

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, OCTOBER 25, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves (Swiss Alps)

11:00am Balloon Tennis & ELVIS PRESLEY

11:30am **LUNCH!**

1:30pm Fall word search

2:00pm Sit & Fit with LEGACY

2:30pm Afternoon Social & Blues Music

3:00pm Fall Fun Facts!

3:30pm Music Therapy with Michael

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, OCTOBER 26, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves (Egypt's Cairo)

11:00am Strength & Balance

11:30am **LUNCH!**

1:30pm Flower Arranging

2:30pm Afternoon Social & Country Music

3:00pm Bingo!

3:30pm Movie Tuesday (Driving Ms. Daisy)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, OCTOBER 27, 2021

10:00am Coffee & muffins

10:30am Chair Travel with Rick Steves

(Germany's Fascists Story)

11:00am Balloon Tennis & Doris Day

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Frank Sinatra

3:00pm USA History Trivia

3:30pm Music Therapy with Susie Q.

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, OCTOBER 28, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves (Austrian & Italian Alps)

11:00am Strength & Balance

11:30am **LUNCH!**

1:30pm Balloon Tennis & ROCK & ROLL

2:00pm Scenic Van Ride (Discovering The National Harbor, MD)

2:30pm Afternoon Social with the care team

3:30pm FINISH THE EXPRESSION TRIVIA WITH THE CARE TEAM

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, OCTOBER 29, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves (Egypt's Nile)

11:00am Sit & Fit

11:30am **LUNCH!**

1:30pm Tea, Cookies & Symphony

2:30pm Afternoon Social & 50's Music

3:00pm Pumpkin Decorating

3:30pm Musical Trivia

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, OCTOBER 30, 2021

10:00am Coffee & conversations

10:30am Sit & Fit

11:00am Balloon Tennis

11:30am **LUNCH!**

1:30pm Trivia & Word Games

2:00pm Ring Toss with Team Care

2:30pm Afternoon Social & Nat King Cole

3:00pm Hand Massage with Care Team

3:30pm Bingo!

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS



SUNDAY, OCTOBER 31, 2021

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming (Saint Joseph's Oratory)

11:30am **LUNCH!**

1:30pm Halloween Fun Facts!

2:00pm Puzzles

2:30pm Afternoon Social & Frank Sinatra

3:30pm Bingo with care team!

4:30pm **DINNER!**

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