

# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**MONDAY, DECEMBER 13, 2021**

**10:00am** Coffee & Muffins

**10:30am** Chair Travel with Rick Steves

**11:00am** Trivia & Categories

**11:30am** **LUNCH!**

**1:30pm** Balloon Tennis & 50's Music

**2:00pm** Sit & Fit with LEGACY

**2:30pm** Afternoon Social & Ring Toss

**3:30pm** Live music with Lalo!

**4:30pm** **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, DECEMBER 14, 2021**

**10:00am** Coffee & conversations

**10:30am** Chair Travel with Rick Steves

**11:00am** **Baking Club** (**Christmas  
cake pops**)

**11:30am** **LUNCH!**

**1:30pm** Walking Club

**2:30pm** Afternoon Social & Christmas Music

**3:00pm** **BINGO!**

**3:30pm** Movie Tuesday: **Wild Oats!**

**4:30pm** **DINNER!**

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# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, DECEMBER 15, 2021**

**10:00am** Coffee & muffins

**10:30am** Chair Travel with Rick Steves

**11:00am** Balloon Tennis & Rock & Roll

**11:30am** **LUNCH!**

**1:30pm** Puzzles & Word Search

**2:00pm** **Balance & Motion with Michael**

**3:00pm** Afternoon Social & Frank Sinatra  
Christmas special.

**3:30pm** **Musical: The Greatest Showman**

**4:30pm** **DINNER!**

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# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, DECEMBER 16, 2021**

**10:00am** Coffee & conversations

**10:30am** Strength & Balance

**11:00am** Balloon Tennis & Best of 50'S

**11:30am** **LUNCH!**

**1:30pm**

**2:00pm** **Scenic Van Ride**

**2:30pm** Afternoon Social & Frank Sinatra with care team

**3:30pm** **BINGO!** With care team

**4:30pm** **DINNER!**

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# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, DECEMBER 17, 2021**

**10:00am** Coffee & conversations

**10:30am** Sit & Fit

**11:00am** Balloon Tennis & Classic Christmas Music

**11:30am** **LUNCH!**

**1:30pm** **Tea, Cookies & Ballet**

**2:00pm** Balance & Motion with Michael

**3:00pm** Afternoon Social & Susie Q  
Christmas songs.

**3:30pm** **Movie: The Holiday**

**4:30pm** **DINNER!**

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# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, DECEMBER 18, 2021**

**10:00am** Coffee & conversations

**10:30am** Chair Travel with Rick Steves

**11:00am** Balloon Tennis

**11:30am** **LUNCH!**

**1:30pm** **Gingerbread cookies Decorating**

**2:00pm** **Balance & Motion with Michael**

**3:00pm** Afternoon Social & Ray Charles

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# TODAY'S ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, DECEMBER 19, 2021**

**10:00am** Coffee & conversations

**10:30am** Bible Study & Hymns

**11:00am** Sunday's Mass Live Streaming  
(National Shrine DC)

**11:30am** **LUNCH!**

**1:30pm** Walking Club

**2:30pm** Afternoon Social & Favorite Holiday  
Tunes from Movies

**3:30pm** **BINGO!** with care team!

**4:30pm** **DINNER!**

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