

**SUN MON TUE WED THUR FRI SAT**

**HAPPY BIRTHDAY**  
**Conni Rice**  
Feb 8th

**Super Bowl  
Pizza & Beer  
Party**  
Sunday, February 3  
6:30pm ~ Oasis

**Monthly  
Luncheon**  
Monday, February 4  
11:30 Am  
Oasis Activities  
Room

**Flower Arrangement  
With The  
Garden Club**  
Wednesday, February 13  
1:30pm ~ Club Room

**Valentine's Day  
Celebration**  
Happy Hour  
8:30pm in The Commons  
with Music by Doreen Carter  
Happy Valentine's Day

**1**  
10:00 AM News and Schmooze  
10:25 AM Fruity Sampling  
Refreshing Snacks  
10:45 AM Bible Study w/ Kurt  
11:30 AM Lunch at Grand Oaks  
2:30 PM Popcorn and social  
2:45 PM Jewish Service (Oasis)  
2:45 PM Shabat w/ Rabbi Aft  
3:30 PM Movie Matinee  
3:30 PM Happy Hour w/ Music by Old  
Dominion Trio  
3:45 PM Interactive Art  
6:00 PM Family Feud: Steve Harvey Host or  
Seasonal Sports

**2**  
Groundhog Day  
10:15 AM "Moovin and  
Groovin "  
10:40 AM Refreshment  
and snacks  
10:50 AM Music and Sing A Long  
2:00 PM Walking club  
2:45 PM Residents Social and Music  
3:30 PM Musical Entertainment  
5:45 PM Evening Shows w/  
Carestaff

**3**  
10:15 AM SIT AND SWING  
10:35 AM Music with Wendell  
10:40 AM Refreshment and  
snacks  
10:50 AM Music and Sing A Long  
12:30 PM Catholic Mass (Sibley  
Chapel)  
2:00 PM Glee walking club  
3:00 PM Residents snacks and  
discussion  
3:25 PM BINGO  
5:45 PM Evening Shows w/ Carestaff

**4**  
10:00 AM Balloon Tennis  
10:30 AM Refreshing Fruit  
Sampling Snacks  
11:30 AM Take Out Pizza  
Lunch Bunch  
1:30 PM Painting and Puzzles  
2:30 PM Oasis Community Social  
Readings w/ Nancy  
6:00 PM Family Feud: Steve  
Harvey Host or Seasonal Sports

**5**  
Chinese New Year Begins  
10:00 AM News and  
Schmooze  
10:00 AM Trivia (library)  
10:30 AM Refreshing Fruit Sampling  
10:45 AM Balloon Tennis  
11:00 AM Trivia and Rhyme Time  
1:30 PM Painting, Patterns, &  
Designs  
3:30 PM Ballroom Dancing w/ Victor  
5:45 PM Evening Shows w/ Carestaff

**6**  
10:00 AM Seated Boot Camp  
w/ Owen (Commons)  
10:30 AM Sit and Get Fit  
10:30 AM Refreshment Stand  
10:50 AM Movements and Music  
12:30 PM Catholic Mass (Sibley Chapel)  
1:30 PM Flower Arranging  
2:30 PM Oasis Afternoon Social  
2:45 PM sing-a-long Club  
3:30 PM Bingo  
6:00 PM Family Feud: Steve Harvey Host  
or Seasonal Sports

**7**  
10:15 AM Mooving with the  
Music  
10:30 AM Refreshment Stand  
10:50 AM Rhyme Time and  
Trivia  
1:00 PM Tai Chi w/ Thomas (Oasis)  
2:15 PM Baby Hat Making Club  
3:00 PM Book Club: Reading Selections  
w/ Nancy  
3:00 PM Oasis Community Social  
3:50 PM Sorting, Organizing and Cutting  
Strings for Sibley Service Project

**8**  
10:00 AM News and  
Schmooze  
10:25 AM Fruity Sampling  
Refreshing Snacks  
11:30 AM Lunch at Grand Oaks  
2:30 PM Popcorn and social  
3:30 PM Movie Matinee  
3:30 PM Happy Hour w/ Music by  
Kevin and Lena  
3:45 PM Interactive Art  
6:00 PM Family Feud: Steve Harvey  
Host or Seasonal Sports

**9**  
10:15 AM "Moovin and  
Groovin "  
10:40 AM Refreshment  
and snacks  
10:50 AM Music and Sing A Long  
2:00 PM Walking club  
2:45 PM Residents Social and Music  
3:30 PM Ballroom Dancing w/  
Victor  
5:45 PM Evening Shows w/  
Carestaff

