

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, August 15, 2022

- ❖ **10:00am Coffee and Muffins** *Bistro
- ❖ **11:00am Balance and Motion with Michael** *Commons (A)

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm “The Windsors: A Royal Family”** *Commons (A)

Spanning four generations--from the early 1900s and the reign of King George V, through Diana’s tragic death and a new millennium--this 4-part film is a mesmerizing in-depth look at Britain's royal family, highlighted by rare footage and revealing interviews with royal family members, friends, aides, historians, royal watchers, and others with intimate knowledge of the Windsors.

Episode 1. I'm Damned if I'm an Alien – 58min

Discover how completely King George V and his advisors transformed the royal house of Saxe-Coburg- Gotha into the House of Windsor, when the family's German heritage became a serious public relations liability.

Episode 2. Brothers at War – 56min

Go behind the sensationalism and sentimentality of the story of Edward VIII and his 1936 abdication to marry American divorcee Wallis Simpson.

- **2018 (TV-PG)**
- **Genres** Documentary, Special Interest, Drama
- **Subtitles** English [CC]
- **Audio languages** English

- ❖ **3:00pm Hors d'oeuvres “International Cat Day”** *Library
- ❖ **3:30pm Bingo** *Commons (B)

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Tuesday, August 16, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
- ❖ **11:00am-4:00pm Tech Support with Jordan/ Marco**
 - Sign up with Concierge
 - specify your preferred support time-30 minutes per resident
- ❖ **11:00am Tai Chi** ***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.
- ❖ **1:30pm Scenic Van ride “Beach Drive” (Make up from last week)**
 - Weather Permitting (makeup for last week’s cancelation.)
 - Sign up with Concierge
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.
- ❖ **2:00pm Indoor/ Outdoor Walking Club** ***Commons**

Meet us in the Library
(Outdoor Walking If Weather Permitting)
- ❖ **3:00pm Afternoon Social & Dean Martin** ***Library**
- ❖ **3:30pm Bingo** ***Commons**
- ❖ **3:30pm Palisades Library Book Checkout** ***Bistro**

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Wednesday, August 17, 2022

- ❖ **10:00am Coffee and Muffins** ***Bistro**
- ❖ **11:00am Resident Forum** *** Commons (B)**

We want to hear from you

All residents are invited

This meeting occurs the 3rd Wednesday of each month.

- ❖ **1:30 pm Movie & Popcorn “Let Them Talk”** ***Commons (A)**
A young man finds romance with a literary agent while taking a trip with the woman's famous aunt and her friends.

Streaming Prime Video

PG 2011 · 1h 52m . ®

Directors Steven Soderbergh

Starring Meryl Streep, Candice Bergen, Dianne Wiest

Genres Comedy & Drama

Subtitles English [CC]

Audio languages English

- ❖
- ❖ **2:00pm Spanish Club** ***4th Floor Country Kitchen**
- ❖ **3:00pm Afternoon Social & Music** ***Library**
- ❖ **3:30pm Balloon Tennis** ***Commons**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, August 18, 2022

❖ **10:00am Coffee and Muffins**

***Library**

❖ **11:00am Tech Support with Jordan**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Bridge Club**

***Bistro**

❖ **1:30pm Trivia Pursuit**

***Library**

❖ **2:00pm Paint and Sip**

***Commons (B)**

Come and paint while you enjoy a glass of wine.

❖ **3:30pm Happy Hour with Live Jazz Trio**

***Commons**

Performance By

Music by the Ordinary People

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Friday, August 19, 2022

- ❖ **10:00am Coffee and Muffins** *Bistro
- ❖ **11:00am Seated Exercise W/Legacy** *Commons (B)
- ❖ **1:30pm Catholic Mass & Holy Communion** *Commons
Rev. Father (Andy) Gonzalo
[Our Lady of Victory Catholic Church](#)
- ❖ **1:00pm Indoor/ Outdoor Walking Club**
Meet us in the Library
(Outdoor Walking If Weather Permitting)
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)
- ❖ **7:00 pm Movie & Popcorn “Let Them Talk”** *Commons (A)
A young man finds romance with a literary agent while taking a trip with the woman's famous aunt and her friends.

Streaming **Prime Video**

PG 2011 · 1h 52m . ®

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Saturday, August 20, 2022

- ❖ **10:00am Coffee and Muffins** ***Library**

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - Fran

- ❖ **1:30 pm Movie & Popcorn “Let Them Talk”** ***Commons (A)**

A young man finds romance with a literary agent while taking a trip with the woman's famous aunt and her friends.

Streaming Prime Video
PG 2011 · 1h 52m . ®
Directors Steven Soderbergh
Starring Meryl Streep, Candice Bergen, Dianne Wiest
Genres Comedy & Drama
Subtitles English [CC]
Audio languages English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Word Find** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR** *** Bistro**

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- ❖ **10:00am Seated Exercise Class** ***Commons (B)**
 - Marco
- ❖ **11:00 am Sunday Worship** ***Commons (A)**
 - Live Stream – National Presbyterian Church
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15
- ❖ **11:30 am – 1:30pm**

Sunday Brunch

Join us every Sunday to start the week off right!
The Dining Room (Residents Only)

- ❖ **1:30pm “Mahler - Symphony No. 6”** ***Commons**

Sir Simon Rattle conducts the Berlin Philharmonic in a performance of Mahler's Symphony No. 6. The concert is Rattle's last time as chief conductor of the orchestra.

1h, 35min . 2018

Directors	NHK, Berlin Phil Media GmbH
Starring	Berlin Philharmonic Orchestra, Simon Rattle, Gustav Mahler
Genres	Music Videos and Concerts
Subtitles	None available

- ❖ **3:30pm National Senior Citizen Day Celebration *Commons**
With Elvis Presley and hor' dourves