

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, April 25, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - US & World History Trivia
- ❖ **11:00am Large Group Exercise Class** ***Commons (A)**
- ❖ **1:30pm “Museum Access- Virtual Tour”** ***Commons (A)**
 - 3 Seasons – 10 Episodes a season - Season 2**
 - **Episode 7. The Bruce Museum- 29min**

Visit a world class exhibition of Toulouse-Lautrec portraits from the Herakleidon Museum in Athens, Greece. Learn how it's collector amassed this amazing collection over many years. Then take a behind-the-scenes look at the difficult color lithography process that Lautrec used so successfully in depicting the Parisian nightlife of the Belle Epoque.
 - **Episode 8. The Intrepid Museum- 28min**

Tour the flight deck of this incredible piece of WWII Naval history on NY's Hudson river with host Leslie Mueller. Learn about the spacecraft Enterprise housed below deck and get a behind-the-scenes look at the restoration hangar where a Blue Angels aircraft and the prototype for the US Navy Skyraider are undergoing meticulous restoration.
 - **9. The Wild Center. 28min**

Join host Leslie Mueller as she tours the tree tops deep in the Adirondacks on the eco bridge called Wild Walk. See how Mother Nature and the Wild Center are partners in the annual monarch butterfly migration to Mexico and get a behind-the-scenes up close look at a red tail hawk training session.

 - Date 2019
 - Starring Leslie Mueller
 - Genres Documentary, Special Interest
 - Subtitles English
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social & Music** ***Library (B)**
- ❖ **3:30pm Bingo** ***Commons (B)**

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Tuesday, April 26, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs of Martial Arts experience and about 15 yrs of experience in Tai Chi Chuan.

❖ **1:30pm Scenic Van ride “Rock Creek Park” (Weather Permitting)**

- Sign up with Concierge
- Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.
 - **1:25pm** - Waiting list loading

❖ **2:00pm Indoor/ Outdoor Walking Club**

Meet me in the Library
(Outdoor Waking Is Weather Permitting)

❖ **3:00pm Afternoon Social & Trivia**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

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Wednesday, April 27, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Movie & TV Trivia Questions

- ❖ **11:00am Sit and Fit with Owen** *** Commons (B)**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

- ❖ **1:30pm Team Trivial Pursuit** ***Library**

- ❖ **1:30 pm Movie & Popcorn “Licorice Pizza”** ***Commons (A)**

"Licorice Pizza" is the story of Alana Kane and Gary Valentine growing up, running around and falling in love in the San Fernando Valley, 1973. Written and Directed by Paul Thomas Anderson, the film tracks the treacherous navigation of first love.

 - 2021. ® 2hr. 13min
 - Directors Paul Thomas Anderson
 - Starring Alana Haim, Cooper Hoffman, Sean Penn
 - Genres Comedy, Romance, Drama
 - Subtitles English

- ❖ **3:00pm Afternoon social & Music** ***Library**

- ❖ **3:30pm Word Find** ***Library**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, April 28, 2022

❖ **10:00am Coffee, Tea, and Trivia**

***Library**

- General Knowledge & Mic. Trivia Questions

❖ **11:00am Tech Support with Jordan**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Trivia (In Teams)**

***Library**

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Paint and Sip**

***Commons (B)**

Come and paint while you enjoy a glass of wine.

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Balloon Tennis**

***Commons (B)**

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Friday, April 29, 2022

❖ 10:00am Coffee and Muffins

***Bistro**

- Slogan & Business Trivia Questions

❖ 11:00am Seated Exercise W/Legacy

***Commons (B)**

❖ 1:45pm Indoor/ Outdoor Walking Club Meet me in the Library (Outdoor Waking Is Weather Permitting)

❖ 3:00pm Afternoon Social

***Library**

❖ 3:30pm Bingo

***Commons (B)**

❖ 7:00 pm Movie & Popcorn “Licorice Pizza” *Commons (A)

"Licorice Pizza" is the story of Alana Kane and Gary Valentine growing up, running around and falling in love in the San Fernando Valley, 1973. Written and Directed by Paul Thomas Anderson, the film tracks the treacherous navigation of first love.

- 2022. PG-13 2hr. 13min
- Directors Paul Thomas Anderson
- Starring Alana Haim, Cooper Hoffman, Sean Penn
- Genres Comedy, Romance, Drama
- Subtitles English

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Saturday, April 30, 2022

❖ 10:00am Coffee and Muffins

***Library**

- Trivial Pursuit Game

❖ 11:00am Seated Exercise Class

***Commons (A)**

- Adela

❖ 1:30pm Movie & Popcorn “Licorice Pizza”

***Commons (A)**

"Licorice Pizza" is the story of Alana Kane and Gary Valentine growing up, running around and falling in love in the San Fernando Valley, 1973. Written and Directed by Paul Thomas Anderson, the film tracks the treacherous navigation of first love.

- 2022. PG-13 2hr. 13min
- Directors Paul Thomas Anderson
- Starring Alana Haim, Cooper Hoffman, Sean Penn
- Genres Comedy, Romance, Drama
- Subtitles English

❖ 1:30pm Bridge Club

***Bistro**

❖ 2:00pm Word Find

***Library**

❖ 3:00pm Afternoon Social

***Library**

❖ 3:30pm Bingo


***Commons (B)**

❖ 4:30pm COCKTAIL HOUR in the Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, May 1, 2022

- ❖ **10:00am** **Large Group Exercise Class** ***Commons (B)**
 - Marco
- ❖ **11:00am** **Sunday Mass -**  **ST. ANN** ***Commons (A)**
CATHOLIC CHURCH
 - Live Stream from St. Ann Catholic Church –
 - <https://www.stanndc.org/>
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington
○ The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15
- ❖ **12:00pm – 1:30pm** ***Dining Room**
- ❖ **1:30pm** **Mozart Celebration from Berlin** ***Commons (A)**

The wild-romantic Roman quarry of St. Margarethen provided the perfect backdrop for this live recording of Bizet's Carmen. This exciting production brought horses, pyrotechnical special effects and more than 400 participants onto the stage. Opera.

 - 2015 - 1h, 30min – PG-13
 - Directors Bob Coles
 - Starring Julien Salemkour, W.A. Mozart, Staatskapelle Berlin
 - Genres Arts, Entertainment, and Culture Music Videos & Concerts
- ❖ **1:45pm** **Trivia and Riddles** ***Library**
- ❖ **3:00pm** **Afternoon Social & Music** ***Library**
- ❖ **3:30pm** **Bingo** ***Commons (B)**