 AM Trivia, Tea and Muffin (library)  
 11:00 AM Morning Exercise w/ Legacy (Commons)  
 1:30 PM Shopping Trip (Meet in the lobby)  
 1:30 PM Afternoon Matinee (Commons)  
 2:00 PM Pokeno (clubroom)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Happy Hour W/ steel drum band (Commons)  
 7:15 PM Friday Night Flick (Commons)

14

10:00 AM Morning Exercise  
 11:00 AM Balloon Tennis  
 1:15 PM Saturday Afternoon Baby Hats Club (library)  
 1:45 PM Opera (Commons)  
 2:15 PM Saturday Afternoon Walking Club  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (The Clubroom)  
 7:15 PM Grand Oaks Cinema presents (commons movie Area)

15

10:00 AM Shuttle to Our Lady of Victory (Meet in the lobby)  
 10:00 AM Sit and Fit with Personal Trainer Jordan (Commons)  
 10:00 AM Sunday Morning Post with Tea and Muffins (library)  
 11:00 AM Sunday Morning Worship Service (Chapel)  
 11:15 AM Sunday Morning Word Find (The Library)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Symphony (Commons)  
 2:15 PM Walking Club (meet in the library)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (Club Room)  
 7:15 PM Grand Oaks Cinema presents

16

9:30 AM Tea and Muffin W/ Current Event (library)  
 10:00 AM Trivia (library)  
 11:00 AM Tai Chi (Commons)  
 2:00 PM Art Lecture With Roshna (Commons)  
 3:00 PM Afternoon Social (library)  
 7:15 PM Grand Oaks Cinema (Commons)

17

**Yom Kippur Begins at Sundown**  
 9:30 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 11:00 AM Tech Support With Jordan  
 1:30 PM Scenic Van Ride  
 2:00 PM Activities to Go Presentation (Commons)  
 3:00 PM Hor d'oeuvres & Riddles With Jordan (library)  
 4:00 PM Word Find (library)  
 7:15 PM Grand Oaks Cinema presents a Musical (Commons)

18

Yom Kippur Ends at Sundown  
 9:30 AM Coffee and News (The Library)  
 10:00 AM Seated Boot Camp w/ Owen (Commons)  
 11:00 AM Resident Council Meeting (Commons)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Sip and Paint (clubroom)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Arts & Crafts (clubroom)  
 3:45 PM Dominoes (clubroom)  
 4:00 PM Meditation and Mindfulness (Commons)  
 7:15 PM Movie Night

19

9:15 AM Tea and Muffin (library)  
 10:00 AM Avalon Theater Movie Outing  
 11:00 AM Tai Chi (Commons)  
 1:00 PM Tai Chi w/ Thomas (Oasis)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Brain Fitness (library)  
 4:00 PM Catholic Rosary (Chapel)  
 7:15 PM Grand Oaks Cinema Presents (Commons)

20

9:30 AM Trivia, Tea and Muffin (library)  
 11:00 AM Morning Exercise w/ Legacy (Commons)  
 1:30 PM Shopping Trip (Meet in the lobby)  
 2:00 PM Pokeno (clubroom)  
 2:45 PM Jewish Service (Second Floor Country Kitchen)  
 3:30 PM Happy Hour W/ steel drum band (Commons)  
 7:15 PM Friday Night Flick (Commons)

21

10:00 AM Morning Exercise  
 11:00 AM Balloon Tennis  
 1:15 PM Saturday Afternoon Baby Hats Club (library)  
 1:45 PM Opera (Commons)  
 2:00 PM Classical Piano Performance (library)  
 2:15 PM Saturday Afternoon Walking Club  
 3:00 PM Afternoon Social (library)  
 7:15 PM Grand Oaks Cinema presents (commons movie Area)

22

10:00 AM Shuttle to Our Lady of Victory (Meet in the lobby)  
 10:00 AM Sit and Fit with Personal Trainer Jordan (Commons)  
 10:00 AM Sunday Morning Post with Tea and Muffins (library)  
 11:00 AM Sunday Morning Worship Service (Chapel)  
 11:15 AM Sunday Morning Word Find (The Library)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Symphony (Commons)  
 2:15 PM Walking Club (meet in the library)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (Club Room)  
 7:15 PM Grand Oaks Cinema presents

23

9:30 AM Tea and Muffin W/ Current Event (library)  
 10:00 AM Trivia (library)  
 11:00 AM Tai Chi (Commons)  
 2:00 PM Blackjack (library)  
 3:00 PM Afternoon Social (library)  
 7:15 PM Grand Oaks Cinema (Commons)

24

9:30 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 11:00 AM Tech Support With Jordan  
 12:00 PM Monthly Birthday Lunch (clubroom)  
 1:30 PM Scenic Van Ride  
 3:00 PM Hor d'oeuvres & Riddles With Jordan (library)  
 4:00 PM Word Find (library)  
 7:15 PM Grand Oaks Cinema presents a Musical (Commons)

25

9:30 AM Coffee and News (The Library)  
 10:00 AM Seated Boot Camp w/ Owen (Commons)  
 12:30 PM Catholic Mass (Sibley Chapel)  
 1:30 PM Sip and Paint (clubroom)  
 3:00 PM Afternoon Social (library)  
 3:30 PM Arts & Crafts (clubroom)  
 3:45 PM Dominoes (clubroom)  
 4:00 PM Meditation and Mindfulness (Commons)  
 7:15 PM Movie Night

26

9:15 AM Tea and Muffin (library)  
 11:00 AM Tai Chi (Commons)  
 1:00 PM Tai Chi w/ Thomas (Oasis)  
 2:00 PM Beading Class (Club Room)  
 3:00 PM Focus Group on Aging (Commons)  
 3:00 PM Afternoon Social (library)  
 4:00 PM Catholic Rosary (Chapel)  
 7:15 PM Grand Oaks Cinema Presents (Commons)

27

9:30 AM Trivia, Tea and Muffin (library)  
 11:00 AM Morning Exercise w/ Legacy (Commons)  
 1:30 PM Shopping Trip (Meet in the lobby)  
 1:30 PM Afternoon Matinee (Commons)  
 2:00 PM Pokeno (clubroom)  
 3:30 PM Happy Hour W/ steel drum band (Commons)  
 7:15 PM Friday Night Flick (Commons)

28

10:00 AM Morning Exercise  
 11:00 AM Balloon Tennis  
 1:15 PM Saturday Afternoon Baby Hats Club (library)  
 1:45 PM Opera (Commons)  
 2:15 PM Saturday Afternoon Walking Club  
 3:00 PM Afternoon Social (library)  
 3:30 PM Pokeno (The Clubroom)  
 7:15 PM Grand Oaks Cinema presents (commons movie Area)

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