

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JULY 18, 2022

10:00am Coffee & Gardening

10:30am Balloon Tennis & Rock & Roll

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Outdoor activities

2:30pm Afternoon Social & The Platters

3:00pm **BINGO!**

3:30pm **Sing Along with Michael/Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, JULY 19, 2022

10:00am Coffee & Armchair Travel

10:30am Baking Club

11:00am Table Tennis (Ping-Pong)

11:30am LUNCH!

1:30pm Walking Club

2:30pm Afternoon Social & Opera Music

3:00pm **Jumbo Dominoes**

**3:30pm Pop Corn & Movie: "MY DARLING
CLEMENTINE (1st PART)"**

4:30pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, JULY 20, 2022

10:00am Coffee & Armchair Travel

10:30am RING TOSS GAME!

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **SPA SESSION**

2:30pm Afternoon Social & Jazz

3:00pm **COLORING!**

3:30pm **Broadway Musical:**

“Rodgers & Hammerstein’s Cinderella

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, JULY 21, 2022

10:00am Coffee & Armchair Travel

10:30am **BEAN BAG BOWLING!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

2:00pm Scenic Van Ride (*Weather Permitting*)

2:30pm Afternoon social and Jazz with Care
Team

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, JULY 22, 2022

10:00am Coffee & Gardening

10:30am Table Tennis (Ping-Pong)

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers *Commons**
With Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Afternoon Social & Symphony

3:00pm **UNO (Table Game)**

3:30pm Pop Corn & Movie:

“MY DARLING CLEMENTINE (2nd PART)”

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, JULY 23, 2022

10:00am Coffee & Gardening

10:30am Chair Travel with Rick Steves

11:00am Balloon Tennis

11:30am **LUNCH!**

1:40pm Music Trivia & Singalong

2:30pm Afternoon Social with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, JULY 24, 2022

10:00am Coffee & conversations

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming (National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social with
Broadway show tunes

3:30pm **Balloon Tennis**

4:30pm **DINNER!**

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