

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, AUGUST 1, 2022**

10:00am Coffee, muffins & Gardening

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts: Jewelry

2:30pm Afternoon Social & Nat King Cole

3:00pm **BINGO!**

3:30pm **Sing Along with Mike/Susie Q**

4:30pm **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, AUGUST 2, 2022**

10:00am Coffee & muffins

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Afternoon Social and 50s Music

3:00pm **Jumbo Dominoes**

3:30pm Pop Corn & Movie:

**“TEA FOR TWO” (1<sup>st</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, AUGUST 3, 2022**

10:00am Coffee & muffins

10:30am RING TOSS GAME!

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:45pm SPA SESSION

2:30pm Afternoon Social & Jazz

3:00pm Jigsaw Puzzles & Memory Games

3:30pm **Karaoke!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, AUGUST 4, 2022**

10:00am Coffee & muffins

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Afternoon social and Music  
w/Care Team

3:30pm Pop Corn & Movie:

**“TEA FOR TWO” (2<sup>nd</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, AUGUST 5, 2022**

10:00am Coffee, Muffins & Gardening

10:30am CORN HOLE!

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers \*Commons**  
**With Rev. Father (Andy) Gonzalo**  
**Our Lady of Victory Catholic Church**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm Afternoon Social & Symphony

3:00pm **Poetry Reading**

3:30pm BINGO with Care Team!

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, AUGUST 6, 2022**

10:00am Coffee & Gardening

10:30am Chair Travel with Rick Steves

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:40pm Music Trivia & Singalong

2:30pm Afternoon Social with  
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, AUGUST 7, 2022**

**10:00am** Coffee & conversations

**10:30am** Bible Study & Hymns

**11:00am** Sunday's Mass Live Streaming  
(National Shrine DC)

**11:30am** **LUNCH!**

**1:30pm** Walking Club

**2:30pm** Afternoon Social with  
Broadway show tunes

**3:30pm** **Balloon Tennis**

**4:30pm** **DINNER!**

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