

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu)*  
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

## **Monday, April 4, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - US & World History Trivia
- ❖ **11:00am Large Group Exercise Class** **\*Commons (A)**
- ❖ **1:30pm “Museum Access- Virtual Tour”** **\*Commons (A)**
  - 3 Seasons – 10 Episodes a season**
  - End of Season one**
  - **Episode 9- The New York Botanical Garden- 25min**

Explore Mother Nature with Leslie in this living museum of over 1 million plants. See the fine art of world-renowned glass artist, Dale Chihuly. We get a Behind-the-Scenes look at his creative process and the installation of this special exhibition in a botanical setting.
  - **Episode 10. The 'Leonardo da Vinci' Machines Exhibition -25min**

Leslie steps back in time to the world of Leonardo da Vinci. This special exhibition is now traveling North America. The working models on view were hand crafted from da Vinci's original drawings. We get a Behind-the-Scenes look into the workshop in Florence, Italy where all of these hands-on models were crafted.

    - Date 2018
    - Starring Leslie Mueller
    - Genres Documentary, Special Interest
    - Subtitles English
- ❖ **1:30pm Bridge Club** **\*Bistro**
- ❖ **3:00pm Afternoon Social & Music** **\*Library (B)**
- ❖ **3:45pm Bingo** **\*Commons (B)**

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## **Tuesday, April 5, 2022**

❖ **10:00am Coffee and Muffins**

**\*Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

**\*Commons (B)**

### **Edward Pratt - Tai Chi Instructor:**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs of Martial Arts experience and about 15 yrs of experience in Tai Chi Chuan.

❖ **1:30pm Cherry Blossom Scenic Van Ride “G.W. Parkway”**

- Sign up with Concierge
- Bus Loading & Departure Schedule
  - **1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm**
  - **1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm**
  - **1:30pm - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.**
  - **1:25pm - Waiting list loading**

❖ **3:00pm Afternoon Social & Trivia**

**\*Library**

❖ **3:30pm Activity Planning Committee**

**\*Commons (B)**

**Part Two - Follow up  
Join Us**

**The Activities Department needs residents’ inputs and ideas to build a more Resident-Driven Activity program.**

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## **Wednesday, April 6, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - Movie & TV Trivia Questions
  
- ❖ **11:00am Sit and Fit with Owen** **\* Commons (B)**

**“Owen Lentz”**

**Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.**
  
- ❖ **1:30pm Trivia and Riddles** **\*Library**
  
- ❖ **1:30pm Movie & Popcorn “Queen Bees”** **\*Commons (A)**

When a fiercely independent elderly woman reluctantly moves into a nearby retirement community for a short-term stay, she slowly realizes that it’s never too late to make new friends or find love.

  - 2021. PG-13 1hr. 41min
  - Directors Michael Lembeck
  - Starring Ellen Burstyn, James Caan, Ann-Margret
  - Genres Comedy, Drama
  - Subtitles English
  
- ❖ **3:00pm Afternoon social & Music** **\*Library**
  
- ❖ **3:30pm Word Find** **\*Library**
  
- ❖ **4:30pm COCKTAIL HOUR in the Bistro**  
**Featuring themed Cocktail & Wine & Beer**

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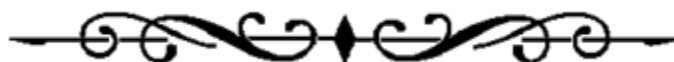
## **Thursday, April 7, 2022**

- ❖ **10:00am Coffee, Tea, and Trivia** **\*Library**
  - General Knowledge & Mic. Trivia Questions
  
- ❖ **11:00am Tech Support with Jordan**
  - Sign up with Concierge
  - specify your preferred support time-30 minutes per resident
  
- ❖ **11:00am Tai Chi** **\*Commons (B)**

**Edward Pratt - Tai Chi Instructor:**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.
  
- ❖ **1:30pm Trivia and Riddles** **\*Library**
  
- ❖ **1:30pm Bridge Club** **\*Bistro**
  
- ❖ **2:00pm Paint and Sip** **\*Commons (B)**
  - **Come and paint while you enjoy a glass of wine.**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Happy Hour** **\*Commons (B)**

## **Steel Drum Music**



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## **Friday, April 8, 2022**

### **❖ 10:00am Coffee and Muffins**

**\*Bistro**

- Slogan & Business Trivia Questions

### **❖ 11:00am Seated Exercise W/Legacy**

**\*Commons (B)**

### **❖ 1:30pm Movie & Popcorn “Queen Bees”**

**\*Commons (A)**

When a fiercely independent elderly woman reluctantly moves into a nearby retirement community for a short-term stay, she slowly realizes that it’s never too late to make new friends or find love.

- 2021. PG-13 1hr. 41min
- Directors       Michael Lembeck
- Starring        Ellen Burstyn, James Caan, Ann-Margret
- Genres         Comedy, Drama
- Subtitles       English

### **❖ 1:45pm       Word Find**

**\*Library**

### **❖ 3:00pm       Afternoon Social**

**\*Library**

### **❖ 3:30pm       Bingo**

**\*Commons (B)**

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**Saturday, April 9, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Library**
  - Trivial Pursuit Game
  
- ❖ **11:00am Seated Exercise Class** **\*Commons (A)**
  - Adela
  
- ❖ **1:30pm Movie & Popcorn “Queen Bees”** **\*Commons (A)**

When a fiercely independent elderly woman reluctantly moves into a nearby retirement community for a short-term stay, she slowly realizes that it’s never too late to make new friends or find love.

  - 2021. PG-13 1hr. 41min
  - Directors           Michael Lembeck
  - Starring            Ellen Burstyn, James Caan, Ann-Margret
  - Genres             Comedy, Drama
  - Subtitles          English
  
- ❖ **1:30pm        Bridge Club** **\*Bistro**
  
- ❖ **2:00pm        Word Find** **\*Library**
  
- ❖ **3:00pm        Afternoon Social** **\*Library**
  
- ❖ **3:30pm        Bingo** **\*Commons (B)**
  
- ❖ **4:30pm        COCKTAIL HOUR in the Bistro**

**Featuring themed Cocktail & Wine & Beer**

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## **Sunday, April 10, 2022**

- ❖ **10:00am Large Group Exercise Class** **\*Commons (B)**
  - Marco
  
- ❖ **11:00am Worship “National Presbyterian Church”** **\*Commons (A)**
  - Live Stream
  - Catholic Mass - From resident’s apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15
  
- ❖ **1:30pm Musical – Abbado conducts Prokofiev, Berg and Tchaikovsky** **\*Commons (A)**

Claudio Abbado conducts the Símon Bolívar Youth Orchestra at the Lucerne Easter Festival of 2010. The ensemble accompanies the young and talented Austrian soprano Anna Prohaska. On the program are Prokofiev's “Scythian Suite” Op. 20, Berg's Lulu Suite for soprano and orchestra and the Pamina's aria from Mozart's The Magic Flute. The orchestra concludes with a performance of Tchaikovsky's Sympho...

  - 2010 - 1h, 49min - G
  - Director Rhombus Media
  - Starring Simón Bolívar Youth Orchestra, Pyotr Ilyich Tchaikovsky, Wolfgang Amadeus Mozart
  - Genres Music Videos and Concerts
  
- ❖ **1:45pm Trivia and Riddles** **\*Library**
  
- ❖ **3:00pm Afternoon Social & Music** **\*Library**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**