

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, OCTOBER 24, 2022**

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: Pumpkin Decoration

2:30pm Hors d'oeuvres & Fran Sinatra

3:00pm **BINGO!**

3:30pm Pop Corn & Movie:

**“High Society” 1956 (1<sup>st</sup> PART)**

4:30pm **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, OCTOBER 25, 2022**

**10:00am** Coffee, Muffins & Armchair Travel

**10:30am** Baking Club

**11:00am** Seated Exercises

**11:30am** **LUNCH!**

**1:30pm** Walking Club

**2:30pm** Hors d'oeuvres and 50s Music

**3:00pm** Jumbo Dominoes

**3:30pm** Singalong with Susie Q!

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, OCTOBER 26, 2022**

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **HAND MASSAGE**

2:30pm **Hors d'oeuvres & Jazz**

3:00pm **Coloring Halloween**

3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, OCTOBER 27, 2022**

10:00am Coffee, Muffins & Halloween Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

*DC: Chinatown*

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm Pop Corn & Movie:

**“High Society” 1956 (2<sup>nd</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, OCTOBER 28, 2022**

10:00am Coffee, Muffins & Gardening

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers** \*Commons  
**With Rev. Father (Andy) Gonzalo**  
**Our Lady of Victory Catholic Church**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm **Hors d'oeuvres & Symphony**

3:00pm **Poetry reading!**

3:30pm **BINGO!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, OCTOBER 29 2022**

**10:00am** Coffee & Muffins with Trivia

**10:30am** Armchair Travel “Mexico”

**11:00am** **Balloon Tennis**

**11:30am** **LUNCH!**

**1:30pm** Hand Massage

**2:30pm** Hors d’oeuvres with  
50s and 60s Music

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, OCTOBER 30, 2022**

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am **Live Stream – Washington National Cathedral**

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30am **SUNDAY BRUNCH!**

1:30pm Halloween Decoration



2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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