

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, OCTOBER 3, 2022

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: Silhouette Pictures

2:30pm Hors d'oeuvres & Elvis' Music

3:00pm Jigsaw Puzzles

3:30pm Pop Corn & Movie:

“The African Queen” 1951 (1st PART)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, OCTOBER 4, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm Jumbo Dominoes

3:30pm Singalong with Susie Q!

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, OCTOBER 5, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm HAND MASSAGE

2:30pm Hors d'oeuvres & Jazz

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, OCTOBER 6, 2022

10:00am Coffee & Muffins with Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

Arlington: Crystal City Water Park

2:30pm Putting golf with Care Team

3:15pm Hors d'oeuvres & Music w/C.T.

3:30pm Pop Corn & Movie:

“The African Queen” 1951 (2nd PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, OCTOBER 7, 2022

World Smile Day!



10:00am Coffee, Muffins & Conversation

What make you smile?

11:00am “Laugh and Be Happy”

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm Communion and Prayers Catholic Church

2:00 pm **Queen’s High Tea**



Tea Time

2:30pm Hors d’oeuvres & Joyful Songs

3:00pm **Smiling faces coloring!**

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, OCTOBER 8, 2022

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Singalong

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, OCTOBER 9, 2022

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **SUNDAY BRUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres with Broadway show
tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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