

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Answers will be reveled during social at 3:00pm on Wednesday, March 29 at 3:00pm in the Library.

Who am I?

1)

I was born on October 13, 1925 in Grantham, England.

I was a British politician and the longest-serving British prime minister of the 20th century.

I am also the only woman ever to have held the job.

I was nicknamed "he Iron lady" and I am famous for saying: "If you want something said, ask a man; if you want something done, ask a woman."

A movie about my life and career was made in 2011 starring Meryl Streep.

2)

I was born in England on the 12th of May, 1820.

I became a social reformer; statistician and I am known as the founder of modern nursing.

I came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which I organized care for wounded soldiers at Constantinople.

In 1860, I laid the foundation of professional nursing with the establishment of my nursing school in London.

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Monday, March 27, 2023

❖ **11:00am Balance and Motion with Michael *Commons (B)**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm “He Named Me Malala” *Commons**

Repeated by popular demand

Malala Yousafzai is a Pakistani activist who famously spoke out on girls’ education. He Named Me Malala looks at the events leading up to her attack from the Taliban and the aftermath that followed. This heartfelt documentary is inspiring and very touching.

- Streaming Prime Video [PG-13 1hr, 28min
- Year 2015
- Director Davis Guggenheim
- Starring Malala Yousafzai, Mobin Khan
- Genres Documentary
- Subtitles English
- Audio English

❖ **3:00pm Afternoon Social *Library**

❖ **3:30pm Bingo *Commons (B)**

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Tuesday, March 28, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Tai Chi** *Commons (A)
With Edward- Tai Chi Instructor

- ❖ **1:30pm Crosswords** *Library
 - Adela

- ❖ **1:30pm Scenic Van ride “Cheery Blossom” (Kenwood)**
 - Weather Permitting (makeup for last week’s cancelation.)
 - Sign up with Concierge
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

- ❖ **1:30pm Grand Oaks Book Club** *Commons
Reintroduction Meeting

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find with Adela** *Library

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Thursday, March 30, 2023

❖ **10:00am Trivia Quiz**

○ With Adela

***Library)**

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

○ 11:30am – 4:00pm In residents’ room.

○ Sign up with Concierge

○ specify your preferred support time-30 minutes per resident

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Crosswords with Adela**

***Library**

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Balloon Tennis**

***Commons**

❖ **5:00pm Trivia Night**

***Commons**

• **Form teams of 3 and compete for prizes.**

• **Bring your friends and your brain power for an exciting night.**

• **Don’t have a team? No problem, help will be provided to form one**

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Friday, March 31, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)

- ❖ **1:00pm Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo-
Our Lady of Victory Catholic Church

- ❖ **2:00pm Dominoes** *Bistro
 - With Adela

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find** *Library

- ❖ **7:00 pm “Everything Everywhere All At Once”** *Commons
The fate of the world lies in the hands of an overwhelmed immigrant mother. As bizarre and bewildering dangers emerge from the many possible universes, she must learn to channel her newfound powers and fight to save everyone.
 - **Streaming Prime Video- 2hr,139min (16+)**
 - **Year 2022**
 - **Directors Daniel Scheinert, Dan Kwan**
 - **Starring Michelle Yeoh, Stephanie Hsu, Ke Huy Quan**
 - **Genres Science Fiction, Comedy, Action, Adventure, Fantasy,**
 - **Audio English**

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Saturday, April 1, 2023

- ❖ **10:00am Trivia** ***Library**
 - Adela

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - Adela

- ❖ **1:30 pm “Everything Everywhere All At Once”** ***Commons**

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 - Streaming Prime Video- 2hr,139min (16+)
 - **Year** 2022
 - **Directors** Daniel Scheinert, Dan Kwan
 - **Starring** Michelle Yeoh, Stephanie Hsu, Ke Huy Quan
 - **Genres** Science Fiction, Comedy, Action, Adventure, Fantasy,
 - **Audio** English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00p**
- ❖ **m Crosswords** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, April 2, 2023

- ❖ **10:00am Small Group Exercise Class** *Library
- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream

11:30 am – 1:30pm

Sunday Brunch in the Dining Room

Join us every Sunday to start the week off right!

- ❖ **1:30pm “Mozart's The Magic Flute - Die Zauberflöte”** *Commons (A)
Julia Jones conducts The Royal Opera’s spell-binding production of Mozart’s The Magic Flute with a cast including Roderick Williams as Papageno.
 - Streaming: Amazon Prime – 1hr, 40min - 2016
 - Directors David McVicar, Julia Jones
 - Starring Royal Opera House
 - Genres Arts, Entertainment, and Culture
 - Subtitles English
- ❖ **2:00pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)