

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JANUARY 16, 2023

10:00am Coffee, Muffins & Trivia

10:30am Noodle Hockey with Balloons

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts: Making Rainbows

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, JANUARY 17, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm A Reminiscence Game: My Story

3:30pm Pop Corn and Movie:

“The King And I” 1956(1st part)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, JANUARY 18, 2023

10:00am Coffee, Muffins & Trivia

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & John Denver

3:00pm **Jigsaw Puzzles**

3:30pm **Finish the Expressions**

4:00pm **SHOPPING LIST BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, JANUARY 19, 2023

10:00am Coffee, Muffins & Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Cup stacking competition!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, JANUARY 20, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **The Parachute!**

11:00am **Seated Exercises**

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers *Commons**

With Rev. Father (Andy) Gonzalo

Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Symphony

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

“The King and I” 1956(2nd part)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, JANUARY 21, 2023

10:00am Coffee & Muffins with Trivia

10:30am Armchair Travel

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Hand Massage and Face Exercises

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, JANUARY 22, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Heel or Heal? Quiz

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

12:00m BIRTHDAY BRUNCH!

2:00pm Walking Club

2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm **Abstract Art Drawing**

4:30pm DINNER!

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