

***Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu)***  
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

## **Monday, June 20, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - US & World History Trivia
- ❖ **11:00am Balance and Motion with Michael** **\*Commons (A)**  
**“Michael Rosengart”**  
**NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist**
- ❖ **1:30pm “Hermitage Masterpieces”** **\*Commons (A)**

This 18-part series examines the Hermitage Museum in St. Petersburg, Russia, in all its glory. Here is the art of Michelangelo, Rembrandt, Picasso, Matisse, Velasquez, El Greco, Rubens, Renoir, the great classical sculptors, the artisans of ancient China, Greece and Egypt, and more. Filmed when the museum was off limits to Western eyes for nearly a century, and before the Fall of the Soviet Union.

**1 Season and 18 Episode.**

**Episode 7. The Vast Sculpture Collection- 26min -** This awesome collection spans two centuries of history and style including Baroque, Rococo and Neoclassical, as well as a number of Renaissance works that bridged the past into each new age.

**Episode 8. The Classical World of Greece and Rome-25min -** Trace the journey of the Gonzaga Cameo from the necks of Cleopatra and Josephine to Catherine the Great as Russia strove to emulate the scope and power of the great civilizations of the past. The Hermitage's collection of Greek and Roman art is one of the largest in the world.

**Episode 9. Art of the Middle Ages- 27min -** The Hermitage's collection of art from the time of dragons and knights covers the thousand years following the fall of Rome, and includes extraordinary works of art created exclusively for the Roman Catholic Church.

  - 2013. All Ages
  - Genres Special Interest, Documentary
  - Subtitles English
- ❖ **3:00pm Afternoon Social & Music** **\*Library**
- ❖ **3:30pm Bingo** **\*Commons (B)**

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## **Tuesday, June 21, 2022**

❖ **10:00am Coffee and Muffins** **\*Bistro**  
○ Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**  
○ Sign up with Concierge

❖ **11:00am Tai Chi** **\*Commons (B)**

### **Edward Pratt - Tai Chi Instructor:**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Health Talk with Legacy** **\*Commons A**

## **“HYDRATION”**

**By: KARA WILSON, CCC-SLP  
REHAB DIRECTOR**

❖ **2:00pm 1:00pm Indoor/ Outdoor Walking Club**  
**Meet me in the Library**  
**(Outdoor Waking Is Weather Permitting)**

❖ **3:00pm Afternoon Social & Trivia** **\*Library**

❖ **3:30pm Bingo** **\*Commons (B)**

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## **Wednesday, June 22, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - Movie & TV Trivia Questions
  
- ❖ **11:00am Sit and Fit with Owen** **\* Commons (B)**

**“Owen Lentz”**

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.
  
- ❖ **1:30pm Team Trivial Pursuit** **\*Bistro**
  
- ❖ **1:30 pm Movie & Popcorn “Downton Abbey”** **\*Commons (A)**

**(A New Era) – A New MOVIE**

The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.

  - **Release date:** May 20, 2022. PG. 2hr. 4min
  - Directors Simon Curtis
  - Starring Hugh Bonneville, Jim Carter, Michelle Dockery
  - Genres Drama, Romance, Arts, Entertainment, and Culture
  - Subtitles English
  
- ❖ **3:00pm Afternoon Social & Music** **\*Library**
  
- ❖ **3:30pm Word Find** **\*Library**
  
- ❖ **4:30pm COCKTAIL HOUR in the Bistro**  
**Featuring themed Cocktail & Wine & Beer**

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## **Thursday, June 23, 2022**

- ❖ **10:00am Coffee, Tea, and Trivia** **\*Library**
  - General Knowledge & Mic. Trivia Questions
  
- ❖ **11:00am Tech Support with Jordan & Marco**
  - Sign up with Concierge
  - specify your preferred support time-30 minutes per resident
  
- ❖ **11:00am Tai Chi Edward Pratt** **\*Commons (B)**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.
  