**10**  
10:15 AM SIT AND SWING  
10:40 AM Refreshment and  
snacks  
10:50 AM Music and Sing A  
Long  
12:30 PM Catholic Mass (Sibley Chapel)  
2:00 PM Glee walking club  
3:00 PM Residents snacks and discussion  
3:30 PM Afternoon Entertainment  
3:30 PM Bingo  
5:45 PM Evening Shows w/ Carestaff

**11**  
10:00 AM Balloon Tennis  
10:30 AM Refreshing Fruit  
Sampling Snacks  
11:30 AM Outing to  
Horace Mann Elementary School  
1:30 PM Painting and Puzzles  
2:30 PM Oasis Community Social  
3:30 PM Let's Paint Pottery Together  
3:45 PM Bingo  
6:00 PM Family Feud: Steve Harvey  
Host or Seasonal Sports

**12**  
10:00 AM News and  
Schmooze  
10:00 AM Trivia (library)  
10:30 AM Refreshing Fruit  
Sampling  
10:45 AM Balloon Tennis  
11:00 AM Trivia and Rhyme Time  
11:30 AM Monthly Birthday Lunch  
1:30 PM Painting, Patterns, & Designs  
3:30 PM Ballroom Dancing w/ Victor  
5:45 PM Evening Shows w/ Carestaff

**13**  
10:00 AM Seated Boot Camp  
w/ Owen (Commons)  
10:30 AM Sit and Get Fit  
10:30 AM Refreshment Stand  
10:50 AM Movements and Music  
12:30 PM Catholic Mass (Sibley Chapel)  
1:30 PM Flower Arranging  
2:00 PM Shall We Dance w/ Dustin  
2:30 PM Oasis Afternoon Social  
2:45 PM sing-a-long Club  
3:30 PM Bingo  
6:00 PM Family Feud: Steve Harvey Host  
or Seasonal Sports

**14**  
Valentine's Day  
10:15 AM Mooving with the  
Music  
10:30 AM Refreshment Stand  
10:50 AM Rhyme Time and Trivia  
1:00 PM Tai Chi w/ Thomas (Oasis)  
2:15 PM Scenic Drive Outing  
3:00 PM Oasis Community Social  
3:30 PM Valentines Day Celebration  
(Commons)  
4:00 PM Music Appreciation: 40's &  
50's Love Songs

**15**  
10:00 AM News and  
Schmooze  
10:25 AM Fruity Sampling  
Refreshing Snacks  
11:30 AM Lunch at Grand Oaks  
2:30 PM Popcorn and social  
2:45 PM Jewish Service (Oasis)  
2:45 PM Shabat w/ Rabbi Aft  
3:30 PM Movie Matinee  
3:45 PM Interactive Art  
6:00 PM Family Feud: Steve Harvey  
Host or Seasonal Sports

**16**  
10:15 AM "Moovin and  
Groovin "  
10:40 AM Refreshment  
and snacks  
10:50 AM Music and Sing A Long  
2:00 PM Walking club  
2:45 PM Residents Social and  
Music  
3:30 PM Wendell at the Piano  
5:45 PM Evening Shows w/  
Carestaff

**17**  
10:15 AM SIT AND SWING  
10:40 AM Refreshment and  
snacks  
10:50 AM Music and Sing A  
Long  
12:30 PM Catholic Mass (Sibley  
Chapel)  
2:00 PM Glee walking club  
3:00 PM Residents snacks and  
discussion  
3:30 PM Piano concert w/ Lily Chang  
5:45 PM Evening Shows w/ Carestaff

**18**  
Presidents' Day  
10:00 AM Balloon Tennis  
10:30 AM Refreshing Fruit Sampling  
Snacks  
11:00 AM Wheel of Fortune word  
Game  
1:30 PM Painting and Puzzles  
2:00 PM Art Lecture With Roshna (Commons)  
2:30 PM Oasis Community Social  
2:45 PM Pet Therapy  
3:30 PM Music Therapy w/Peg  
5:00 PM Lecture & Discussion on Atrial  
Fibrillation (Commons)  
6:00 PM Family Feud: Steve Harvey Host or  
Seasonal Sports

