

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

MASK IS REQUIRED TO PARTICIPATE IN ALL ACTIVITIES.

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, September 20, 2021

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Current Event

- ❖ **11:00am Sit and Fit** ***Commons (A)**

- ❖ **2:00pm Country Music:** ***Commons (A)**
 - A Film by Ken Burns**
 - Eight-part, 16-hour documentary series, COUNTRY MUSIC, chronicles the history of a uniquely American art form, focusing on the biographies of the fascinating characters who created it.**
 - Episode 1: The Rub (Beginnings –1933)**
 - **2019**
 - **1hr, 52 min Per episode**
 - **Starring Peter Coyote**
 - **Genres Documentary, Special Interest**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Dominoes** ***Bistro**

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Tuesday, September 21, 2021

- ❖ **10:00am Coffee and Muffins** ***Bistro**

- ❖ **11:00am Large Group Exercise Class** ***Commons (A)**

- ❖ **11:0am Tech Support with Jordan**
 - Residents must sign-up with Concierge
 - 30 minute per resident
 - Between the hours of 11:00am and 4:30pm

- ❖ **1:15pm Scenic Van Ride**
 - Sign up with Concierge
 - Bus will start loading at 1:15 and depart by 1:30pm.
 - DC Monument Tours

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **2:30pm Dominoes** ***Bistro**

- ❖ **3:30pm “Craft and Wine”** ***Commons(B)**

“Fall Wreath Making”

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Wednesday, September 22, 2021

First Day Autumn



- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - The Great American Trivia Quiz

- ❖ **11:00am Large Group Exercise Class** ***Commons (A)**

- ❖ **1:30pm Movie & Popcorn “Respect”** ***Commons (A)**
 - 2021. PG-13. 2h, 24min
 - Starring Jennifer Hudson, Forest Whitaker, Marlon Wayans
 - Genres Drama, Documentary, Music Videos and Concerts

- ❖ **2:00pm Trivia** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm Cocktail Hour** ***Bistro**
 - (Featuring Wine and Beer offerings)

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Thursday, September 23, 2021

- ❖ **10:00am Coffee & Muffins** ***Bistro**
 - I should have known that! Trivia Game

- ❖ **11:00am Large Group Exercise Class** ***Commons (A)**

- ❖ **1:30pm Trivia and Riddles** ***Library**

- ❖ **2:00pm Bridge Club** ***Bistro**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Happy Hour** ***Commons**

**Live Music by
“Old Dominion Group”**

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Friday, September 24, 2021

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Trivial Pursuit Game

- ❖ **11:00am Seated Exercise W/Legacy** ***Commons (A)**
 - Maximum 9 residents per class
 - Sign up With Concierge

- ❖ **1:30pm Movie & Popcorn “Respect”** ***Commons (A)**
 - 2021. PG-13. 2h, 24min
 - Starring Jennifer Hudson, Forest Whitaker, Marlon Wayans
 - Genres Drama, Documentary, Music Videos and Concerts

- ❖ **2:00pm Walking Group (Meet in the Library)**
 - **Indoor – Walk to the Hospital Gift Shop & Back**
 - **Make sure you have on comfortable shoes**

- ❖ **3:30pm Word Find** ***Library**

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Saturday, September 25, 2021

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - I should have known that! Trivia Game

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**

- ❖ **1:30pm Movie & Popcorn “Respect”** ***Commons (A)**
 - 2021. PG-13. 2h, 24min
 - Starring Jennifer Hudson, Forest Whitaker, Marlon Wayans
 - Genres Drama, Documentary, Music Videos and Concerts

- ❖ **1:45pm One on One Outdoor Walking Club**

- ❖ **2:00pm Dominoes** ***Bistro**

- ❖ **2:00pm Walking Group (Meet in the Library)**
 - Indoor – Walk to the Hospital Gift Shop & Back
 - Make sure you have on comfortable shoes

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**
 - (Featuring Wine and Beer offerings)

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Sunday, September 26, 2021

- ❖ **10:00am Seated Exercise Class** ***Commons (A)**

- ❖ **11:00am Mass “Saint Joseph's Oratory”** ***Commons (A)**
 - Live Stream
 - From resident’s apartment- 10:30 a.m- The Roman catholic Archdiocese of Washington
 - The Mass airs every Sunday at 10:30 a.m. on WDCW-50:
 - **RCN Ch. 15**

- ❖ **1:30pm Opera– Bach, Brandenburg Concertos** ***Commons (A)**

Claudio Abbado, Orchestra Mozart

 - 1hr, 39min
 - Genres: Arts, Entertainment, and Culture
 - Directors Andreas Morell
 - Starring Claudio Abbado, Mozart Orchestra

- ❖ **1:45pm Trivia and Riddles** ***Library**

- ❖ **2:00pm Bridge Club** ***Bistro**

- ❖ **3:30pm Bingo** ***Commons (B)**