

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, June 6, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - US & World History Trivia
- ❖ **11:00am Balance and Motion with Michael** ***Commons (A)**
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **2:30pm “Hermitage Masterpieces”** ***Commons (A)**

This 18-part series examines the Hermitage Museum in St. Petersburg, Russia, in all its glory. Here is the art of Michelangelo, Rembrandt, Picasso, Matisse, Velasquez, El Greco, Rubens, Renoir, the great classical sculptors, the artisans of ancient China, Greece and Egypt, and more. Filmed when the museum was off limits to Western eyes for nearly a century, and before the Fall of the Soviet Union.

1 Season and 18 Episode.

Episode 1. The Museum's Majestic Architecture- 30min - Learn how this palace of emperors became home to one of the world's largest collections of art and why Monet and Matisse now hang in the glorious rooms where murder and mayhem were once daily fare.

Episode 2. Highlights of the Masterpieces -27min - Russia's fascination with world art and culture is represented by nearly three million exhibits, collected over 400 years at the Hermitage. From Catherine the Great's original assemblage of paintings to the additions of the rulers and curators that followed, the Hermitage is rivaled only by the Louvre in Paris and the Metropolitan Museum of Art in New York.

Episode 3. Russia in the Age of Peter the Great 28min -Experience the life and times of Peter the Great, the charismatic ruler who built St. Petersburg for his beloved Russia as a "window to the West."

 - 2013. All Ages
 - Genres Special Interest, Documentary
 - Subtitles English
- ❖ **3:00pm Afternoon Social & Music** ***Library (B)**
- ❖ **3:30pm Bingo** ***Commons (B)**

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Tuesday, June 7, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

- Trivial Pursuit Game

❖ **11:00am-4:00pm Tech Support with Jordan**

- Sign up with Concierge

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Scenic Van ride “Downtown Silver Spring”** (Weather Permitting)

- Sign up with Concierge
- Residents don't get off the bus during our scenic van ride
- Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.
 - **1:25pm** - Waiting list loading

❖ **3:00pm Afternoon Social & Trivia**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

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Wednesday, June 8, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
 - Movie & TV Trivia Questions

- ❖ **11:00am Sit and Fit with Owen** *** Commons (B)**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

- ❖ **1:30pm Team Trivial Pursuit** ***Bistro**

- ❖ **1:30 pm Movie & Popcorn “Yours, Mine and Ours”**
***Commons (A)**

Henry Fonda (On Golden Pond) and Lucille Ball (I Love Lucy) bring added dimension to this hilarious true story of a widow and widower whose marriage creates a full house of twenty! Tom Bosley and Van Johnson co-star.

 - 1968. PG. 1hr. 51min All Ages
 - Directors Melville Shavelson
 - Starring Henry Fonda, Lucille Ball, Tom Bosley
 - Genres Comedy
 - Subtitles NONE

- ❖ **3:00pm Afternoon Social & Music** ***Library**

- ❖ **3:30pm Word Find** ***Library**

- ❖ **4:30pm COCKTAIL HOUR in the Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, June 9, 2022

❖ **10:00am Coffee, Tea, and Trivia**

***Library**

- General Knowledge & Mic. Trivia Questions

❖ **11:00am Tech Support with Jordan**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt - Tai Chi Instructor:

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Trivia (In Teams)**

***Library**

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:30pm Paint and Sip**

***Commons (B)**

Come and paint while you enjoy a glass of wine.

❖ **3:00pm Meet And Greet Beau Finley**

***Commons (A)**

Candidate For WARD 3 Advisory Neighborhood

Commissioner

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Friday, June 10, 2022

❖ 10:00am Coffee and Muffins

***Bistro**

- Slogan & Business Trivia Questions

❖ 11:00am Seated Exercise W/Legacy

***Commons (B)**

❖ 1:00pm Indoor/ Outdoor Walking Club Meet me in the Library (Outdoor Waking Is Weather Permitting)

❖ 1:30pm Holy Communion and Prayers With Rev. Father (Andy) Gonzalo [Our Lady of Victory Catholic Church](#)

***Commons**

❖ 3:00pm Afternoon Social

***Library**

❖ 3:30pm Bingo

***Commons (B)**

❖ 7:00 pm Movie & Popcorn “Yours, Mine and Ours” *Commons (A) Henry Fonda (On Golden Pond) and Lucille Ball (I Love Lucy) bring added dimension to this hilarious true story of a widow and widower whose marriage creates a full house of twenty! Tom Bosley and Van Johnson co-star.

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Saturday, June 11, 2022

❖ 10:00am Coffee and Muffins

- Trivial Pursuit Game

***Library**

❖ 11:00am Seated Exercise Class

- Adela

***Commons (A)**

❖ 1:30 pm Movie & Popcorn “Yours, Mine and Ours” *Commons (A)

Henry Fonda (On Golden Pond) and Lucille Ball (I Love Lucy) bring added dimension to this hilarious true story of a widow and widower whose marriage creates a full house of twenty! Tom Bosley and Van Johnson co-star.

- 1968. PG. 1hr. 51min All Ages

- Directors Melville Shavelson
- Starring Henry Fonda, Lucille Ball, Tom Bosley
- Genres Comedy
- Subtitles NONE

❖ 1:30pm Bridge Club

***Bistro**

❖ 2:00pm Word Find

***Library**

❖ 3:00pm Afternoon Social

***Library**

❖ 3:30pm Bingo

***Commons (B)**

❖ 4:30pm COCKTAIL HOUR in the Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, June 12, 2022

- ❖ **10:00am** **Large Group Exercise Class** ***Commons (B)**
 - Marco
- ❖ **11:15am** **Sunday Worship -** ***Commons (A)**
 - **Live Stream – Washington National Cathedral**
 - Featuring prayers, readings from Holy Scripture, and contemplative music.
 - https://www.youtube.com/watch?v=KI7RRKHYYBE&list=PL1nLVw6MfPisN8Gfk_tRsjTXqSexemlK
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

11:30am – 1:30pm

Sunday Brunch

**Join us every Sunday to start the week off right!
The Dining Room (Residents Only)**

- ❖ **1:30pm** **The Three Tenors - In Concert Rome** ***Commons**

On the evening of July 7, 1990, an 'impossible dream' came true: the three greatest tenors of the day joined forces with an orchestra of 200 musicians against a backdrop of the majestic scenery of ancient Rome.

 - 1990. 1h, 29min. G.
 - Director Brian Large
 - Starring José Carreras, Plácido Domingo, Luciano Pavarotti
 - Genres Arts, Entertainment, and Culture, Music Videos, Concerts
 - Subtitles English
 - Audio languages: ENGLISH
- ❖ **2:00pm** **Afternoon Trivia** ***Library**
- ❖ **3:00pm** **Afternoon Social & Music** ***Library**
- ❖ **3:30pm** **Bingo** ***Commons (B)**