

10:15 AM Mind and Body

10:40 AM Refreshment and snacks

5:45 PM Evening Shows w/ Carestaff

10:50 AM Music and Sing A Long

12:30 PM Catholic Mass (Sibley

2:00 PM Glee walking club

10:15 AM Mind and Body

10:40 AM Refreshment and

2:00 PM Glee walking club

3:00 PM Residents snacks and

3:30 PM Jerry Roman on Piano

5:45 PM Evening Shows w/ Carestaff

10:50 AM Music and Sing A Long

12:30 PM Catholic Mass (Sibley

3:00 PM Residents snacks and

10:35 AM Music with

Fitness

Wendell

Chapel)

discussion

Fitness

snacks

Chapel)

discussion

Simchat Torah Begins at Sundown 10:00 AM Balloon Tennis 10:30 AM Refreshing Fruit Sampling Snacks

1:30 AM Lunch Outing to China Pavilion 1:00 PM Happy Hour w/ Music by Kevin and Lena (Commons)

2:30 PM Oasis Community Social 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

7:15 PM Recital "Violin and viola with piano (Commons)

Columbus Day 10:00 AM Balloon Tennis 10:30 AM Refreshing Fruit Sampling Snacks 11:30 AM Outing to Horace Mann

Elementary School :30 PM Walking Club Inside (small group or 1:1) or Patio Chat Weather

Permitting 2:30 PM Oasis Community Social 3:45 PM Bingo 6:00 PM Family Feud: Steve Harvey Host

or Seasonal Sports 0:00 AM Balloon Tennis

0:30 AM Refreshing Fruit Sampling Snacks 1:00 AM Wheel of Fortune word

1:30 PM Walking Club Inside (small group or 1:1) or Patio Chat Weather Permitting

2:00 PM Art Lecture With Roshna (Commons) 2:30 PM Oasis Community Social

2:45 PM Pet Therapy 3:30 PM Music Therapy w/Peg 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:15 AM Mind and Body Fitness 10:40 AM Refreshment and

snacks 10:50 AM Music and Sing A Lona 12:30 PM Catholic Mass (Sibley Chapel)

2:00 PM Glee walking club 3:00 PM Residents snacks and discussion

3:30 PM Piano concert w/ LiLy Chang 5:45 PM Evening Shows w/ Carestaff

10:15 AM Mind and Body Fitness 10:40 AM Refreshment and

snacks 0:50 AM Music and Sing A Long 12:30 PM Catholic Mass (Sibley Chapel)

2:00 PM Glee walking club 3:00 PM Residents snacks and discussion

3:30 PM Ken Entertains at the Guitar 5:45 PM Evening Shows w/ Carestaff 10:00 AM Balloon Tennis 10:30 AM Refreshing Fruit Sampling Snacks 1:00 AM Wheel of Fortune

word Game 1:30 PM Walking Club Inside (small group or 1:1) or Patio Chat

Weather Permitting 2:30 PM Oasis Community Social

3:30 PM Music Therapy w/Peg 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:00 AM Balloon Tennis 10:30 AM Refreshing Fruit Sampling Snacks 11:00 AM Wheel of Fortune word Game

2:30 PM Oasis Community Social

6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:00 AM News and Schmooze 10:00 AM Trivia (library) 0:30 AM Refreshing Fruit

Samplina 0:45 AM Balloon Tennis 1:00 AM Circle Meditation and

Relaxation :30 PM Painting, Patterns, & Designs :30 PM Round Robbin Discussion "Ice Breakers Game'

3:30 PM Ballroom Dancing w/ Victor 5:45 PM Evening Shows w/ Carestaff

10:00 AM News and Schmooze 10:00 AM Trivia (library) 10:30 AM Refreshing Fruit

Sampling 0:45 AM Balloon Tennis 1:00 AM Circle Meditation and Relaxation

1:30 AM Monthly Birthday Lunch :30 PM Painting, Patterns, & Designs :30 PM Round Robbin Discussion "Ice Breakers Game

