

GRAND OAKS



JOHNS HOPKINS
MEDICINE



SIBLEY MEMORIAL
HOSPITAL
JOHNS HOPKINS MEDICINE



Johns Hopkins Affiliation

Grand Oaks is proud to offer seamless access to programs provided by the world-renowned care teams in the Hopkins health system.



Clinical Care

Grand Oaks provides access to a full-time nurse practitioner that partners with Johns Hopkins physicians and Sibley Memorial Hospital physicians, who are sub-specialty trained in a variety of disciplines.



Convenience of Location

Grand Oaks is located on the Sibley Memorial Hospital campus, providing easy access to these services and more:

- Sibley Memorial Hospital
- Johns Hopkins Specialty Care Providers
- Kimmel Cancer Center
- Skilled Nursing Facility
- Pharmacy
- Sibley Senior Services



Expert Nursing Care

Our dedicated and caring staff of nurses provides each resident with a personalized care plan to ensure all of their needs are met.



Wellness and Prevention Programs

We incorporate evidence-based practices to enhance the quality of life for our residents. These programs are integrated into everything from our care coordination to our nutritional interventions.



Personalized Care

Personalized levels of assistance and a full breadth of activities make Grand Oaks Assisted Living Community the preferred choice for seniors.



Memory Care Neighborhood

Our secure memory care neighborhood is designed to provide personalized care for residents with Alzheimer's disease and other related disorders.

"Thanks to the rehabilitation services here at Grand Oaks, I've been walking pain-free. I can't thank them enough for their dedication to the residents."



**“The apartment that I have is very light and airy.
I give this place very, very high marks.”**





Home-Like Setting

To create a nurturing and peaceful environment, each assisted living apartment is designed for comfort and safety. We encourage residents to decorate their space and make it their home.



Experience Premier Amenities

A few of the great amenities we offer include a full-service beauty salon, chapel, business center, fitness equipment, and access to a warm water pool at The Sibley Renaissance.



Enhancing Residents' Wellbeing

Grand Oaks offers amenities that improve quality of life while also bringing residents together to form lasting relationships.





Restaurant-Style Dining

Experience restaurant-style dining service while enjoying delectable meals from our on-site executive chef. Each meal is specially prepared to meet your dietary requirements by using healthy and fresh ingredients.



Nutrition & Menu

With your health and palate in mind, we use choice cuts of fresh meat and seafood, garden-fresh seasonal vegetables, and organic groceries. All foods are prepared with zero trans fat.



Resident Activities

Our community offers a mix of activities aimed at stimulating the mind, body, and spirit on a daily, weekly, and monthly basis. We take advantage of the cultural offerings in our nation's capital and provide access to a wide range of engaging events.



Mind, Body, and Spirit Programs

Our programs are an essential component to maintaining cognitive health and quality of life. We focus on providing residents with stimulating activities to meet their unique needs and encourage all residents to stay active.

Our team is dedicated to improving our resident's physical health via multifaceted techniques. Our programs include Tai Chi, Walking Club, Spiritual services, Meditation, Brain Fitness, Trivia, and so much more.





Visit *Life.GrandOaksDC.org* to learn more about our unique community.