

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Spot the Difference 10 to find!

Answers will be reveled during social at 3:00pm on Wednesday, Feb. 8 at 3:00pm in the Library.



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Monday, February 27, 2023

- ❖ **10:00am Trivia** *Library
- ❖ **11:00am Balance and Motion with Michael** *Commons (B)

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm “The Pez Outlaw”** *Commons

Steve Glew spent the 1990s smuggling rare Pez dispensers into the U.S. from Eastern Europe, making millions of dollars. It was all magical, until his arch-nemesis, the Pezident decided to destroy him.

- Streaming Prime Video [13+] 1hr, 27min
- Year 2022
- Director Bryan Storkel, Amy Bandlien Storkel
- Starring Steve Glew
- Genres Documentary
- Subtitles English
- Audio English

- ❖ **2:00pm Riddles with Marco** *Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)

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Tuesday, February 28, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Tai Chi** *Commons (A)
With Edward- Tai Chi Instructor

- ❖ **1:30pm Crosswords** *Library
 - Adela

- ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**
 - Deadline to Sign up with concierge is – **(9:00 am on Tuesday)**
 - Residents will have 1 hour to shop.
 - Bus Drop off & Pick UP location- **Safeway Grocery Store**
 - Please Be On time for pick up time.
 - Weather Permitting
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

- ❖ **2:00pm Indoor Walking (Weather Permitting)**
 - Meet in the Library

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find with Adela** *Library

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Wednesday, March 1, 2023

- ❖ **10:00am** **Guess the Country Pictionary Quiz** *Commons
 o Marco

- ❖ **11:00am`** **Seated Exercise with Owen** *Commons

- ❖ **1:30 pm** **“Armageddon Time”** *Commons
James Gray returns with a big-hearted coming-of-age story that explores friendship and loyalty, bigotry and racial tension, against the backdrop of an America poised to elect Ronald Reagan as president... themes that remain as relevant as ever today. Long synopsis: Queens, New York. The 1980s.
 - **Streaming Prime Video- 1hr, 54 min**
 - **Year** **2022**
 - **Directors** **James Gray**
 - **Starring** **Anne Hathaway, Jeremy Strong, Anthony Hopkins**
 - **Genres** **Drama, Arts, Entertainment, and Culture**
 - **Subtitles** **English [CC]**
 - **Audio** **English**

- ❖ **2:00pm Indoor Walking**
 - Adela Meet in the Library

- ❖ **2:00pm** **Spanish Class with Marco**
 4th floor Country Kitchen Northside

- ❖ **3:00pm Afternoon Social & Who am I Answer** *Library

- ❖ **3:30pm** **Word Find with Adela** *Commons (B)

- ❖ **4:30pm** **COCKTAIL HOUR** *Bistro
 Featuring themed Cocktail & Wine & Beer

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Thursday, March 2, 2023

❖ **10:00am Trivia Quiz**

○ With Adela

***Library)**

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

○ 11:30am – 4:00pm In residents’ room.

○ Sign up with Concierge

○ specify your preferred support time-30 minutes per resident

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Crosswords with Adela**

***Library**

❖ **3:00pm Afternoon Social**

***Commons (B)**

❖ **3:30pm Balloon Tennis**

***Commons**

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Friday, March 3, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)

- ❖ **1:00pm Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo-
Our Lady of Victory Catholic Church

- ❖ **2:00pm Dominoes** *Bistro
 - With Adela

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find** *Library

- ❖ **7:00 pm “Armageddon Time”** *Commons
James Gray returns with a big-hearted coming-of-age story that explores friendship and loyalty, bigotry and racial tension, against the backdrop of an America poised to elect Ronald Reagan as president... themes that remain as relevant as ever today. Long synopsis: Queens, New York. The 1980s.
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Saturday, February March 4, 2023

- ❖ **10:00am Trivia with Adela** ***Library**
- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - ADELA
- ❖ **1:30 pm “Armageddon Time”** ***Commons**

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 - **Streaming Prime Video- 1hr, 54 min**
 - **Year** **2022**
 - **Directors** **James Gray**
 - **Starring** **Anne Hathaway, Jeremy Strong, Anthony Hopkins**
 - **Genres** **Drama, Arts, Entertainment, and Culture**
 - **Subtitles** **English [CC]**
 - **Audio** **English**
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00pm Crosswords** ***Library**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Commons (B)**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

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Sunday, March 5, 2023

- ❖ **10:00am Small Group Exercise Class** *Library
- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream

11:30 am – 1:30pm

Sunday Brunch in the Dining Room

Join us every Sunday to start the week off right!

- ❖ **1:30pm “Bolshoi Ballet”** *Commons (A)

Don Quixote

Bolshoi Ballet, Don Quixote. A complete 1978 performance of this classic ballet stars the magnificent Nadezhda Pavlova and Vyacheslav Gordeev; the Bolshoi Theatre Orchestra is conducted by Alexander Kopilov.

- Streaming: Amazon Prime – 1hr, 35min - 1972
- Starring Marius Petipa, Alexander Gorsky, Nadezhda Pavlova
- Genres Arts, Entertainment, & Culture
- Subtitles English

- ❖ **2:00pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)