3:30 PM Ballroom Dancing w/ Victor :45 PM Evening Shows w/ Carestaff

1:00 AM Circle Meditation and Relaxation

:30 PM Painting, Patterns, & Designs

3:30 PM Ballroom Dancing w/ Victor

5:45 PM Evening Shows w/ Carestaff

:30 PM Round Robbin Discussion "Ice

10:00 AM News and Schmooze

10:00 AM Trivia (library)

Sampling

0:30 AM Refreshing Fruit

0:45 AM Balloon Tennis

1:30 AM Lunch Bunch

Breakers Game"

10:00 AM News and

10:00 AM Trivia (library)

0:30 AM Refreshing Fruit

0:45 AM Balloon Tennis

1:30 AM Lunch Bunch

1:00 AM Circle Meditation and

:30 PM Painting, Patterns, & Designs

5:45 PM Evening Shows w/ Carestaff

:30 PM Round Robbin Discussion "Ice

Schmooze

Sampling

Relaxation

Schmooze

Samplina

Relaxation

Breakers Game'

Breakers Game'

10:00 AM News and

10:00 AM Trivia (library)

0:30 AM Refreshing Fruit

10:45 AM Balloon Tennis

1:30 AM Lunch Bunch

1:00 AM Circle Meditation and

:30 PM Painting, Patterns, & Designs

5:45 PM Evening Shows w/ Carestaff

:30 PM Round Robbin Discussion "Ice

10:00 AM Seated Boot Camp w/ Owen (Commons) 0:30 AM Sit and Get Fit

0:30 AM Refreshment Stand 10:50 AM Movements and Music 11:00 AM Mini Facial and Makeup-By

Bobbi Brown (Commons) 12:30 PM Catholic Mass (Sibley Chapel) 1:30 PM Flower Arranging

2:30 PM Oasis Afternoon Social 2:45 PM sing-a-long Club 3:30 PM Bingo

5:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:00 AM Seated Boot Camp w/ Owen (Commons)

0:30 AM Sit and Get Fit 10:30 AM Refreshment Stand 10:50 AM Movements and Music

12:30 PM Catholic Mass (Sibley Chapel) 1:30 PM Flower Arranging

2:00 PM Shall We Dance 2:30 PM Oasis Afternoon Social 2:45 PM sing-a-long Club

3:30 PM Bingo 6:00 PM Family Feud: Steve Harvey Host

10:00 AM Seated Boot Camp w/ Owen (Commons)

or Seasonal Sports

0:30 AM Sit and Get Fit 0:30 AM Refreshment Stand 10:50 AM Movements and Music 12:30 PM Catholic Mass (Sibley Chapel) 1:30 PM Flower Arranging

2:30 PM Oasis Afternoon Social 2:45 PM sing-a-long Club

3:30 PM Bingo 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:00 AM Seated Boot Camp w/ Owen (Commons)

0:30 AM Sit and Get Fit 0:30 AM Refreshment Stand 10:50 AM Movements and Music 12:30 PM Catholic Mass (Sibley Chapel)

1:30 PM Flower Arranging 2:30 PM Oasis Afternoon Social 2:45 PM sing-a-long Club

10:00 AM Seated Boot Camp

10:30 AM Refreshment Stand

10:50 AM Movements and Music

2:30 PM Oasis Afternoon Social

12:30 PM Catholic Mass (Sibley Chapel)

6:00 PM Family Feud: Steve Harvey Host

w/ Owen (Commons)

0:30 AM Sit and Get Fit

1:30 PM Flower Arranging

2:45 PM sing-a-long Club

or Seasonal Sports

3:30 PM Bingo

Halloween

3:30 PM Bingo 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

Cruise (Spirit of Washington) 10:15 AM Mooving with the Music 10:30 AM Refreshment Stand

10:50 AM Rhyme Time and Trivia 1:00 PM Tai Chi w/ Thomas (Oasis) 2:15 PM Baby Hat Making Club 3:00 PM Oasis Community Social

