

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, OCTOBER 31, 2022



10:00am Coffee, Muffins & Halloween Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: Pumpkin painting

2:30pm Hors d'oeuvres & Halloween Music

3:00pm **BINGO!**

3:30pm **HALLOWEEN
PARTY** In the Commons

Abracadabra Alex Magic Shows

“Come Dressed in your Halloween Costume.

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, NOVEMBER 1, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Seated Exercises

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm Jumbo Dominoes

3:30pm Singalong with Susie Q!

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, NOVEMBER 2, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm SPA SESSION

2:30pm Hors d'oeuvres & Jazz

3:00pm **Jigsaw Puzzles**

3:30pm **ROYAL BINGO!**

4:30pm **DINNER!**

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TODAY IS

THURSDAY, NOVEMBER 3, 2022

10:00am Coffee & Muffins with Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

Arlington: Pentagon City

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm Pop Corn & Movie:

“The Adams Family” (2nd PART)

4:30pm **DINNER!**

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TODAY IS

FRIDAY, NOVEMBER 4, 2022

10:00am Coffee, Muffins & Gardening

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers** *Commons
With Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Symphony**

3:00pm **Poetry reading!**

3:30pm **BINGO with Care Team!**

4:30pm **DINNER!**

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TODAY IS

SATURDAY, NOVEMBER 5, 2022

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Tea and Symphony

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY IS

SUNDAY, NOVEMBER 6, 2022

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **SUNDAY BRUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres with Broadway show
tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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