

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, May 2, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - US & World History Trivia
- ❖ **11:00am Balance and Motion with Michael** ***Commons (A)**
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm “Museum Access- Virtual Tour”** ***Commons (A)**
3 Seasons – 10 Episodes a season - Season 2
 - **Episode 10. The Phillips Collection- 28min**
1921 Washington, DC home turned world class art museum. Join host Leslie Mueller as she learns about a famous group of paintings called the 'Migration Series' by Harlem, NY artist Jacob Lawrence.
 - **Season 3 - Episode 1. Federal Reserve of Chicago Money Museum - Chicago, IL- 28min**
the Federal Reserve Bank of Chicago's Money Museum. Learn about the history of money, its circulation, detecting counterfeit currency and how the Federal Reserve monitors economic conditions and guides monetary policy.
 - **Season 3 – Episode 2. The Museum of International Folk Art - Santa Fe, NM. 27min**
 - Santa Fe, New Mexico at the Museum of International Folk Art and learn about this global art form and a collection that represents over 100 countries. See an incredible one-of-a-kind exhibit with over 10,000 detailed objects.
 - Date 2019
 - Starring Leslie Mueller
 - Genres Documentary, Special Interest
 - Subtitles English
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social & Music** ***Library (B)**
- ❖ **3:30pm Bingo** ***Commons (B)**

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Tuesday, May 3, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Scenic Van ride “Rock Creek Park” (Weather Permitting)**

- Sign up with Concierge
- Bus Loading & Departure Schedule
 - **1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm**
 - **1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm**
 - **1:30pm - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.**
 - **1:25pm - Waiting list loading**

❖ **2:00pm Indoor/ Outdoor Walking Club**

**Meet me in the Library
(Outdoor Waking Is Weather Permitting)**

❖ **3:00pm Afternoon Social & Trivia**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

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Wednesday, May 4, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Movie & TV Trivia Questions

- ❖ **11:00am Sit and Fit with Owen** *** Commons (B)**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

- ❖ **1:30pm Team Trivial Pursuit** ***Bistro**

- ❖ **1:30 pm Movie & Popcorn “Gigi”** ***Commons (A)**

"Leslie Caron stars as a young foundling reared by two veteran Parisian courtesans to be the mistress of a wealthy young gentleman. But Gigi shocks everyone when, despite the best efforts of her mentors to teach the importance of champagne, jewels and independence, the irrepressible girl falls in love with the man for whom she is intended.

 - 1958. NR 1hr. 58min
 - Directors Vincente Minnelli
 - Starring Leslie Caron, Maurice Chevalier, Louis Jourdan
 - Genres Comedy, Arts, Entertainment, and Culture
 - Subtitles English

- ❖ **3:00pm Afternoon Social & Music** ***Library**

- ❖ **3:30pm Word Find** ***Library**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, May 5, 2022



❖ **10:00am Coffee, Tea, and Trivia**

***Library**

- General Knowledge & Mic. Trivia Questions

❖ **11:00am Tech Support with Jordan**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Trivia (In Teams)**

***Library**

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Paint and Sip**

***Commons (B)**

Come and paint while you enjoy a glass of wine.

❖ **3:00pm Afternoon Social & Mexican Music**

***Library**

❖ **3:30pm Balloon Tennis**

***Commons (B)**

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Friday, May 6, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Slogan & Business Trivia Questions

- ❖ **11:00am Seated Exercise W/Legacy** ***Commons (B)**

- ❖ **1:45pm Indoor/ Outdoor Walking Club**
Meet me in the Library
(Outdoor Waking Is Weather Permitting)

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **7:00 pm Movie & Popcorn “Gigi”** ***Commons (A)**

"Leslie Caron stars as a young foundling reared by two veteran Parisian courtesans to be the mistress of a wealthy young gentleman. But Gigi shocks everyone when, despite the best efforts of her mentors to teach the importance of champagne, jewels and independence, the irrepressible girl falls in love with the man for whom she is intended.

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Saturday, May 7, 2022

❖ 10:00am Coffee and Muffins

- Trivial Pursuit Game

***Library**

❖ 11:00am Seated Exercise Class

- Adela

***Commons (A)**

❖ 1:30 pm Movie & Popcorn “Gigi”

***Commons (A)**

"Leslie Caron stars as a young foundling reared by two veteran Parisian courtesans to be the mistress of a wealthy young gentleman. But Gigi shocks everyone when, despite the best efforts of her mentors to teach the importance of champagne, jewels and independence, the irrepressible girl falls in love with the man for whom she is intended.

- 1958. NR 1hr. 58min
- Directors Vincente Minnelli
- Starring Leslie Caron, Maurice Chevalier, Louis Jourdan
- Genres Comedy, Arts, Entertainment, and Culture
- Subtitles English

❖ 1:30pm Bridge Club

***Bistro**

❖ 2:00pm Word Find

***Library**

❖ 3:00pm Afternoon Social

***Library**

❖ 3:30pm Bingo

***Commons (B)**

❖ 4:30pm COCKTAIL HOUR in the Bistro


Featuring themed Cocktail & Wine & Beer

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Sunday, May 8, 2022



- ❖ **10:00am** **Large Group Exercise Class** ***Commons (B)**
 - Marco

- ❖ **11:00am** **Sunday Mass -**  **ST. ANN CATHOLIC CHURCH** ***Commons (A)**
 - Live Stream from St. Ann Catholic Church –
 - <https://www.stanndc.org/>
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

11:30am – 1:30pm:



Dining Room & Courtyard

Courtyard Seating is (Weather Permitting)

Live Band in the Courtyard

- ❖ **2:00pm** **Afternoon Trivia** ***Library**
- ❖ **3:00pm** **Afternoon Social & Music** ***Library**
- ❖ **3:30pm** **Bingo** ***Commons (B)**