

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask)





















A mix of Pictures and items will be placed all throughout the facility. Keep your eyes peeled throughout the next couple of days!

MARDI GRAS SCAVENGER HUNT

Resident's Name: _____

Staff Name(s): _____

LOCATION FOUND KEY: C- COMMONS; L- LIBRARY; LC- LOBBY/CONCIERGE AREA; B -BISTRO; G -GYM 4THFL; D -DINING ROOM

 <p>Bourbon Street</p> <p>LOCATION FOUND: _____</p>	 <p>Beaded Tree</p> <p>LOCATION FOUND: _____</p>	 <p>Jester</p> <p>LOCATION FOUND: _____</p>	 <p>Fleur de Lis</p> <p>LOCATION FOUND: _____</p>	 <p>Mardi Gras Parade</p> <p>LOCATION FOUND: _____</p>
 <p>King Cake</p> <p>LOCATION FOUND: _____</p>	 <p>Cajun Seasoning</p> <p>LOCATION FOUND: _____</p>	 <p>New Orleans</p> <p>LOCATION FOUND: _____</p>	 <p>Krewe of Bacchus</p> <p>LOCATION FOUND: _____</p>	 <p>Person w/ beads</p> <p>LOCATION FOUND: _____</p>
 <p>Parade Float</p> <p>LOCATION FOUND: _____</p>	 <p>French Quarter</p> <p>LOCATION FOUND: _____</p>	 <p>Brazil</p> <p>LOCATION FOUND: _____</p>	 <p>Mask</p> <p>LOCATION FOUND: _____</p>	 <p>St. Augustine Marching Band</p> <p>LOCATION FOUND: _____</p>
 <p>King of Bacchus</p> <p>LOCATION FOUND: _____</p>	 <p>Confetti</p> <p>LOCATION FOUND: _____</p>	 <p>Flambeaux's</p> <p>LOCATION FOUND: _____</p>	 <p>Doublons</p> <p>LOCATION FOUND: _____</p>	 <p>King of Rex</p> <p>FOUND: LOCATION _____</p>

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Origin

Mardi Gras is a Christian holiday and popular cultural phenomenon that dates back thousands of years to pagan spring and fertility rites. Also known as Carnival or Carnaval, it's celebrated in many countries around the world—mainly those with large Roman Catholic populations—on the day before the religious season of Lent begins. Brazil, Venice and New Orleans play host to some of the holiday's most famous public festivities, drawing thousands of tourists and revelers every year.

When is Mardi Gras?

Mardi Gras is traditionally celebrated on “Fat Tuesday,” the Tuesday before Ash Wednesday and the start of Lent. In many areas, however, Mardi Gras has evolved into week-long festival. Mardi Gras 2023 will fall on Tuesday, February 21.

What Is Mardi Gras?

Mardi Gras is a tradition that dates back thousands of years to pagan celebrations of spring and fertility, including the raucous Roman festivals of [Saturnalia](#) and [Lupercalia](#).

When [Christianity](#) arrived in Rome, religious leaders decided to incorporate these popular local traditions into the new faith, an easier task than abolishing them altogether. As a result, the excess and debauchery of the Mardi Gras season became a prelude to Lent, the 40 days of fasting and penance between Ash Wednesday and [Easter Sunday](#).

Along with Christianity, Mardi Gras spread from Rome to other European countries, including France, Germany, Spain and England.

What Does Mardi Gras Mean?

Mardi is the French word for Tuesday, and *gras* means “fat.” In France, the day before Ash Wednesday came to be known as Mardi Gras, or “Fat Tuesday.”

Traditionally, in the days leading up to Lent, merrymakers would binge on all the rich, fatty foods—meat, eggs, milk, lard and cheese—that remained in their homes, in anticipation of several weeks of eating only fish and different types of fasting.

The word *carnival*, another common name for the pre-Lenten festivities, also derives from this feasting tradition: in Medieval Latin, *carnelevarium* means to take away or remove meat, from the Latin *carnem* for meat.

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Monday, February 20, 2023



❖ **10:00am US Presidents-Trivia** *Library

❖ **11:00am Balance and Motion with Michael** *Commons (B)

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm “Jimmy Carter Man From Plains”** *Commons

President Jimmy Carter ignites a firestorm of controversy when he tours the country to promote "Palestine: Peace Not Apartheid," a new book that questions Israel's policies towards the Occupied Territories. Directed by Academy Award(r)-winner Jonathan Demme

- **Streaming Prime Video- 2hr, 00min – [PG]**
- **Year 2007**
- **Directors Jonathan Demme**
- **Starring Wolf Blitzer, Jimmy Carter, Rosalynn Carter**
- **Genres Historical, Documentary**
- **Subtitles English [CC]**
- **Audio English**

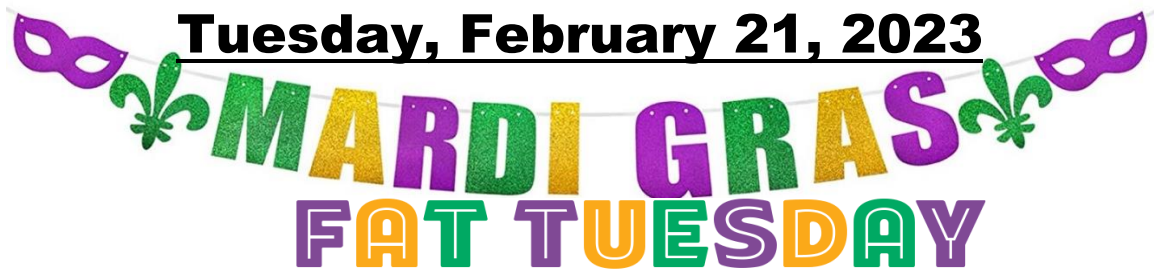
❖ **2:00pm Riddles with Marco** *Library

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Presidents Day Bingo** *Commons (B)

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Tuesday, February 21, 2023



MARDI GRAS
FAT TUESDAY

Today is the day of the scavenger hunt, and I'm sure all of us are eager to start. Participants have until 3:30 p.m. today to submit their scavenger hunt answers.

