

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, SEPTEMBER 19, 2022

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Armchair Travel: “Mexico”

2:30pm Hors d’oeuvres

3:00pm **Coloring!**

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, SEPTEMBER 20, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Arts & Crafts: Fall Decoration

2:30pm Hors d'oeuvres and 50s Music

3:00pm **Jumbo Dominoes**

3:30pm Pop Corn & Movie:

**“How to Marry a Millionaire” 1953 (2nd
PART)**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, SEPTEMBER 21, 2022

10:00am Coffee, Muffins with Trivia

Queen Elizabeth Quiz

10:30am **RING TOSS GAME!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:45pm Spa Session

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **Match the Shapes**

3:30pm **ROYAL BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, SEPTEMBER 22, 2022

10:00am Coffee & Muffins with Museum Access

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)
Theodore Roosevelt Island

2:30pm Putting golf with Care Team

3:15pm Hors d'oeuvres and Music w C/T

3:30pm Pop Corn & Movie:

“How to Marry a Millionaire” 1953 (2nd PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, SEPTEMBER 23, 2022

10:00am Coffee, Muffins & Gardening

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers** *Commons
With Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Symphony**

3:00pm **Uno & Card Games!**

3:30pm **BINGO with Care Team!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, SEPTEMBER 24, 2022

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Singalong

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, SEPTEMBER 25, 2022

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **SUNDAY BRUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres with Broadway show
tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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