Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202-660-7881 ~ Email- <u>yasrat1@jhmi.edu</u> (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

## Monday, June 13, 2022

**❖** 10:00am Coffee and Muffins

\*Bistro

o US & World History Trivia

**❖ 11:00am** Balance and Motion with Michael "Michael Rosengart"

\*Commons (A)

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm "Hermitage Masterpieces"

\*Commons (A)

This 18-part series examines the Hermitage Museum in St. Petersburg, Russia, in all its glory. Here is the art of Michelangelo, Rembrandt, Picasso, Matisse, Velasquez, El Greco, Rubens, Renoir, the great classical sculptors, the artisans of ancient China, Greece and Egypt, and more. Filmed when the museum was off limits to Western eyes for nearly a century, and before the Fall of the Soviet Union.

#### 1 Season and 18 Episode.

<u>Episode 4. Decorative Arts of Italy, France and England- 28min -</u> Witness the stunning collection of historic furnishing, fabulous tapestries, colorful pottery, fine porcelain and luxurious silver that once graced the palaces of kings and the homes of the wealthy across Europe and Russia.

**Episode 5. Art from Mesopotamia to Ancient China-29min -** Strange and wonderful artworks illustration the origins of modern civilization's ideals, dreams, and beliefs still intrigue us today, and the Hermitage collection of these ancient artifacts is extraordinary.

<u>Episode 6. The Art of Ancient Egypt- 27min -</u> The vast and fabulous art collection of the Hermitage is a monument to Russian appreciation of work culture. Rediscover the civilization of ancient Egypt as it is represented by Catherine the Great's own acquisition of relics.

o 2013. All Ages

o Genres Special Interest, Documentary

o Subtitles English

**❖ 3:00pm** Afternoon Social & Music

\*Library (B)

**❖** 3:30pm Bingo

\*Commons (B)

## **Tuesday, June 14, 2022**

**❖ 10:00am Coffee and Muffins** 

\*Bistro

o Trivial Pursuit Game

**❖ 11:00am-4:00pm Tech Support with Jordan** 

o Sign up with Concierge

**❖** 11:00am Tai Chi

\*Commons (B)

### **Edward Pratt - Tai Chi Instructor:**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

**❖ 1:30pm Grand Oaks Book Club** 

\*Commons A

"The Girl with Seven Names" A North Korean Defector's Story
Arthur: Lee Hyeon-seo, David John

NEW COMERS ARE WELCOME TO JOIN.

- **❖ 1:30pm Scenic Van ride ""** (Weather Permitting)
  - Sign up with Concierge
  - o Residents don't get off the bus during our scenic van ride
  - Bus Loading & Departure Schedule
    - 1:10pm Wheelchair & Transfer residents Meet in the Bistro
       0:10pm
    - <u>1:20pm</u> -Walk on the bus residents- Meet in the Bistro @ 1:20pm
    - <u>1:30pm</u> Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.
    - <u>1:25pm</u> Waiting list loading

**❖ 3:00pm** Afternoon Social & Trivia

\*Library

**❖** 3:30pm Bingo

\*Commons (B)

# Wednesday, June 15, 2022

**❖** 10:00am Coffee and Muffins

\*Bistro

Movie & TV Trivia Questions

**❖ 11:00am** Resident Forum

\*Commons (A)

# We want to hear from you

All residents are invited
This meeting occurs the 3<sup>rd</sup> Wednesday of each month.