**19**  
Chinese New Year Ends  
10:00 AM News and  
Schmooze  
10:00 AM Trivia (library)  
10:30 AM Refreshing Fruit Sampling  
10:45 AM Balloon Tennis  
11:00 AM Trivia and Rhyme Time  
11:30 AM Lunch Bunch  
1:30 PM Painting, Patterns, & Designs  
3:30 PM Ballroom Dancing w/ Victor  
5:45 PM Evening Shows w/ Carestaff

**20**  
10:00 AM Seated Boot Camp  
w/ Owen (Commons)  
10:30 AM Sit and Get Fit  
10:30 AM Refreshment Stand  
10:50 AM Movements and Music  
12:30 PM Catholic Mass (Sibley Chapel)  
1:30 PM Flower Arranging  
2:30 PM Oasis Afternoon Social  
2:45 PM sing-a-long Club  
3:30 PM Bingo  
6:00 PM Family Feud: Steve Harvey Host  
or Seasonal Sports

**21**  
10:15 AM Mooving with  
the Music  
10:30 AM Refreshment  
Stand  
10:50 AM Rhyme Time and Trivia  
1:00 PM Tai Chi w/ Thomas (Oasis)  
2:15 PM Baby Hat Making Club  
3:00 PM Oasis Community Social  
3:50 PM Sorting, Organizing and  
Cutting Strings for Sibley Service  
Project

**22**  
10:00 AM News and  
Schmooze  
10:25 AM Fruity Sampling  
Refreshing Snacks  
11:30 AM Lunch at Grand Oaks  
2:30 PM Popcorn and social  
3:30 PM Happy Hour W/ steel drum  
band (Commons)  
3:30 PM Movie Matinee  
3:45 PM Interactive Art  
6:00 PM Family Feud: Steve Harvey  
Host or Seasonal Sports

**23**  
10:15 AM "Moovin and  
Groovin "  
10:40 AM Refreshment and  
snacks  
10:50 AM Music and Sing A Long  
2:00 PM Walking club  
2:00 PM Classical Piano  
Performance (library)  
2:45 PM Residents Social and Music  
3:30 PM Ballroom Dancing w/ Victor  
5:45 PM Evening Shows w/ Carestaff

**24**  
10:15 AM SIT AND SWING  
10:40 AM Refreshment and  
snacks  
10:50 AM Music and Sing A  
Long  
12:30 PM Catholic Mass (Sibley  
Chapel)  
2:00 PM Glee walking club  
3:00 PM Residents snacks and  
discussion  
5:45 PM Evening Shows w/ Carestaff

**25**  
10:00 AM Balloon Tennis  
10:30 AM Refreshing  
Fruit Sampling Snacks  
1:30 PM Painting and Puzzles  
2:30 PM Oasis Community  
Social  
3:30 PM Music Therapy w/Peg  
6:00 PM Family Feud: Steve  
Harvey Host or Seasonal  
Sports

**26**  
10:00 AM News and  
Schmooze  
10:00 AM Trivia (library)  
10:30 AM Refreshing Fruit  
Sampling  
10:45 AM Balloon Tennis  
11:00 AM Trivia and Rhyme Time  
11:30 AM Lunch Bunch  
1:30 PM Painting, Patterns, & Designs  
2:30 PM Sing-a-long w/ Cerlene on  
the Piano  
5:45 PM Evening Shows w/ Carestaff

**27**  
10:00 AM Seated Boot Camp  
w/ Owen (Commons)  
10:30 AM Sit and Get Fit  
10:30 AM Refreshment Stand  
10:50 AM Movements and Music  
12:30 PM Catholic Mass (Sibley Chapel)  
1:30 PM Flower Arranging  
2:30 PM Oasis Afternoon Social  
2:45 PM sing-a-long Club  
3:30 PM Bingo  
6:00 PM Family Feud: Steve Harvey Host  
or Seasonal Sports

**28**  
10:15 AM Mooving with  
the Music  
10:30 AM Refreshment  
Stand  
10:50 AM Rhyme Time and Trivia  
1:00 PM Tai Chi w/ Thomas (Oasis)  
2:15 PM Scenic Drive Outing  
3:00 PM Oasis Community Social  
4:00 PM Music Appreciation:  
Istrumental Music on the Kindle

**Dr. Ramin Oskoui**  
is a cardiologist affiliated  
with Sibley Memorial  
Hospital, Suburban  
Hospital and Washington  
Hospital Center.

**Date:**  
Monday, February 18th  
from 5:00 - 6:00 pm  
In the Commons

**Please Note: All  
activities and  
events are subject  
to change.**

**LOVE**

**February 2019**

Oasis

