

TODAY'S ACTIVITY SCHEDULE

TODAY IS

MONDAY, May 9, 2022

10:00am Coffee & Chair Travel

10:30am Balloon Tennis & Rock & Roll

11:00am **Sit & Fit with Legacy**

12:00Pm **LUNCH**

2:00pm Jigsaw Puzzles & Memory Games

2:30pm Afternoon Social & 50s Bing Band

3:00pm **BINGO!**

3:30pm **Sing Along with Michael**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

TUESDAY, May 10, 2022

10:00am Coffee & Chair Travel

11:00am Balloon Tennis

11:30am **LUNCH!**

2:30pm Afternoon Social & 70's Music

3:00pm **BINGO!**

3:30pm Movie Tuesday

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, May 11, 2022

10:00am Coffee & Chair Travel

10:30am Balloon Tennis & 50's Rock & Roll

11:00am **Balance & Motion with Michael**

11:30am **LUNCH!**

2:00pm Word Puzzles & Finish the
expression Trivia

2:30pm Afternoon Social & Country Music

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

TODAY'S ACTIVITY SCHEDULE

TODAY IS

THURSDAY, May 12, 2022

10:00am Coffee & Chair Travel

10:30am Balloon Tennis

**11:00am Balance & Motion with
Michael**

11:30am LUNCH!

1:30pm 40's & 50's Memory Lane

**2:30pm Afternoon Social &
Mexican MUSIC**

3:30pm Bingo with care team.

4:30pm DINNER!

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

FRIDAY, May 13, 2022

10:00am Coffee & Chair Travel

10:30am Balloon Tennis

11:00am Sit & Fit

12:00pm LUNCH BUNCH AT GRAND OAKS!

2:30pm Afternoon Social & Jazz

3:00pm **Puzzles & WORD GAMES**

3:30pm Movie FRIDAY!

4:30pm DINNER!

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SATURDAY, May 14, 2022

10:00am Coffee & conversations

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am LUNCH!

1:30pm Musical Trivia & Tambourines

2:30pm Afternoon Social & Nat King Cole

3:00pm Hand Massage with Care Team

3:30pm BINGO!

4:30pm DINNER!

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TODAY'S ACTIVITY SCHEDULE

TODAY IS

SUNDAY, May 15, 2022

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live
Streaming (National Shrine DC)

11:30am – Lunch

2:30pm Afternoon Social

& Frank Sinatra

3:30pm **BINGO!** with care team!

4:30pm **DINNER!**

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