

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, May 9, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - US & World History Trivia
- ❖ **11:00am Balance and Motion with Michael** ***Commons (A)**
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm “Museum Access- Virtual Tour”** ***Commons (A)**
3 Seasons – 10 Episodes a season - Season 2
 - **Episode 3. National Law Enforcement Museum - Washington, DC- 28min**
1921 Washington, DC home turned world class art museum. Join host Leslie Mueller as she learns about a famous group of paintings called the 'Migration Series' by Harlem, NY artist Jacob Lawrence.
 - **- Episode 4. The AKC Museum of the Dog - New York, NY- Chicago, IL- 28min**
Explores the world of modern day law enforcement in Washington, DC at the National Law Enforcement Museum. Learn about this state-of-the-art museum and it's interactive exhibits like the Police Training Simulator.
 - **Episode 5. The International Museum of Surgical Science - Chicago, IL 27min**
 - The International Museum of Surgical Science in Chicago, IL. Learn about the incredible collection of medical artifacts and artwork and take a closer look at the history of x-rays. Then, take a behind-the-scenes look at the latest advances in diagnostic imaging at nearby Northwestern Memorial Hospital and hear from today's neurological specialists.
 - Date 2019
 - Starring Leslie Mueller
 - Genres Documentary, Special Interest
 - Subtitles English
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social & Music** ***Library (B)**
- ❖ **3:30pm Bingo** ***Commons (B)**

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Tuesday, May 10, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Scenic Van ride “Rock Creek Park” (Weather Permitting)**

- Sign up with Concierge
- Bus Loading & Departure Schedule
 - **1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm**
 - **1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm**
 - **1:30pm - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.**
 - **1:25pm - Waiting list loading**

❖ **2:00pm Voter Registration Table**

***Library**

❖ **3:00pm Afternoon Social & Trivia**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

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Wednesday, May 11, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Movie & TV Trivia Questions

- ❖ **11:00am Sit and Fit with Owen** *** Commons (B)**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

- ❖ **1:30pm Team Trivial Pursuit** ***Bistro**

- ❖ **1:30 pm Movie & Popcorn “Lilies of the Field”** ***Commons (A)**

Sidney Poitier won the Best Actor Oscar as a warm, sensitive handyman who, while stranded in an Arizona desert town, builds a chapel for a lively group of nuns (including Lilia Skala).

 - 1963. 13+ 1hr. 34min
 - Directors Ralph Nelson
 - Starring Sidney Poitier, Lilia Skala, Lisa Mann
 - Genres Drama
 - Subtitles English

- ❖ **3:00pm Afternoon Social & Music** ***Library**

- ❖ **3:30pm Word Find** ***Library**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, May 12, 2022

- ❖ **10:00am Coffee, Tea, and Trivia** ***Library**
 - General Knowledge & Mic. Trivia Questions

- ❖ **11:00am Tech Support with Jordan**
 - Sign up with Concierge
 - specify your preferred support time-30 minutes per resident

- ❖ **2:00pm Voter Registration Table** ***Library**

- ❖ **11:00am Tai Chi** ***Commons (B)**


Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

- ❖ **1:30pm Trivia (In Teams)** ***Library**

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:30pm Meet and Greet with** ***Commons**


ROBERT WHITE
DEMOCRATIC CANDIDATE FOR MAYOR

Come meet Robert, enjoy some light refreshments, and bring your questions directly to DC's next Mayor!

- ❖ **3:30pm Balloon Tennis** ***Commons (A)**

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Friday, May 13, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Slogan & Business Trivia Questions

- ❖ **11:00am Seated Exercise W/Legacy** ***Commons (B)**

- ❖ **1:45pm Indoor/ Outdoor Walking Club**
Meet me in the Library
(Outdoor Waking Is Weather Permitting)

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **7:00 pm Movie & Popcorn “Lilies of the Field”** ***Commons (A)**

Sidney Poitier won the Best Actor Oscar as a warm, sensitive handyman who, while stranded in an Arizona desert town, builds a chapel for a lively group of nuns (including Lilia Skala).

 - 1963. 13+ 1hr. 34min
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Saturday, May 14, 2022

- ❖ **10:00am Coffee and Muffins** ***Library**
 - Trivial Pursuit Game

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - Adela

- ❖ **1:30 pm Movie & Popcorn “Lilies of the Field”** ***Commons (A)**

Sidney Poitier won the Best Actor Oscar as a warm, sensitive handyman who, while stranded in an Arizona desert town, builds a chapel for a lively group of nuns (including Lilia Skala).

 - 1963. 13+ 1hr. 34min
 - Directors Ralph Nelson
 - Starring Sidney Poitier, Lilia Skala, Lisa Mann
 - Genres Drama
 - Subtitles English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Word Find** ***Library**


- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Sunday, May 15, 2022

- ❖ **10:00am** **Large Group Exercise Class** ***Commons (B)**
 - Marco
- ❖ **11:00am** **Sunday Mass -**  **ST. ANN** ***Commons (A)**
CATHOLIC CHURCH
 - Live Stream from St. Ann Catholic Church –
 - <https://www.stanndc.org/>
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15
- ❖ **1:30pm** **La Bayadere** ***Commons**

Marius Petipa's exotic ballet, set in India, is a story of love, death and vengeful judgement

 - 2 h 5 min. 2013. All Age
 - Directors Andy Sommer
 - Starring Bolshoi Ballet, Ludwig Minkus, Maria Alexandrova
 - Genres Arts, Entertainment, and Culture
 - Subtitles None available
 - Audio languages English
- ❖ **2:00pm** **Afternoon Trivia** ***Library**
- ❖ **3:00pm** **Afternoon Social & Music** ***Library**
- ❖ **3:30pm** **Bingo** ***Commons (B)**