**❖ 1:30pm** Team Trivial Pursuit

\*Bistro

\* 1:30 pm Movie & Popcorn "Top Gun"

\*Commons (A)

High-flying adventure with barnstormer Tom Cruise falling for his beautiful instructor (Kelly McGillis), while he competes against fellow flyer Val Kilmer for the coveted 'Top Gun' award.

o 1986. PG. 1hr. 51min All Ages

Directors Tony Scott

o Starring Tom Cruise, Kelly McGillis, Anthony Edwards

o Genres Drama, Action

o Subtitles English

❖ 3:00pm Afternoon Social & Music

\*Library

**❖** 3:30pm Word Find

\*Library

**❖** 4:30pm COCKTAIL HOUR in the Bistro

Featuring themed Cocktail & Wine & Beer

# Thursday, June 16, 2022

**❖ 10:00am Coffee, Tea, and Trivia** 

\*Library

o General Knowledge & Mic. Trivia Questions

#### **❖ 11:00am Tech Support with Jordan & Marco**

- Sign up with Concierge
- o specify your preferred support time-30 minutes per resident

#### ❖ 11:00am Tai Chi Edward Pratt

\*Commons (B)

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

**♦ 1:30pm Trivia** (In Teams)

\*Library

**❖ 1:30pm** Bridge Club

\*Bistro

**❖ 2:30pm** Paint and Sip

\*Commons (B)

Come and paint while you enjoy a glass of wine.

**❖** 3:00pm Afternoon Social and Music

\*Commons (A)

**❖3:30pm** Bingo

\*Commons (B)

# Friday, June 17, 2022

**❖10:00am Coffee and Muffins** 

\*Bistro

Slogan & Business Trivia Questions

**❖ 11:00am** Seated Exercise W/Legacy

\*Commons (B)

**❖ 1:00pm** Indoor/ Outdoor Walking Club

Meet me in the Library

(Outdoor Waking Is Weather Permitting)

**❖ 1:30pm** Holy Communion and Prayers

\*Commons

With Rev. Father (Andy) Gonzalo

**Our Lady of Victory Catholic Church** 

**❖ 3:00pm** Afternoon Social

\*Library

❖ 3:30pm Bingo

\*Commons (B)

**❖** 7:00 pm Movie & Popcorn "Top Gun" (1986) \*Commons (A)

High-flying adventure with barnstormer Tom Cruise falling for his beautiful instructor (Kelly McGillis), while he competes against fellow flyer Val Kilmer for the coveted 'Top Gun' award.

o 1986. PG. 1hr. 51min All Ages

Directors Tony Scott

o Starring Tom Cruise, Kelly McGillis, Anthony Edwards

o Genres Drama, Action

o Subtitles English

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# Saturday, June 18, 2022

**❖ 10:00am Coffee and Muffins** 

\*Library

o Trivial Pursuit Game

**❖ 11:00am Seated Exercise Class** 

\*Commons (A)

o Adela

❖ 1:30 pm Movie & Popcorn "Top Gun"

\*Commons (A)

High-flying adventure with barnstormer Tom Cruise falling for his beautiful instructor (Kelly McGillis), while he competes against fellow flyer Val Kilmer for the coveted 'Top Gun' award.

o 1986. PG. 1hr. 51min All Ages

Directors Tony Scott

o Starring Tom Cruise, Kelly McGillis, Anthony Edwards

o Genres Drama, Action

Subtitles English

**❖ 1:30pm** Bridge Club \*Bistro

**❖ 2:00pm** Word Find \*Library

**❖ 3:00pm** Afternoon Social \*Library

**❖ 3:30pm** Bingo \*Commons (B)

**❖ 4:30pm COCKTAIL HOUR in the Bistro** 

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

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- **❖ 10:00am** Large Group Exercise Class \*Commons (B)
  - o Marco
- ❖ 11:15am Sunday Worship \*Commons (A)
  - o Live Stream Washington National Cathedral
    - Featuring prayers, readings from Holy Scripture, and contemplative music.
    - https://www.youtube.com/watch?v=KI7RRKHYyBE&list=PL1nLVw6M\_fPisN8Gfk\_tRsjTXqSexemlK
  - o Catholic Mass From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: RCN Ch. 15



Please join us for a special Father's Day Celebration
With Brunch Buffet Lunch and Live Band

1st Floor Courtyard outside the library

RSVP deadline for Families is Wednesday, June 15.

Concierge - 202-349-3400

**❖ 3:00pm** Afternoon Social & Music \*Library

**❖ 3:30pm** Bingo \*Commons (B)