

***Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side***



There was once an idiotic and plain Dude  
Who thought he could mess with altitude  
He jumped from a building  
Causing massive billowing  
And became the most boring and utter prude

There was once two cats from Kilkenny  
Each thought that was one cat too many  
So they started to fight  
And to scratch and to bite  
Now, instead of two cats, there aren't any.

There was a young schoolboy of Rye  
Who was baked by mistake in a pie  
To his mother's disgust  
He emerged through the crust,  
And exclaimed, with a yawn, 'Where am I?'

There was a bold irate man of Boulder  
Whose cutlass was slung from his shoulder  
He'd mighty fine notions  
Of plundering oceans,  
But his mum said: 'Perhaps, when you're older.'

There was once a tiger who escaped at eleven  
From the Aplington Zoo, down in Devon  
He was searching the streets  
For some fresh crunchy treats  
But I caught him in verse – thank heaven!

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## **Monday, March 13, 2023**

- ❖ **10:00am Trivia** \*Library
- ❖ **11:00am Balance and Motion with Michael** \*Commons (B)

### **“Michael Rosengart”**

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm “One Million Dubliners”** \*Commons

**Glasnevin Cemetery is the final resting place of 1.5 million souls; it is Ireland's national necropolis. ONE MILLION DUBLINERS reveals the often unspoken stories of ritual, loss, redemption, emotion, history - and the business of death.**

- Streaming Prime Video [7+]
- 1hr, 19min
- Year 2015
- Director Aoife Kelleher
- Genres Special Interest
- Subtitles English
- Audio English

- ❖ **2:00pm Riddles with Marco** \*Library
- ❖ **3:00pm Afternoon Social** \*Library
- ❖ **3:30pm St. Patrick’s Bingo** \*Commons (B)

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## **Tuesday, March 14, 2023**

- ❖ **10:00am The Great American Trivia Quiz** \*Library
  - With Adela
  
- ❖ **11:00am Tai Chi** \*Commons (A)  
**With Edward- Tai Chi Instructor**
  
- ❖ **1:30pm Crosswords** \*Library
  - Adela
  
- ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**
  - Deadline to Sign up with concierge is – **(9:00 am on Tuesday)**
  - Residents will have 1 hour to shop.
  - Bus Drop off & Pick UP location- **Safeway Grocery Store**
    - Please Be On time for pick up time.
  - Weather Permitting
  - Bus Loading & Departure Schedule
    - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
    - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
    - **1:25pm** - Waiting list loading
    - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.
  
- ❖ **2:00pm Indoor Walking (Weather Permitting)**
  - Meet in the Library
  
- ❖ **3:00pm Afternoon Social** \*Library
  
- ❖ **3:30pm Word Find with Adela** \*Library

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### **Wednesday, March 15, 2023**

- ❖ **10:00am**      **Guess the Country Pictionary Quiz**      **\*Commons**
  - Marco
  
- ❖ **11:00am`**      **Seated Exercise with Owen**      **\*Commons**
  
- ❖ **1:30 pm**      **“Armageddon Time”**      **\*Commons**

After accidentally killing an opponent in the ring, boxer Sean Thornton leaves America and returns to his native Ireland, hoping to buy his family's homestead and live in peace. In doing so, he runs afoul of Will Danaher, who long coveted the property. Spitefully, will objects when his fiery sister, Mary Kate, begins a romance with Sean, and refuses to hand over her dowry.

  - **Streaming Prime Video- 2hr, 9min**
  - **Year**      **1952**
  - **Directors**      **John Ford**
  - **Starring**      **John Wayne, Maureen O'Hara, Barry Fitzgerald**
  - **Genres**      **Comedy, Drama, Romance**
  - **Subtitles**      **English [CC]**
  - **Audio**      **English**
  
- ❖ **2:00pm Indoor Walking**
  - Adela Meet in the Library
  
- ❖ **2:00pm**      **Spanish Class with Marco**  
   **4<sup>th</sup> floor Country Kitchen Northside**
  
- ❖ **3:00pm Afternoon Social & Who am I Answer**      **\*Library**
  
- ❖ **3:30pm**      **Word Find with Adela**      **\*Commons (B)**
  
- ❖ **4:30pm**      **COCKTAIL HOUR**      **\*Bistro**

Featuring themed Cocktail & Wine & Beer

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## **Thursday, March 16, 2023**

❖ **10:00am Trivia Quiz**

○ With Adela

**\*Library)**

❖ **11:00am Tai Chi**

**\*Commons (B)**

### **“Edward Pratt”**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

○ 11:30am – 4:00pm In residents’ room.

