

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, September 26, 2022

- ❖ **10:00am Coffee and Muffins** *Bistro
- ❖ **11:00am Balance and Motion with Michael** *Commons (A)

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm “Behind the Curve”** *Commons

Flat Earthers, a term synonymous with conspiracy theorists who wear tinfoil hats. Meet real Flat Earthers, a small but growing contingent of people who firmly believe in a conspiracy to suppress the truth that the Earth is flat. One of the most prominent Flat Earthers is Mark Sargent who, in the midst of the upcoming Solar Eclipse, proudly speaks at the first Flat Earther conference.

- Streaming Prime Video
- Length 1hr, 35min
- Year 2018
- Director Daniel J. Clark
- Starring Mark Sargent, Patricia Steere
- Genres Documentary, Special Interest
- Subtitles English [CC]
- Audio English

- ❖ **3:00pm Hors d'oeuvres “International Cat Day”** *Library
- ❖ **3:30pm Bingo** *Commons (B)

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Tuesday, September 27, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

❖ **11:00am-4:00pm Tech Support with Jordan/ Marco**

- Sign up with Concierge
- specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**

- Deadline to Signup with concierge is – **(9:00 am on Tuesday)**
- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- **Safeway Grocery Store**
 - Please Be On time for pick up time.
- Weather Permitting
- Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

❖ **2:00pm Indoor/ Outdoor Walking Club**

***Commons**

Meet us in the Library

(Outdoor Walking If Weather Permitting)

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Royal Bingo**

***Commons**

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Wednesday, September 28, 2022

❖ **10:00am Coffee and Muffins**

***Bistro**

❖ **11:00am Resident Forum**

*** Commons (B)**

We want to hear from you

All residents are invited

This meeting occurs the 3rd Wednesday of each month.

❖ **1:30 pm Movie & Popcorn “Casablanca”**

***Commons (A)**

A jaded nightclub owner in war-torn Casablanca, whose loyalties are put to the test when his old flame, Ingrid Bergman, reappears to seek Rick's help in escaping from the Nazis.

- **Streaming** Prime Video
- **Year** 1943
- **Length** 1h 42m ZG
- **Directors** Michael Curtiz
- **Starring** Humphrey Bogart, Ingrid Bergman, Paul Henreid
- **Genres** Drama
- **Subtitles** English [CC]
- **Audio languages** English

❖ **2:00pm Spanish Club**

***4th Floor Country Kitchen**

❖ **3:00pm Afternoon Social & Music**

***Library**

❖ **3:30pm Balloon Tennis**

***Commons**

❖ **4:30pm COCKTAIL HOUR**

***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, September 29, 2022

- ❖ **10:00am Coffee and Muffins** ***Library**

 - ❖ **10:15pm Room Visit with Adela**

 - ❖ **11:00am Tech Support with Jordan & Marco**
 - Sign up with Concierge
 - specify your preferred support time-30 minutes per resident

 - ❖ **11:00am Tai Chi** ***Commons (B)**
- “Edward Pratt”**
- Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.
- ❖ **1:30pm Bridge Club** ***Bistro**

 - ❖ **2:00pm Fall Decoration Common Area**
Meet in the Library

 - ❖ **2:30pm Sip and paint** ***Commons (B)**

Come and paint while you enjoy a glass of wine.

 - ❖ **3:30pm Word Find** ***Library**

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Friday, September 30, 2022

- ❖ **10:00am Coffee and Muffins** *Bistro
- ❖ **11:00am Seated Exercise W/Legacy** *Commons (B)
- ❖ **1:00pm Catholic Mass & Holy Communion** *Commons
Rev. Father (Andy) Gonzalo
[Our Lady of Victory Catholic Church](#)
- ❖ **1:00pm Indoor/ Outdoor Walking Club**
Meet us in the Library
(Outdoor Walking If Weather Permitting)
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)
- ❖ **7:00 pm Movie & Popcorn “Casablanca”** *Commons (A)
A jaded nightclub owner in war-torn Casablanca, whose loyalties are put to the test when his old flame, Ingrid Bergman, reappears to seek Rick's help in escaping from the Nazis.
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Saturday, October 1, 2022

- ❖ **10:00am Coffee and Muffins** ***Library**
- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - ADELA
- ❖ **1:30 pm Movie & Popcorn “Casablanca”** ***Commons (A)**

A jaded nightclub owner in war-torn Casablanca, whose loyalties are put to the test when his old flame, Ingrid Bergman, reappears to seek Rick's help in escaping from the Nazis.

 - **Streaming** Prime Video
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 - **Directors** Michael Curtiz
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 - **Genres** Drama
 - **Subtitles** English [CC]
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- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00pm Word Find** ***Library**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Commons (B)**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, October 2, 2022

❖ **10:00am Seated Exercise Class** *Commons (B)
○ Marco

❖ **11:00 am Sunday Worship** *Commons (A)
○ Live Stream – National Presbyterian Church

- Catholic Mass - From resident's apartment- 10:30 am- The Roman catholic Archdiocese of Washington
- The Mass airs every Sunday at 10:30 a.m. on WDCW-50: ▪ RCN Ch. 15

❖ **11:30 am – 1:30pm**

Sunday Brunch

Join us every Sunday to start the week off right!
The Dining Room (Residents Only)

❖ **1:00pm “Monteverdi: L'Orfeo”** *Commons

Monteverdi's L'Orfeo was premiered in 1607 and is the oldest opera still performed today. The narrative is based on the Greek legend of Orpheus who, armed only with the weapons of music and love, descends into Hades in an attempt to bring his lost bride Eurydice back to the living world. The opera's dramatic power is brought to life in this acclaimed production conducted by the great...

- Streaming **Amazon Prime – (ch. Broadway HD)**
- **Year** **2022 ®**
- **Length** **1hr & 58min**
- **Directors** **Pauline Bayle**
- **Starring** **Luciana Mancini, Marc Mauillon, Sara Mingardo**
- **Genres** **Arts, Entertainment, and Culture**
- **Subtitles** **English**
- **Audio** **English**

3:30pm

***Commons**