

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

24HR ADVANCE RESERVATION & MASK IS REQUIRED TO PARTICIPATE IN ALL ACTIVITIES.

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, February 28, 2022

- ❖ **10:00am Step Challenge Indoor Walking**
 - Don't forget your Pedometer
 - Sign up with Concierge

- ❖ **11: 00am Large Group Exercise Class** *Commons (A)
 - Michael Rosengart
 - Maximum 9 residents per class
 - Sign up with Concierge

- ❖ **11:30am Large Group Exercise Class** *Commons (B)
 - Michael Rosengart
 - Maximum 9 residents per class
 - Sign up With Concierge

- ❖ **1:30pm Movie & Popcorn "The Laundromat"** *Commons (A)

A widow investigates an insurance fraud, chasing leads to a pair of Panama City law partners exploiting the world's financial system.2019. ®. 1h 36min.

 - Directors Steven Soderbergh
 - Starring Meryl Streep, Robert Patrick, Antonio Banderas, Gary Oldman..
 - Genres Comedy
 - Maximum 10 Residents per Showing
 - Sign up with Concierge

- ❖ **3:00pm & 3:15pm Afternoon Social** *Commons (B)
 - Maximum 9 residents per shifts

- ❖ **3:45pm Bingo** *Commons (B)
 - Sign up with concierge
 - Maximum 9 residents

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Tuesday, March 1, 2022



- ❖ **10:00am Coffee and Muffins** *Bistro
 - Sign up with Concierge
- ❖ **10:30am Gathering final step counts**
 - Please have your Pedometer/Tracker ready
- ❖ **11:00am-4:00pm Tech Support with Jordan/Marco**
 - Sign up With Concierge
 - specify your preferred support time-30 minutes per resident
- ❖ **11:00am Large Group Exercise Class W/ Michael** *Commons (A)
 - Maximum 9 residents per class
 - Sign up with Concierge
- ❖ **11:30am Large Group Exercise Class W/Michael** *Commons (B)
 - Maximum 9 residents per class
 - Sign up With Concierge
- ❖ **1:30pm Trivia & Riddles** *Library
 - Maximum 9 residents
 - Sign up with Concierge
- ❖ **3:00pm Mardi Gras Cocktail Social** *Library & Bistro
 - Maximum 9 residents per shifts
- ❖ **3:30pm Arts and Craft** *Commons(B)
 - Maximum 9 residents
 - Sign up with concierge

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Wednesday, March 2, 2022

Staff COVID Testing Day- 7:00am - 4:30pm
(The Commons is Closed During COVID Testing)



- ❖ **10:45am Large Group Exercise Class** ***Bistro**
 - Maximum 9 residents per class
 - **Sign up with Concierge**

- ❖ **11:30am Large Group Exercise Class** ***Bistro**
 - Maximum 9 residents per class
 - **Sign up With Concierge**

- ❖ **11:50am Ash Wednesday Mass National Shrine** ***Bistro**
 - Maximum 9 residents per class
 - **Sign up With Concierge**

- ❖ **1:30pm Trivia and Riddles** ***Library**
 - Maximum 9 residents
 - **Sign up with Concierge**

- ❖ **2:00pm Indoor Walking**
 - Maximum 9 residents
 - **Meet in the Bistro**
 - **Sign up with Concierge**

- ❖ **3:00pm & 3:15pm Afternoon Social** ***Bistro**
 - Maximum 9 residents per shifts

- ❖ **3:30pm Word Find** ***Library**
 - Maximum 9 residents
 - **Sign up with Concierge**

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Thursday, March 3, 2022

- ❖ **10:00am Coffee and Tea Morning Update** ***Bistro**
 - Sign up with Concierge

- ❖ **11:00am Seated Exercise** ***Commons (A)**
 - Maximum 9 residents per class
 - Sign up with Concierge

- ❖ **11:00am Tech Support with Jordan/Marco**
 - specify your preferred support time-30 minutes per resident
 - Sign up With Concierge

- ❖ **11:30am Seated Exercise** ***Commons (B)**
 - Maximum 9 residents per class
 - Sign up With Concierge