○ Sign up with Concierge

○ specify your preferred support time-30 minutes per resident

❖ **1:30pm Bridge Club**

**\*Bistro**

❖ **2:00pm Crosswords with Adela**

**\*Library**

❖ **3:00pm Afternoon Social**

**\*Commons (B)**

❖ **3:30pm Balloon Tennis**

**\*Commons**

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**Friday, March 17, 2023**

**Happy St. Patrick's Day!!!**



- ❖ 10:00am Irish Trivia \*Library
- ❖ 11:00am Exercise with Legacy Rehab \*Commons (B)
- ❖ 1:00pm Catholic Mass & Holy Communion \*Chapel

**Rev. Father (Andy) Gonzalo-  
Our Lady of Victory Catholic Church**

- ❖ 2:00pm Dominoes \*Bistro
- ❖ 3:00pm St. Patrick's Day Celebration  \*Commons  
**With Music, Dancing, Refreshments, and Irish Beer**

- ❖ 7:00 pm "Armageddon Time" \*Commons  
 After accidentally killing an opponent in the ring, boxer Sean Thornton leaves America and returns to his native Ireland, hoping to buy his family's homestead and live in peace. In doing so, he runs afoul of Will Danaher, who long coveted the property. Spitefully, will objects when his fiery sister, Mary Kate, begins a romance with Sean, and refuses to hand over her dowry.

- Streaming Prime Video- 2hr, 9min
- Year 1952
- Directors John Ford
- Starring John Wayne, Maureen O'Hara, Barry Fitzgerald
- Genres Comedy, Drama, Romance
- Subtitles English [CC]
- Audio English

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## **Saturday, March 18, 2023**

- ❖ **10:00am Trivia with Adela** **\*Library**
- ❖ **11:00am Seated Exercise Class** **\*Commons (A)**
  - ADELA
- ❖ **1:30 pm “Armageddon Time”** **\*Commons**

After accidentally killing an opponent in the ring, boxer Sean Thornton leaves America and returns to his native Ireland, hoping to buy his family's homestead and live in peace. In doing so, he runs afoul of Will Danaher, who long coveted the property. Spitefully, will objects when his fiery sister, Mary Kate, begins a romance with Sean, and refuses to hand over her dowry.

  - Streaming Prime Video- 2hr, 9min
  - Year 1952
  - Directors John Ford
  - Starring John Wayne, Maureen O'Hara, Barry Fitzgerald
  - Genres Comedy, Drama, Romance
  - Subtitles English [CC]
  - Audio English
- ❖ **1:30pm Bridge Club** **\*Bistro**
- ❖ **2:00pm Crosswords** **\*Library**
- ❖ **3:00pm Afternoon Social** **\*Library**
- ❖ **3:30pm Bingo** **\*Commons (B)**
- ❖ **4:30pm COCKTAIL HOUR** **\*Bistro**

Featuring themed Cocktail & Wine & Beer

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## **Sunday, March 19, 2023**

- ❖ **10:00am Small Group Exercise Class** \*Library
- ❖ **11:00am Worship “National Presbyterian Church”** \*Commons (A)
  - Live Stream

11:30 am – 1:30pm

### **Sunday Brunch in the Dining Room**

**Join us every Sunday to start the week off right!**

- ❖ **1:30pm “Mozart - Violin Sonatas”** \*Commons (A)

The brother and sister duo Gil and Orli Shaham perform a selection of violin sonatas by the Austrian master in the Palais Daun-Kinsky in Vienna. This recording is brimming with energy and fearlessness, tempered by a deep understanding of, and respect for, the music. Chamber Music.

- Streaming: Amazon Prime – 1hr, 38min - 2006
- Starring Gil Shaham, Orli Shaham
- Genres Music Videos and Concerts
- Subtitles English

- ❖ **2:00pm Dominoes** \*Bistro
- ❖ **3:00pm Afternoon Social** \*Library
- ❖ **3:30pm Bingo** \*Commons (B)