

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Word Ladder of the Week #

Warm - Cold

Instructions: In Word Ladders, you change one word into another. At each step along the way, change just one letter to make a new word.

Clues are given at each step! *Answers will be reveled during social at 3:00pm on Wednesday, January 25 at 3:00pm in the Library.*

Answers	Hint
W A R M	A comfortable heat
_ _ _ _ _	Cultivate land
_ _ _ _ _	Ticket price
_ _ _ _ _	Feel concern or interest
_ _ _ _ _	Middle of an apple
_ _ _ _ _	Wine stopper
_ _ _ _ _	Thick string
_ _ _ _ _	US manufacturer of automobiles
_ _ _ _ _	Make fit in an envelope
C O L D	Chilly

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, January 23, 2023

❖ **10:00am Trivia** *Commons (B)

❖ **11:00am Balance and Motion with Michael** *Commons (B)

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm “MLK/FBI”** *Commons

- Repeat Requested by Residents

Based on recently declassified files, Oscar-nominated filmmaker Sam Pollard explores the US government's surveillance and harassment of Martin Luther King, Jr.

- Streaming Prime Video, (13+)
- Length 1hr, 46
- Year 2021
- Director Sam Pollard
- Starring Martin Luther King, Jr., J. Edgar Hoover
- Genres Historical, Arthouse, Documentary, Special Interest
- Subtitles English [CC]
- Audio English

❖ **2:00pm Riddles with Marco** *Library

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Bingo** *Commons (B)

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Tuesday, January 24, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Commons (B)
 - With Adela

- ❖ **11:00am Tai Chi** *Commons (A)
 - With Edward- Tai Chi Instructor**

- ❖ **1:30pm Trivia and Riddles** *Commons (A)
 - Adela

- ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**
 - Deadline to Sign up with concierge is – **(9:00 am on Tuesday)**
 - Residents will have 1 hour to shop.
 - Bus Drop off & Pick UP location- **Safeway Grocery Store**
 - Please Be On time for pick up time.
 - Weather Permitting
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

- ❖ **2:00pm Indoor Walking**
 - Meet in the Library

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find with Adela** *Library

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, January 25, 2023

❖ **10:00am The Great American Trivia Quiz** *Library
○ With Adela

❖ **11:00am` Resident Forum** *Commons
All Residents are invited to attend Resident Forum

WE WANT TO HEAR FROM YOU

❖ **1:30 pm “Blended”** *Commons
Recently divorced mom Lauren (Drew Barrymore) and widowed dad Jim (Adam Sandler) let their friends push them into a blind date, which goes disastrously wrong. Unsurprisingly, neither wants to see the other ever again. However, fate intervenes when both Jim and Lauren, unbeknown to each other, purchase one-half of the same vacation package at a South African resort; they and their children are forced to share the same suite and participate in a slew of family activities together.

- **Streaming HBOMax**
- **Year** 2014, PG-13
- **Length** 1h 57m
- **Directors** Frank Coraci
- **Starring** Adam Sandler, Drew Barrymore, Kevin Nealon
- **Genres** Comedy, Romance
- **Subtitles** English [CC]

❖ **2:00pm Indoor Walking**
• Marco Meet in the Library

❖ **2:00pm Spanish Class with Marco**
4th floor Country Kitchen Northside

❖ **3:00pm Afternoon Social & Word Ladder Answers** *Library

❖ **3:30pm Bingo** *Commons (B)

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, January 26, 2023

❖ **10:00am Trivia Quiz**

○ With Adela

***Library)**

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

○ 11:30am – 4:00pm In residents’ room.

○ Sign up with Concierge

○ specify your preferred support time-30 minutes per resident

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Trivia and Riddles**

***Library**

● Adela

❖ **3:00pm Afternoon Social**

***Commons (B)**

❖ **3:30pm Balloon Tennis**

***Library**

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, January 27, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela
- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)
- ❖ **1:00pm Catholic Mass & Holy Communion**
Rev. Father (Andy) Gonzalo-
Our Lady of Victory Catholic Church
- ❖ **2:30pm Health Talk with Legacy** *Commons (A)
COVID-19: Prevention and Recovery
By KARA WILSON, CCC-SLP, REHAB DIRECTOR
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library
- ❖ **7:00 pm “Blended”** *Commons
Recently divorced mom Lauren (Drew Barrymore) and widowed dad Jim (Adam Sandler) let their friends push them into a blind date, which goes disastrously wrong. Unsurprisingly, neither wants to see the other ever again. However, fate intervenes when both Jim and Lauren, unbeknown to each other, purchase one-half of the same vacation package at a South African resort; they and their children are forced to share the same suite and participate in a slew of family activities together.
 - **Streaming HBOMax**
 - **Year** 2014, PG-13
 - **Length** 1h 57m
 - **Directors** Frank Coraci
 - **Starring** Adam Sandler, Drew Barrymore, Kevin Nealon
 - **Genres** Comedy, Romance

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, January 28, 2023

- ❖ **10:00am Trivia with Adela** ***Library**

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - ADELA

- ❖ **1:30 pm “Blended”** ***Commons**

Recently divorced mom Lauren (Drew Barrymore) and widowed dad Jim (Adam Sandler) let their friends push them into a blind date, which goes disastrously wrong. Unsurprisingly, neither wants to see the other ever again. However, fate intervenes when both Jim and Lauren, unbeknown to each other, purchase one-half of the same vacation package at a South African resort; they and their children are forced to share the same suite and participate in a slew of family activities together.

 - **Streaming** **HBOMax**
 - **Year** 2014, PG-13
 - **Length** 1h 57m
 - **Directors** Frank Coraci
 - **Starring** Adam Sandler, Drew Barrymore, Kevin Nealon
 - **Genres** Comedy, Romance

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Crosswords** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, January 29, 2023

- ❖ **10:00am Small Group Exercise Class** *Library
 - With Marco

- ❖ **10:30am Sit and Fit Exercise Class** *Commons (A)
 - With Marco

- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream

- ❖ **1:30pm Afternoon Opera “Verdi - La Traviata”** *Commons (A)

David McVicar created a beautiful staging of Giuseppe Verdi's La Traviata. Conductor Renato Palumbo plays at the Teatro Real, Madrid, with celebrated soloists Ermonela Jaho, and Francesco Demuro.

 - Streaming: Amazon Prime
 - 2015 - 2h 12minPG
 - Directors Teatro Real Madrid
 - Starring Renato Palumbo, Chorus of the Teatro Real Madrid, Ermonela Jaho
 - Genres Arts, Entertainment, and Culture
 - Subtitles English
 - Audio languages English

- ❖ **2:00pm Dominoes** *Bistro

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Bingo** *Commons (B)