

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, DECEMBER 6, 2021

10:00am Coffee & Muffins

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis & 50's Music

11:30am **LUNCH!**

1:30pm **Christmas ornaments decorating!**

2:00pm **Sit & Fit with LEGACY**

2:30pm Afternoon Social & Opera

3:00pm Daily Doses of Nostalgia/Precious Moments

3:30pm **Music Therapy with Michael!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, DECEMBER 7, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Morning Stretches & 60's Hits

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Doris Day

3:00pm **BINGO!**

3:30pm Movie Tuesday: **A Christmas Prince**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, DECEMBER 8, 2021

10:00am Coffee & muffins

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis & Rock & Roll

11:30am **LUNCH!**

1:30pm **Snowman ornament decorating!**

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Christmas Music

3:30pm **Musical: WHITE CHRISTMAS pt1!**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, DECEMBER 9, 2021

Grand Oaks Holiday Party



10:00am Coffee & conversations

10:30am Strength & Balance

11:00am Balloon Tennis & Best of 50'S

11:30am **LUNCH!**

1:30pm **Winter coloring/painting**

2:00pm **Scenic Van Ride**

2:30pm Afternoon Social & Frank

Join us

Holiday Party



5:00pm - 7 :00pm

1st Floor

Music- Ordinary people Band in the Commons

Food Stations- Dining Room, Club Room, Chapel, Library

Bar- Commons, 1st Floor Hallway by the TV

TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, DECEMBER 10, 2021

10:00am Coffee & conversations

10:30am Sit & Fit

11:00am Balloon Tennis & 50's Music

11:30am **LUNCH!**

1:30pm **Tea, Cookies & The Nutcracker**

2:00pm **Balance & Motion with
Michael**

3:00pm Afternoon Social & Susie Q.

3:30pm **Musical: WHITE CHRISTMAS pt2!**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, DECEMBER 11, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am **LUNCH!**

1:30pm **Gingerbread House Decorating**

2:00pm **Balance & Motion with Michael**

3:00pm Afternoon Social & Ray Charles

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SUNDAY, DECEMBER 12, 2021

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Favorite Holiday
Tunes from Movies

3:30pm **BINGO!** with care team!

4:30pm **DINNER!**

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