

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, NOVEMBER 15, 2021

10:00am Coffee & Conversations

10:30am Chair Travel with Rick Steves (Venice & Its Lagoon)

11:00am Ring Toss

11:30am **LUNCH!**

1:30pm Balloon Tennis & Johnny Cash Hits

2:00pm Sit & Fit with LEGACY

2:30pm Afternoon Social & Dolly Parton

3:00pm Finish the Expression

3:30pm **Music Therapy with Michael!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, NOVEMBER 16, 2021

10:00am Coffee & conversations

10:30am Baking Club (Banana Bread)

11:00am Morning Stretches & 50's Hits

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Ray Charles

3:00pm **BINGO!**

3:30pm Movie Tuesday (Hampstead)

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, NOVEMBER 17, 2021

10:00am Coffee & muffins

10:30am Chair Travel with Rick Steves
(The Best of Israel)

11:00am Balloon Tennis & Rock & Roll

11:30am **LUNCH!**

1:30pm Flower Arranging

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Andrea
Bocelli

3:30pm **Musical: Hamilton pt1**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, NOVEMBER 18, 2021

10:00am Coffee & conversations

10:30am Strength & Balance

11:00am Balloon Tennis & Best of 50'S

11:30am **LUNCH!**

1:30pm Fall Package

2:00pm **Scenic Van Ride**

2:30pm Afternoon Social & Frank Sinatra with care team

3:30pm **BINGO!** With care team

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, NOVEMBER 19, 2021

10:00am Coffee & conversations

10:30am Sit & Fit

11:00am Balloon Tennis & 60's Music

11:30am **LUNCH!**

1:30pm Tea, Cookies & Symphony

2:00pm **Balance & Motion with
Michael**

3:00pm Afternoon Social & Elvis Presley

3:30pm Movie: **Victoria & Abdul**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, NOVEMBER 20, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am **LUNCH!**

1:30pm Susie Q. Musical Trivia

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Andre Reiu

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SUNDAY, NOVEMBER 21, 2021

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social: Fred Astaire &
Ginger Rogers

3:00pm Holiday Greeting Cards

3:30pm **BINGO!** with care team!

4:30pm **DINNER!**

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