Fill out an answer sheet and drop it off in the Fat Tuesday box outside the library. All answers will be reviewed, and the winners will be announced at 4 p.m.

- ❖ 10:00am The Great American Trivia Quiz *Library
- ❖ 11:00am Tai Chi *Commons (A)
With Edward- Tai Chi Instructor
- ❖ 1:00pm Confessions with Father Andy *Chapel
- ❖ 1:30pm Scenic Van ride “Chevy Chase”
 - Weather Permitting (makeup for last week’s cancelation.)
 - Sign up with Concierge
 - Bus Loading & Departure Schedule
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - 1:25pm - Waiting list loading
 - 1:30pm - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

3:30pm – 4:30pm In the Commons

Fat Tuesday Mardi Gras Scavenger Hunt Social

3:30-4:00pm: Mardi Gras Horderves, Drinks, and Music

4:00 p.m.: The Scavenger Hunt winners will be announced.

After submissions are closed, all the answers will be reviewed and the winners of 1st, 2nd, and 3rd place will be determined
(Tiebreaker: Answer Mardi Gras Trivia)

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Wednesday, February 22, 2023

❖ **10:00am** **Guess the Country Pictionary Quiz** ***Commons**

○ Marco

❖ **11:00am`** **Resident Forum** ***Commons**

❖ **1:30 pm** **“My Cousin Vinny”** ***Commons**

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though he's only ever tried personal injury cases before, and none of them successfully.

- **Streaming HBOMax- 1hr, 52min – [PG]**
- **Year** 1992
- **Directors** **Jonathan Lynn**
- **Starring** **Joe Pesci, Ralph Macchio, Marisa Tomei**
- **Genres** **Comedy**
- **Subtitles** **English [CC]**
- **Audio** **English**

❖ **1:00pm** **CATHOLIC MASS** ***Chapel**

Ash Wednesday

Rev. Father (Andy) Gonzalo

Our Lady of Victory Catholic Church

❖ **3:00pm** **Afternoon Social & Who am I Answer** ***Library**

❖ **3:30pm** **Word Find with Adela** ***Commons (B)**

❖ **4:30pm** **COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, February 23, 2023

❖ **10:00am Trivia Quiz**
With Adela

***Library)**

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

- 11:00am – 4:00pm In residents’ room.
- Sign up with Concierge
- specify your preferred support time -30 minutes per resident

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Crosswords with Adela**

***Library**

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Balloon Tennis**

***Library**

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Friday, February 24, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela
- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)
- ❖ **1:30pm Crosswords with Adela** *Library
- ❖ **2:00pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library

❖ **7:00 pm “My Cousin Vinny”** *Commons

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though he's only ever tried personal injury cases before, and none of them successfully.

- **Streaming HBOMax- 1hr, 52min – [PG]**
- **Year** 1992
- **Directors** Jonathan Lynn
- **Starring** Joe Pesci, Ralph Macchio, Marisa Tomei
- **Genres** Comedy
- **Subtitles** English [CC]
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Saturday, February 25, 2023

❖ **10:00am Trivia with Adela**

***Library**

❖ **11:00am Seated Exercise Class**

***Commons (A)**

- ADELA

❖ **1:30 pm “My Cousin Vinny”**

***Commons**

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though he's only ever tried personal injury cases before, and none of them successfully.

- **Streaming HBOMax- 1hr, 52min – [PG]**
- **Year** 1992
- **Directors** Jonathan Lynn
- **Starring** Joe Pesci, Ralph Macchio, Marisa Tomei
- **Genres** Comedy
- **Subtitles** English [CC]
- **Audio** English

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Crosswords**

***Library**

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Bingo**

***Commons (B)**

❖ **4:30pm COCKTAIL HOUR**

***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, February 26, 2023

- ❖ **10:00am Small Group Exercise Class** ***Library**
- ❖ **11:00am Worship “National Presbyterian Church”** ***Commons (A)**
 - Live Stream

11:30 am – 1:30pm

Sunday Brunch in the Dining Room

Join us every Sunday to start the week off right!

- ❖ **1:30pm “The Flames of Paris”** ***Commons (A)**
Afternoon Ballett

Flames of Paris or The Flames of Paris is a full-length ballet in four acts, choreographed by Vasily Vainonen with the stage director Sergei Radlov to music by Boris Asafyev based on songs of the French Revolution. The libretto by Nicolai Volkov and Vladimir Dmitriev was adapted from a book by Felix Gras.

- Streaming: Amazon Prime – 1hr, 42min - 2010
- Director Alexei Ratmansky, Boris Asafiev, Pavel Sorokin, Vasily Vainonen, Vincent Bataillon
- Starring Bolshoi Ballet
- Genres Arts, Entertainment, and Culture
- Subtitles None available
- Audio English

- ❖ **2:00pm Dominoes** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Commons (B)**