

Today's Activity Schedule

Today is
Monday, October 18, 2021

- ❖ 9:30am Coffee and Conversation
- ❖ 10:30am Hand Massage
- ❖ **11:30pm Lunch**
- ❖ 1:30pm Balloon Tennis
- ❖ 2:00pm Pairing & Sorting
- ❖ 2:30pm Afternoon Social & Musical
- ❖ 3:00pm Bird Groups Match The Photos
- ❖ 3:30pm Bingo with Care Team
- ❖ **4:30pm Dinner**

Daily Activities Schedule Is Subject To Change

Today's Activity Schedule

Today is
Tuesday, October 19, 2021

- ❖ 10:00am Coffee & Conversation in the Courtyard
- ❖ 10:30am Balloon Tennis
- ❖ **11:30am Lunch**
- ❖ 1:00pm Hand Massage
- ❖ 2:30pm Afternoon Social & Music
- ❖ 3:00pm Pumpkin Painting
- ❖ 3:30pm Bingo with Care Team
- ❖ **4:30pm Dinner**

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Today's Activity Schedule

Today is

Wednesday, October 20, 2021

- ❖ 10:30am Sit and Fit
- ❖ 1:45pm Fall Leaf Painting
- ❖ **11:30pm Lunch**
- ❖ 1:30pm Trivia and Word Games
- ❖ 2:00pm Fancy Nails
- ❖ 2:30pm Afternoon Social
- ❖ 3:30 Bingo
- ❖ **4:30pm Dinner**

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Today's Activity Schedule

Today is
Thursday, October 21, 2021

- ❖ 10:00am Coffee & Conversation in the Courtyard
- ❖ 10:30am Morning Stroll in the Courtyard
- ❖ 11:00am Sit and Fit
- ❖ **11:30pm Lunch**
- ❖ 2:00pm Scenic Van Ride
“**Discovering National Harbor, MD**”
- ❖ 2:15pm Balloon Tennis with Care Team
- ❖ 2:30pm Afternoon Social & Music
- ❖ 3:30pm Finish the Expression Trivia
- ❖ **4:30pm Dinner**

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Today's Activity Schedule

Today is
Friday, October 22, 2021

- ❖ 10:00am Coffee & Current Events in the Courtyard”
- ❖ 10:30am Sit and Fit
- ❖ 11:00am Balloon Tennis with Care Team
- ❖ **11:30pm Lunch**
- ❖ 2:00pm Ring Toss with Care Team
- ❖ 2:30pm Afternoon Social & Music
- ❖ **3:15pm Afternoon Stroll in the Courtyard**
- ❖ 3:30pm Bingo
- ❖ **4:30pm Dinner**

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Today's Activity Schedule

Today is
Saturday, October 23, 2021

- ❖ 10:00am Coffee & Conversation in the Courtyard
- ❖ 10:30am Balloon Toss
- ❖ **11:30pm Lunch**
- ❖ 1:30pm Trivia and Word Games
- ❖ 2:00pm Ring Toss with Care Team
- ❖ 2:30pm Afternoon Social & Music
- ❖ **3:00pm Hand Massage with Care team**
- ❖ 3:30pm Bingo
- ❖ **4:30pm Dinner**

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Today's Activity Schedule

Today is
Sunday, October 24, 2021

- ❖ 10:00am Coffee & Conversation in the Garden
- ❖ 10:30am Bible Study & Hymns
- ❖ 11:00am Sunday Mass Live Streaming
"Saint Joseph's Oratory"
- ❖ **11:30pm Lunch**
- ❖ 1:30pm Trivia and Word Games
- ❖ 2:00pm Puzzles
- ❖ 2:30pm Afternoon Social and Music
- ❖ 3:30pm Bingo with Care Team
- ❖ **4:30pm Dinner**

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