

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, SEPTEMBER 26, 2022

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: Crafts Sticks

2:30pm Hors d'oeuvres & Harp Concerto

3:00pm **BINGO!**

3:30pm Pop Corn & Movie:

“The Littlest Rebel” 1935 (1st PART)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, SEPTEMBER 27, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am **Seated Exercises**

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm **Jumbo Dominoes**

3:30pm Singalong with Susie Q!

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, SEPTEMBER 28, 2022

10:00am Coffee, Muffins & Museum Access

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm SPA SESSION

2:30pm Hors d'oeuvres & Jazz

3:00pm **Jigsaw Puzzles**

3:30pm Remembering "Shirley Temple"

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, SEPTEMBER 29, 2022

10:00am Coffee & Muffins with Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

Alexandria: George Washington's Mt. Vernon

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm Pop Corn & Movie:

"The Littlest Rebel" 1939 (2nd PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, SEPTEMBER 30, 2022

10:00am Coffee, Muffins & Museum Access

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers** *Commons
With Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Symphony**

3:00pm **Poetry reading!**

3:30pm **BINGO with Care Team!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, OCTOBER 1 2022

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Tea and Symphony

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, OCTOBER 2, 2022

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30am **SUNDAY BRUNCH!**

1:30pm Hand Massage

2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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