

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, DECEMBER 27, 2021

10:00am Coffee & Muffins

10:30am Chair Travel with Rick Steves

11:00am General Trivia

11:30am **LUNCH!**

1:30pm Balloon Tennis & Country Music

2:00pm Sit & Fit with LEGACY

2:30pm Afternoon Social & **BINGO!**

3:30pm Music Therapy w/ Michael

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, DECEMBER 28, 2021

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Strength & Balance

11:30am LUNCH!

1:30pm Walking Club

2:30pm Afternoon Social with Fred Astaire & Ginger Rogers

3:00pm BINGO!

3:30pm Movie Tuesday: The Soloist

4:30pm DINNER!

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, DECEMBER 29, 2021

10:00am Coffee & muffins

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis & Rock & Roll

11:30am **LUNCH!**

1:30pm Puzzles & Word Search

2:00pm Balance & Motion with Michael

3:00pm Afternoon Social & 80's Hits!

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, DECEMBER 30, 2021

10:00am Coffee & conversations

10:30am Strength & Balance

11:00am Balloon Tennis & Best of 80'S

11:30am **LUNCH!**

1:30pm Trivia Categories

2:00pm **Scenic Van Ride**

2:30pm Afternoon Social & Frank Sinatra with care team

3:30pm **BINGO!** With care team

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, DECEMBER 31, 2021

10:00am Coffee & conversations

10:30am Sit & Fit

11:00am Balloon Tennis & 50's Rock & Roll

11:30am **LUNCH!**

1:30pm **Flower Arranging**

2:00pm Daily Doses of Nostalgia/Precious Moments

2:30pm Afternoon Social & New Year's Eve Performance.

3:00pm **Movie: The Unforgivable**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, JANUARY 1, 2022

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am **LUNCH!**

1:30pm **BINGO!**

2:30pm Afternoon Social & New Year's
Concert

3:00pm **Movie: Being the Ricardos**

4:30pm **DINNER!**

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SUNDAY, JANUARY 2, 2022

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social & Favorite Tunes
from Movies

3:30pm **BINGO!** with care team!

4:30pm **DINNER!**

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