

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu)*

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## **Monday, October 18, 2021**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - Current Event
  
- ❖ **11:00am Sit and Fit** **\*Commons (A)**
  
- ❖ **2:00pm “Country Music”** **\*Commons (A)**

**A Film by Ken Burns**

**Eight-part, 16-hour documentary series, COUNTRY MUSIC, chronicles the history of a uniquely American art form, focusing on the biographies of the fascinating characters who created it.**

**Episode: 5. The Sons and Daughters Of America (1964 –1968)**

- **2019. 1hr, 54 min**
- **Starring Peter Coyote**
- **Genres Documentary, Special Interest**

- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Dominoes** **\*Bistro**

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**Tuesday, October 19, 2021**

- ❖ 10:00am Coffee and Muffins \*Bistro
- ❖ 11:00am Large Group Exercise Class \*Commons (A)
- ❖ 11:0am Tech Support with Jordan
  - Residents must sign-up with Concierge
  - 30 minute per resident
  - Between the hours of 11:00am and 4:30pm
- ❖ 1:15pm Scenic Van Ride \*Library
  - **“Discovering National Harbor, MD”**
  - Sign up with Concierge
  - Bus will start loading at 1:15pm and depart by 1:30pm.
  - Discovering Penn Quarter/Chinatown.
- ❖ 3:00pm Afternoon Social \*Bistro
- ❖ 2:30pm Dominoes \*Commons(B)
- ❖ 3:30pm “Craft and Wine”  
“Canvas Wall Art”

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**Wednesday, October 20, 2021**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - The Great American Trivia Quiz
  
- ❖ **11:00am Sit and Fit with Owen** **\* Commons (A)**

**“Owen Lentz”**

**Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.**
  
- ❖ **1:30pm Movie & Popcorn “Emma)”** **\*Commons (A)**
  - 2020. PG-13. 1h, 30min
  - Starring Anya Taylor-Joy, Johnny Flynn, Josh O'Connor
  - Genres Comedy, Drama
  
- ❖ **2:00pm Trivia** **\*Library**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**
  
- ❖ **4:30pm Cocktail Hour** **\*Bistro**

**(Featuring Wine and Beer offerings)**

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**Thursday, October 21, 2021**

- ❖ **10:00am Coffee & Muffins** **\*Bistro**
  - I should have known that! Trivia Game
  
- ❖ **10:30am** 2<sup>nd</sup> Trip to Butler's Orchard – Meet in the Bistro at 10:15am
  - Bus will Start Loading at 10:30am and depart by 11:00am
  - Due to the number of people who've signed up to go, we will be making a second trip on Thursday at October 21
  
- ❖ **11:00am Large Group Exercise Class** **\*Commons (A)**
  
- ❖ **1:30pm Trivia and Riddles** **\*Library**
  
- ❖ **2:00pm Bridge Club** **\*Bistro**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Happy Hour** **\*Commons**

Live Music by  
**“Darrin Carter”**

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## **Friday, October 22, 2021**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - Trivial Pursuit Game
  
- ❖ **11:00am Seated Exercise W/Legacy** **\*Commons (A)**
  - Maximum 9 residents per class
  - Sign up With Concierge
  
- ❖ **1:30pm Movie & Popcorn “Emma)”** **\*Commons (A)**
  - 2020. PG-13. 1h, 30min
  - Starring Anya Taylor-Joy, Johnny Flynn, Josh O'Connor
  - Genres Comedy, Drama
  
- ❖ **2:00pm Walking Group (Meet in the Library)**
  - **Indoor – Walk to the Hospital Gift Shop & Back**
  - **Make sure you have on comfortable shoes**
  
- ❖ **3:30pm Word Find** **\*Library**

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**Saturday, October 23, 2021**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - I should have known that! Trivia Game
  
- ❖ **11:00am Seated Exercise Class** **\*Commons (A)**
  
- ❖ **1:30pm Movie & Popcorn “Emma”** **\*Commons (A)**
  - 2020. PG-13. 1h, 30min
  - Starring Anya Taylor-Joy, Johnny Flynn, Josh O'Connor
  - Genres Comedy, Drama
  
- ❖ **1:45pm One on One Outdoor Walking Club**
  
- ❖ **2:00pm Dominoes** **\*Bistro**
  
- ❖ **2:00pm Walking Group (Meet in the Library)**
  - Indoor – Walk to the Hospital Gift Shop & Back
  - Make sure you have on comfortable shoes
  
- ❖ **3:30pm Bingo** **\*Commons (B)**
  
- ❖ **4:30pm COCKTAIL HOUR** **\*Bistro**
  - (Featuring Wine and Beer offerings)

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## **Sunday, October 24, 2021**

- ❖ **10:00am Seated Exercise Class** **\*Commons (A)**
  
- ❖ **11:00am Mass “Saint Joseph's Oratory”** **\*Commons (A)**
  - Live Stream
  - From resident’s apartment- 10:30 am- The Roman catholic Archdiocese of Washington
    - The Mass airs every Sunday at 10:30 a.m. on WDCW-50:
      - **RCN Ch. 15**
  
- ❖ **1:30pm Ballet “Romeo and Juliet”** **\*Commons (A)**

This film is the famed 1966 Royal Ballet production of Prokofiev's Romeo and Juliet.

  - The Royal Ballet - 1967. NR. 2hr, 7min
  - Starring Rudolf Nureyev, Margot Fonteyn, Royal Ballet
  - Genres Arts, Entertainment, and Culture, Music Videos and Concerts
  - Subtitles English [CC]
  
- ❖ **1:45pm Trivia and Riddles** **\*Library**
  
- ❖ **2:00pm Bridge Club** **\*Bistro**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**