

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, JANUARY 23, 2023**

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: **Daisy Photo FRAME**

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

***Daily Activities Schedule Is Subject To Change***

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, JANUARY 24, 2023**

**National compliment Day!**

10:00am Coffee, Muffins & Compliment Doc

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and 50s Music

3:00pm **Best compliments for anyone!**

3:30pm Pop Corn & Movie:

**“The Pink Panther” 1963 (1<sup>st</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, JANUARY 25, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Jazz

3:00pm **“Match Ups”**

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, JANUARY 26, 2023**

10:00am Coffee & Muffins with Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm **Putting golf** with Care Team

3:00pm **Hors d'oeuvres & Music /Care Team**

3:45pm **Finish the Proverbs**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, JANUARY 27, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:30pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm **Hors d'oeuvres & Symphony**

3:00pm **Finish the Expressions!**

3:30pm **Pop Corn & Movie:**

**"The Pink Panther" 1963 (2<sup>nd</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, JANUARY 28, 2023**

**10:00am** Coffee & Muffins with Trivia

**10:30am** Baking Club

**11:00am** **Balloon Tennis**

**11:30am** **LUNCH!**

**1:30pm** Tea and Symphony

**2:30pm** Hors d'oeuvres with  
50s and 60s Music

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, JANUARY 29, 2023**

**10:00am** Coffee, Muffins & Balloon Tennis

**10:30am** The Sound of Music Quiz

**11:00am** Sunday's Mass Live Streaming  
(National Shrine DC)

**11:30am** **SUNDAY BRUNCH!**

**1:30pm** Walking Club

**2:30pm** Hors d'oeuvres with Broadway show  
tunes

**3:30pm** **Abstract Art Drawing**

**4:30pm** **DINNER!**

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