- ❖ **1:30pm Trivia and Riddles** ***Library**
 - Maximum 9 residents
 - Sign up with Concierge

- ❖ **2:30pm Heart Healthy Step Challenge** ***Commons (B)**

Award Ceremony - 1st Place - 2nd Place - 3rd Place

 - Maximum 9 residents
 - Sign up with Concierge

- ❖ **3:00pm & 3:15pm Afternoon Social** ***Commons (B)**
 - Maximum 9 residents per shifts

- ❖ **3:30pm Bingo** ***Commons (B)**
 - Sign up with concierge
 - Maximum 9 residents
 - Sign up with Concierge

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Friday, March 4, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Trivial Pursuit Game
 - Maximum 9 residents
 - Sign up with Concierge

- ❖ **11:00am Seated Exercise** ***Commons (A)**
 - Maximum 9 residents per class
 - Sign up with Concierge

- ❖ **11:30am Seated Exercise W/Legacy** ***Commons (B)**
 - Maximum 9 residents per class
 - Sign up With Concierge

- ❖ **1:30pm Movie & Popcorn “The Laundromat”** ***Commons (A)**

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 - Starring Meryl Streep, Robert Patrick, Antonio Banderas, Gary Oldman..
 - Genres Comedy
 - Maximum 10 Residents per Showing
 - Sign up with Concierge

- ❖ **1:45pm Word Find** ***Library**
 - Maximum 9 residents per showing
 - Sign up with Concierge

- ❖ **3:00pm & 3:15pm Afternoon Social** ***Commons (B)**
 - Maximum 9 residents per shifts

- ❖ **3:30pm Small Group Bingo** ***Commons (B)**
 - Maximum 9 residents
 - Sign up with Concierge

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Saturday, March 5, 2022

- ❖ **10:00am Step Challenge Indoor Walking**
 - Don't forget your Pedometer
 - Meet in the Library
 - **Sign up with Concierge**

- ❖ **10:45am Seated Exercise Class** ***Commons (A)**
 - Maximum 9 residents per class
 - **Sign up with Concierge**

- ❖ **11:30am Seated Exercise Class** ***Commons (A)**
 - Maximum 9 residents per class
 - **Sign up With Concierge**

- ❖ **1:30pm Movie & Popcorn "The Laundromat"** ***Commons (A)**

A widow investigates an insurance fraud, chasing leads to a pair of Panama City law partners exploiting the world's financial system.2019. ®. 1h 36min.

 - Directors Steven Soderbergh
 - Starring Meryl Streep, Robert Patrick, Antonio Banderas, Gary Oldman..
 - Genres Comedy
 - Maximum 10 Residents per Showing
 - **Sign up with Concierge**

- ❖ **2:00pm Word Find** ***Library**
 - Maximum 9 residents per showing
 - **Sign up with Concierge**

- ❖ **3:00pm & 3:15pm Afternoon Social** ***Commons (B)**
 - Maximum 9 residents per shifts

- ❖ **3:30pm Small Group Bingo** ***Commons (B)**
 - Maximum 9 residents
 - **Sign up with Concierge**

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Sunday, March 6, 2022

- ❖ **10:00am Large Group Exercise Class** *Commons (A)
 - Maximum 10 residents per class
 - **Sign up with Concierge**

- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream
 - Maximum 10 residents
 - **Sign up With Concierge**

- ❖ **1:30pm Sunday Opera –Verdi –Un ballo in Maschera** *Commons (A)
 - ‘Un Ballo in Maschera’ is suspenseful like a thriller, but with a passion that only Verdi’s operas possess. Opera.
 - 2005 - 2h 4 min (PG)
 - Genres-Music Videos and Concerts –
 - Maximum 10 residents per showing
 - **Sign up with Concierge**

- ❖ **1:45pm Trivia and Riddles** *Library
 - Maximum 10 residents per showing
 - **Sign up with Concierge**

- ❖ **3:00pm & 3:15pm Afternoon Social** *Commons (B)
 - Maximum 9 residents per shifts

- ❖ **3:30pm Small Group Bingo** *Commons (B)
 - Maximum 10 residents
 - **Sign up with Concierge**