- ❖ **1:30pm Trivia (In Teams)** **\*Library**
  
- ❖ **1:30pm Bridge Club** **\*Bistro**
  
- ❖ **2:30pm Paint and Sip** **\*Commons (B)**

**Come and paint while you enjoy a glass of wine.**
  
- ❖ **3:00pm Afternoon Social and Music** **\*Commons (A)**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**

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## **Friday, June 24, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Bistro**
  - Slogan & Business Trivia Questions
  
- ❖ **11:00am Seated Exercise W/Legacy** **\*Commons (B)**
  
- ❖ **1:00pm Indoor/ Outdoor Walking Club**  
**Meet me in the Library**  
**(Outdoor Waking Is Weather Permitting)**
  
- ❖ **1:30pm Holy Communion and Prayer** **\*Commons**  
**With Rev. Father (Andy) Gonzalo**  
**Our Lady of Victory Catholic Church**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**
  
- ❖ **7:00 pm Movie & Popcorn “Downton Abbey”** **\*Commons (A)**  
**(A New Era) – A New MOVIE**

The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.

  - **Release date:** May 20, 2022. PG. 2hr. 4min
  - **Directors** Simon Curtis
  - **Starring** Hugh Bonneville, Jim Carter, Michelle Dockery
  - **Genres** Drama, Romance, Arts, Entertainment, and Culture
  - **Subtitles** English

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**Saturday, June 25, 2022**

- ❖ **10:00am Coffee and Muffins** **\*Library**
  - Trivial Pursuit Game
  
- ❖ **11:00am Seated Exercise Class** **\*Commons (A)**
  - Adela
  
- ❖ **1:30 pm Movie & Popcorn “Downton Abbey”** **\*Commons (A)**  
**(A New Era) – A New MOVIE**

The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.

  - Release date: May 20, 2022. PG. 2hr. 4min
  - Directors Simon Curtis
  - Starring Hugh Bonneville, Jim Carter, Michelle Dockery
  - Genres Drama, Romance, Arts, Entertainment, and Culture
  - Subtitles English
  
- ❖ **1:30pm Bridge Club** **\*Bistro**
  
- ❖ **2:00pm Word Find** **\*Library**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Bingo** **\*Commons (B)**
  
- ❖ **4:30pm COCKTAIL HOUR in the Bistro**  
**Featuring themed Cocktail & Wine & Beer**


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## **Sunday, June 26, 2022**

- ❖ **10:00am**      **Large Group Exercise Class**      **\*Commons (B)**
  - Marco
- ❖ **11:15am**      **Sunday Worship -**      **\*Commons (A)**
  - **Live Stream – Washington National Cathedral**
    - Featuring prayers, readings from Holy Scripture, and contemplative music.
    - [https://www.youtube.com/watch?v=KI7RRKHYYBE&list=PL1nLVw6MfPisN8Gfk\\_tRsjTXqSexemlK](https://www.youtube.com/watch?v=KI7RRKHYYBE&list=PL1nLVw6MfPisN8Gfk_tRsjTXqSexemlK)
  - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington  
○ The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

**11:30am – 1:30pm**

***Sunday Brunch***

—  —  
**Join us every Sunday to start the week off right!**  
**The Dining Room (Residents Only)**

- ❖ **1:30pm**      **Puccini - La bohème-**      **\*Commons**

In 2012, Norwegian opera director Stefan Herheim brought Giacomo Puccini's opera La bohème to the stage of the Norwegian National Opera in Oslo. Norwegian conductor Eivind Gullberg Jensen leads the Orchestra and Chorus of the National Opera Oslo.

  - 1h, 57min. PG.
  - Directors      NordicStories, Ulrik Brugge
  - Starring Marita Sølberg, National Opera Oslo, Eivind Gullberg Jensen
  - Genres      Music Videos and Culture
  - Subtitles      NONE
  - Audio languages: ENGLISH
- ❖ **2:00pm**      **Afternoon Trivia**      **\*Library**
- ❖ **3:00pm**      **Afternoon Social & Music**      **\*Library**
- ❖ **3:30pm**      **Bingo**      **\*Commons (B)**