

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, NOVEMBER 22, 2021

10:00am Coffee & Muffins

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis & Best of 70's Music

11:30am **LUNCH!**

1:30pm Daily Doses of Nostalgia/Precious Moments

2:00pm Sit & Fit with LEGACY

2:30pm Afternoon Social & Jazz

3:00pm Fun Facts & History of Jazz

3:30pm **Music Therapy with Michael!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, NOVEMBER 23, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Morning Stretches & 50's Hits

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Fred Astaire & Ginger Rogers

3:00pm **BINGO!**

3:30pm **Movie Tuesday (My Fair Lady pt1)**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, NOVEMBER 24, 2021

10:00am Coffee & muffins

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis & 50's Rock & Roll

11:30am **LUNCH!**

1:30pm Brain Games & Puzzles

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Andrea Bocelli

3:30pm **Musical: Hamilton pt2**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, NOVEMBER 25, 2021



10:00am Coffee & conversations

10:30am Strength & Balance

11:00am **Thanksgiving Fun Facts!**

11:30am **Thanksgiving Day LUNCH!**

1:30pm Puzzles & Brain Games

2:00pm **BINGO!**

2:30pm Afternoon Social & 70's Love songs

3:00pm **Thanksgiving Celebration
w/ Live Music**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, NOVEMBER 26, 2021

10:00am Coffee & conversations

10:30am Sit & Fit

11:00am Balloon Tennis & 70's Music

11:30am **LUNCH!**

1:30pm Tea, Cookies & Symphony

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Ray Charles

3:30pm **Movie Tuesday (My Fair Lady pt2)**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, NOVEMBER 27, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am **LUNCH!**

1:30pm Susie Q. Musical Trivia

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Andre Reiu

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

SUNDAY, NOVEMBER 28, 2021

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Broadway Show
Tunes

3:00pm Holiday Greeting Cards

3:30pm **BINGO!** with care team!

4:30pm **DINNER!**

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