

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, May 23, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - US & World History Trivia
- ❖ **11:00am Balance and Motion with Michael** ***Commons (A)**
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm “Museum Access- Virtual Tour”** ***Commons (A)**
3 Seasons – 10 Episodes a season - Season 3
This is the last 2 episodes.
 - **Episode 9. The Bruce Museum, Masterpieces from the Cartoon Art Museum (Special Exhibit) - Greenwich, CT- 26min**
The Bruce Museum in Greenwich, CT hosts a very special exhibit called 'Masterpieces from the Cartoon Art Museum'. Join host Leslie Mueller as she explores the colorful world of cartooning with Brian Walker, son of Mort Walker of the 'Beetle Baily' comic strip. Later, we'll tour the private studio of late cartoonist Jerry Dumas and visit NYC's Nathan Love Animation Studios.
 - **Episode 10. The La Brea Tar Pits and Museum - Los Angeles, CA- 26min**
The La Brea Tar Pits in Los Angeles is one of the most unique museums in America. Join host Leslie Mueller as she explores this urban ice-age excavation site, boasting a collection of millions of fossils found in the tar pits including mammoths, saber-toothed cats and more. Learn about the work of fossil labs scientists and a very special, on-going excavation area called 'Project 23'
 - Starring Leslie Mueller
 - Genres Documentary, Special Interest
 - Subtitles English
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social & Music** ***Library (B)**
- ❖ **3:30pm Bingo** ***Commons (B)**

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Tuesday, May 24, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Scenic Van ride “Rock Creek Park” (Weather Permitting)**

- Sign up with Concierge
- Bus Loading & Departure Schedule
 - **1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm**
 - **1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm**
 - **1:30pm - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.**
 - **1:25pm - Waiting list loading**

❖ **2:00pm Meet and greet with **Matt Frumin** *Commons**

Democrat Candidate for Ward 3 Councilmember

Enjoy some light refreshments, and bring your questions

❖ **3:00pm Afternoon Social & Trivia**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

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Wednesday, May 25, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Movie & TV Trivia Questions

- ❖ **11:00am Sit and Fit with Owen** *** Commons (B)**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

- ❖ **1:30pm Team Trivial Pursuit** ***Bistro**

- ❖ **1:30 pm Movie & Popcorn “Lili”** ***Commons (A)**
 - raveling with little more than her naïveté, sunny teenager Lili (Leslie Caron) arrives in a new town and is befriended by a circus troupe. Though she becomes infatuated with the dashing magician, Marcus the Magnificent (Jean-Pierre Aumont), Lili forms a more significant bond with puppeteer Paul (Mel Ferrer) and his four puppets, which she treats as real people.
 - 1953. G. 1hr. 21min
 - Directors Charles Walters
 - Starring Leslie Caron, Mel Ferrer, Jean-Pierre Aumont
 - Genres Fantasy, Drama, Arts, Entertainment, and Culture
 - Subtitles English

- ❖ **3:00pm Afternoon Social & Music** ***Library**

- ❖ **3:30pm Word Find** ***Library**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, May 26, 2022

❖ **10:00am Coffee, Tea, and Trivia**

***Library**

- General Knowledge & Mic. Trivia Questions

❖ **11:00am Tech Support with Jordan**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Trivia (In Teams)**

***Library**

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:30pm Paint and Sip**

***Commons (B)**

Come and paint while you enjoy a glass of wine.

❖ **3:30pm Balloon Tennis**

***Commons (A)**

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Friday, May 27, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Slogan & Business Trivia Questions

- ❖ **11:00am Seated Exercise W/Legacy** ***Commons (B)**

- ❖ **1:45pm Indoor/ Outdoor Walking Club**
Meet me in the Library
(Outdoor Waking Is Weather Permitting)

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **7:00 pm Movie & Popcorn “Lili”** ***Commons (A)**
 - raveling with little more than her naïveté, sunny teenager Lili (Leslie Caron) arrives in a new town and is befriended by a circus troupe. Though she becomes infatuated with the dashing magician, Marcus the Magnificent (Jean-Pierre Aumont), Lili forms a more significant bond with puppeteer Paul (Mel Ferrer) and his four puppets, which she treats as real people.
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Saturday, May 28, 2022

- ❖ **10:00am Coffee and Muffins** ***Library**
 - Trivial Pursuit Game

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - Adela

- ❖ **1:30 pm Movie & Popcorn “Lili”** ***Commons (A)**
 - raveling with little more than her naïveté, sunny teenager Lili (Leslie Caron) arrives in a new town and is befriended by a circus troupe. Though she becomes infatuated with the dashing magician, Marcus the Magnificent (Jean-Pierre Aumont), Lili forms a more significant bond with puppeteer Paul (Mel Ferrer) and his four puppets, which she treats as real people.
 - 1953. G. 1hr. 21min
 - Directors Charles Walters
 - Starring Leslie Caron, Mel Ferrer, Jean-Pierre Aumont
 - Genres Fantasy, Drama, Arts, Entertainment, and Culture
 - Subtitles English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Word Find** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
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Sunday, May 29, 2022

- ❖ **10:00am** **Large Group Exercise Class** ***Commons (B)**
 - Marco
- ❖ **11:15am** **Sunday Worship -** ***Commons (A)**
 - **Live Stream – Washington National Cathedral**
 - Featuring prayers, readings from Holy Scripture, and contemplative music.
 - https://www.youtube.com/watch?v=KI7RRKHYYBE&list=PL1nLVw6MfPisN8Gfk_tRsjTXqSexemlK
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

11:30am – 1:30pm

Sunday Brunch

**Join us every Sunday to start the week off right!
The Dining Room (Residents Only)**

- ❖ **1:30pm** **Gala from Berlin 1998 -** ***Commons**
“Songs of Love and Desire”

Maestro Claudio Abbado has chosen two of the best Mozart interpreters of our day, Christine Schäfer and Simon Keenlyside, for this traditionally meaningful event.

 - 1h, 29min. G.
 - Directors EuroArts
 - Starring Claudio Abbado, Berliner Philharmoniker, Mirella Freni
 - Genres Music Videos and Concerts
 - Subtitles NONE
 - Audio languages: ENGLISH
- ❖ **2:00pm** **Afternoon Trivia** ***Library**
- ❖ **3:00pm** **Afternoon Social & Music** ***Library**
- ❖ **3:30pm** **Bingo** ***Commons (B)**