10:15 AM Mooving with the

10:50 AM Rhyme Time and Trivia

2:15 PM Baby Hat Making Club

3:00 PM Oasis Community Social

3:50 PM Sorting, Organizing and

Cutting Strings for Sibley Service

10:50 AM Rhyme Time and Trivia

2:15 PM Baby Hat Making Club

3:00 PM Oasis Community Social

3:50 PM Sorting, Organizing and

2:15 PM Scenic Drive Outing

10:15 AM Mooving with

10:30 AM Refreshment

10:15 AM Mooving with the

10:50 AM Rhyme Time and

1:30 PM Scenic Drive Outing

2:15 PM Scenic Drive Outing

2:15 PM Baby Hat Making Club

3:00 PM Oasis Community Social

Strings for Sibley Service Project

Mini Facial and Makeup 🕠 🚍

Wednesday, October 3

11:00am-4:00pm

3:50 PM Sorting, Organizing and Cutting

10:30 AM Refreshment Stand

1:00 PM Tai Chi w/ Thomas (Oasis)

1:00 PM Tai Ćhi w/ Thomas (Oasis)

10:30 AM Refreshment

Music

Stand

Project

Stand

Project

Music

the Music

3:50 PM Sorting, Organizing and Cutting Strings for Sibley Service Project

10:00 AM News and Schmooze 9:00 AM Senior Bingo Lunch 0:25 AM Fruity Samplina

Refreshing Snacks 10:45 AM Bible Study w/ Kurt

11:30 AM Lunch at Grand Oaks 2:30 PM Popcorn and social 2:45 PM Jewish Service (Oasis)

3:30 PM Movie Matinee 3:30 PM Happy Hour w/ Music by Old Dominion Trio

3:45 PM Interactive Art 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

11:30 AM Lunch at Grand Oaks

3:30 PM Happy Hour w/ Music by

6:00 PM Family Feud: Steve Harvey

2:30 PM Popcorn and social

10:00 AM News and

Refreshing Snacks

3:30 PM Movie Matinee

3:45 PM Interactive Art

Kevin and Lena

0:25 AM Fruity Sampling

Schmooze

10:15 AM "Moovin and Groovin '

10:40 AM Refreshment and snacks

10:50 AM Music and Sing A Long 2:00 PM Walking club

2:45 PM Residents Social and Music

3:30 PM Wendell at the Piano

5:45 PM Evening Shows w/ Carestaff

10:15 AM "Moovin and Groovin "

10:40 AM Refreshment and snacks 10:50 AM Music and Sing A Long

2:00 PM Walking club

2:45 PM Residents Social and Music 3:30 PM Ballroom Dancing w/ Victor

10:50 AM Music and Sing A Long

2:45 PM Residents Social and

3:30 PM Wendell at the Piano

5:45 PM Evening Shows w/

5:45 PM Evening Shows w/ Carestaff

10:15 AM "Moovin and

10:40 AM Refreshment

2:00 PM Walking club

Groovin '

Music

and snacks

10:00 AM News and Schmooze 0:25 AM Fruity Sampling

Host or Seasonal Sports

Refreshing Snacks 11:30 AM Lunch at Grand Oaks

2:30 PM Popcorn and social 2:45 PM Jewish Service (Oasis)

1:00 PM Tai Chi w/ Thomas (Oasis) 30 PM Movie Matinee 3:30 PM Happy Hour w/ Music by Darrin

Carter (Commons) 3:45 PM Interactive Art Cutting Strings for Sibley Service

6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports

10:00 AM News and Schmooze

0:25 AM Fruity Sampling Refreshing Snacks 11:30 AM Lunch at Grand Oaks

2:30 PM Popcorn and social 3:30 PM Happy Hour W/ steel drum

band (Commons) 3:30 PM Movie Matinee

Super Senior

Lunch Cruise

Thursday, October 4

3:45 PM Interactive Art 6:00 PM Family Feud: Steve Harvey Host or Seasonal Sports THE REAL PROPERTY.

SPIRIT OF WASHINGTON

10:15 AM "Moovin and Groovin "

Carestaff

10:40 AM Refreshment and snacks

10:50 AM Music and Sing A Long

2:00 PM Walking club 2:00 PM Classical Piano

Performance (library) 2:45 PM Residents Social and Music

3:30 PM Ballroom Dancing w/ Victor 5:45 PM Evening Shows w/ Carestaff



October 2018



