

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Monday, September 12, 2022

Mismatch Day (Wear Wacky Wardrobe)

Snack Bar By the front desk (All Day)

❖ **10:00am Coffee and Muffins**

***Bistro**

❖ **11:00am Balance and Motion with Michael *Commons (A)**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm “The Majestic Life of Queen Elizabeth II” *Commons**

Produced in High Definition, with rare archive footage, from the death of her father King George VI, to the marriage of William and Kate, this is the true story of how the young Princess Elizabeth, became a great Queen reigning 60 years.

- Streaming Prime Video
- 2012 1hr, 34min PG
- Directors Alan Byron
- Starring Interviews with Queen Elizabeth II, Hugo Vickers, Camilla Tominey
- Genres Documentary, International
- Subtitles English [CC]
- Audio languages English

❖ **2:30pm Fashion Show**

***Library**

“Who wore it worst”

❖ **4:00pm Bingo**

***Commons (B)**

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Tuesday, September 13, 2022

Twin Day-Dress alike with a resident or staff

8:00am – 10:00am In the Bistro

Coffee, Twinning Tea, Bagels, and Muffins

❖ **11:00am-4:00pm Tech Support with Jordan/ Marco**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**

- Residents will have 1 hour to shop.
- Bus will Drop off & Pick UP location- Safeway Grocery Store
 - Please Be On time for pick up time.
- Weather Permitting
- Sign up with Concierge
- Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

❖ **1:30pm Grand Oaks Book Club**

***Commons**

❖ **2:30pm Sip Tea & Paint**

***Commons**

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Bingo**

***Commons**

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Wednesday, September 14, 2022

Western Day Wear Western Clothing:
Squeals on Wheels – Trail Mix Bar by Concierge

- ❖ 10:00am Coffee and Muffins *Bistro
- ❖ 11:00am Sit and Fit with Adela *Commons (B)
- ❖ 1:15 pm Movie “The Bookshop” *Commons (A)
Free-spirited widow Florence Green risks everything to open a bookshop in a conservative East Anglian coastal town. While bringing about a surprising cultural awakening through works by Ray Bradbury and Vladimir Nabokov.
 - Streaming Prime Video
 - PG 2011 · 1h 52m . PG-13
 - Directors Isabel Coixet
 - Starring Emily Mortimer, Bill Nighy
 - Genres Drama
 - Subtitles English [CC]
 - Audio languages English

2:00pm -4:00pm

Trail Mix & Squeals on Wheels Traveling Zoo
1st floor Courtyard - by the Library

- ❖ 3:30pm Balloon Tennis *Commons
- ❖ 4:30pm COCKTAIL HOUR *Bistro
Featuring themed Cocktail & Wine & Beer

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Thursday, September 15, 2022

Throwback Thursday-

Dress in your favorite Decade

❖ 10:00am Coffee and Muffins

*Library

❖ 11:00am Tech Support with Jordan

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ 11:00am Tai Chi

*Commons (B)

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ 1:30pm Bridge Club

*Bistro

❖ 1:30pm Trivia Pursuit

*Library

❖ 2:30pm Popcorn Bar and Fashion Show *Library

Vote for your Favorite Decade.

❖ 4:00pm Word Find

*Commons

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Friday, September 16, 2022

Guess Who: Photo Board

- ❖ **10:00am Coffee and Muffins** *Bistro
- ❖ **11:00am Seated Exercise W/Legacy** *Commons (B)
- ❖ **1:30pm Catholic Mass & Holy Communion** *Commons
Rev. Father (Andy) Gonzalo
[Our Lady of Victory Catholic Church](#)
- ❖ **1:00pm Indoor/ Outdoor Walking Club**
Meet us in the Library
(Outdoor Walking If Weather Permitting)
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)
- ❖ **7:00 pm Movie “The Bookshop”** *Commons (A)
Free-spirited widow Florence Green risks everything to open a bookshop in a conservative East Anglian coastal town. While bringing about a surprising cultural awakening through works by Ray Bradbury and Vladimir Nabokov.
 - Streaming Prime Video
 - PG 2011 · 1h 52m . PG-13
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Saturday, September 17, 2022

Spin to Win

- ❖ **10:00am Coffee and Muffins** ***Library**

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - ADELA

- ❖ **1:15 pm Movie “The Bookshop”** ***Commons (A)**

Free-spirited widow Florence Green risks everything to open a bookshop in a conservative East Anglian coastal town. While bringing about a surprising cultural awakening through works by Ray Bradbury and Vladimir Nabokov.

 - Streaming Prime Video
 - PG 2011 · 1h 52m . PG-13
 - Directors Isabel Coixet
 - Starring Emily Mortimer, Bill Nighy
 - Genres Drama
 - Subtitles English [CC]
 - Audio languages English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Word Find** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, September 18, 2022

- ❖ **10:00am Seated Exercise Class** *Commons (B)
 - Marco
- ❖ **11:00 am Sunday Worship** *Commons (A)
 - Live Stream – National Presbyterian Church
 - Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington o The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

❖ **11:30 am – 1:30pm**

Sunday Brunch

Join us every Sunday to start the week off right!
The Dining Room (Residents Only)

- ❖ **1:30pm “Mahler - Symphony No. 8”** *Commons
Fabio Luisi conducts the Danish National Symphony Orchestra in a performance of Mahler's Symphony No. 8. The work is one of the largest-scale choral works in the classical concert repertoire and is frequently called the 'Symphony of a Thousand'. Recorded at the Opernhaus Zürich, Switzerland in 2017.
 - **1h, 59min. 2016**
 - **Directors** Not Specified
 - **Starring** Olesya Petrova, Sofia Fomina, Russel Braun
 - **Genres** Music Videos and Concerts
 - **Subtitles** None available
 - **Audio languages** English

❖ **1:30pm Dominoes** *Library

3:30pm Bingo *Commons