

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, NOVEMBER 7, 2022

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: Abstract Art Drawing

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Pop Corn & Movie:

“Anchors Aweigh” 1945 (1st PART)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, NOVEMBER 8, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Seated Exercises

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm Memory Lane: "Precious Moments"

3:30pm Singalong with Susie Q!

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, NOVEMBER 9, 2022

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm SPA SESSION

2:30pm Hors d'oeuvres & Jazz

3:00pm **Jumbo Dominoes**

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, NOVEMBER 10, 2022

10:00am Coffee, Muffins & Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

Maryland: Potomac

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **ROYAL BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, NOVEMBER 11, 2022

**VETERANS
DAY**

10:00am Coffee, Muffins & Armchair Travel

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH In the AL dining room!**

1:30pm Communion and Prayers *Commons
With Rev. Father (Andy) Gonzalo

Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



2:30pm Hors d'oeuvres & Symphony

3:00pm **Poetry reading!**

3:00pm **Veterans Pinning Ceremony**

In the Commons

4:30pm **DINNER!**

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TODAY IS

SATURDAY, NOVEMBER 12, 2022

10:00am Coffee & Muffins with Trivia

10:30am Armchair Travel

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Hand Massage

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, NOVEMBER 13, 2022

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30am SUNDAY BRUNCH!

1:30pm Hand Massage

2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm **Abstract Art Drawing**

4:30pm DINNER!

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