

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Word Ladder -Sur - Sand

Answers will be revealed during social at 3:00pm on
Wednesday, March 8 at 3:00pm in the Library

Instruction: In word ladders, you change one word into another. At each step along the way, change just one letter to make a new word. Clues are given at each step!

Answers	Hint
SURF	Sound heard at the beach
— — — —	Absolutely certain
— — — —	Fish tempter
— — — —	Preserve meat
— — — —	Basis of cheese
— — — —	Christmas greeting on stiff paper
— — — —	Solid
— — — —	The end of your arm, beyond the wrist
— — — —	Finish a flight
SAND	Beach grains

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, March 6, 2023

- ❖ **10:00am Trivia** ***Library**
- ❖ **11:00am Balance and Motion with Michael** ***Commons (B)**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm “The Pez Outlaw”** ***Commons**

Steve Glew spent the 1990s smuggling rare Pez dispensers into the U.S. from Eastern Europe, making millions of dollars. It was all magical, until his arch-nemesis, the Pezident decided to destroy him.

- Streaming Prime Video [13+] 1hr, 27min
- Year 2022
- Director Bryan Storkel, Amy Bandlien Storkel
- Starring Steve Glew
- Genres Documentary
- Subtitles English
- Audio English

- ❖ **2:00pm Riddles with Marco** ***Library**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Commons (B)**

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Tuesday, March 7, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Tai Chi** *Commons (A)
With Edward- Tai Chi Instructor

- ❖ **1:30pm Crosswords** *Library
 - Adela

- ❖ **1:30pm Scenic Van ride**
“Kenwood Cherry Blossoms in Bethesda Maryland
 - Weather Permitting (makeup for last week’s cancelation.)
 - Sign up with Concierge
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

- ❖ **2:00pm Indoor Walking (Weather Permitting)**
 - Meet in the Library

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find with Adela** *Library

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, March 8, 2023

❖ **10:00am** **Guess the Country Pictionary Quiz** ***Commons**
 ○ Marco

❖ **11:00am`** **Seated Exercise with Owen** ***Commons**

❖ **1:30 pm** **“Murder on the Orient Express”**
 ***Commons**

When a snowstorm stops the Orient Express train in its tracks, famed detective Hercule Poirot (Albert Finney) finds himself in the middle of a murder mystery where everyone on board is a suspect. Adapted from Agatha Christie’s classic novel.

- **Streaming Prime Video- 2hr, 7 min**
- **Year** **1974**
- **Directors** **Sidney Lumet**
- **Starring** **Albert Finney, Lauren Bacall, Martin Balsam**
- **Genres** **Suspense, Drama, International**
- **Subtitles** **English [CC]**
- **Audio** **English**

❖ **2:00pm Indoor Walking**
 • Adela Meet in the Library

❖ **2:00pm** **Spanish Class with Marco**
 4th floor Country Kitchen Northside

❖ **3:00pm Afternoon Social & Who am I Answer** ***Library**

❖ **3:30pm** **Word Find with Adela** ***Commons (B)**

❖ **4:30pm** **COCKTAIL HOUR** ***Bistro**
 Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, March 9, 2023

❖ **10:00am Trivia Quiz**

○ With Adela

***Library)**

❖ **11:00am Tai Chi**

***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **11:00am Tech Support with Jordan & Marco**

○ 11:30am – 4:00pm In residents’ room.

○ Sign up with Concierge

○ specify your preferred support time-30 minutes per resident

❖ **1:30pm Bridge Club**

***Bistro**

❖ **2:00pm Crosswords with Adela**

***Library**

❖ **3:00pm Afternoon Social**

***Commons (B)**

❖ **3:30pm Balloon Tennis**

***Commons**

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, March 10, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)

- ❖ **1:00pm Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo-
Our Lady of Victory Catholic Church

- ❖ **2:00pm Dominoes** *Bistro
 - With Adela

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find** *Library

- ❖ **7:00 pm “Murder on the Orient Express”** *Commons
When a snowstorm stops the Orient Express train in its tracks, famed detective Hercule Poirot (Albert Finney) finds himself in the middle of a murder mystery where everyone on board is a suspect. Adapted from Agatha Christie’s classic novel.
 - **Streaming Prime Video- 2hr, 7 min**
 - **Year 1974**
 - **Directors Sidney Lumet**
 - **Starring Albert Finney, Lauren Bacall, Martin Balsam**
 - **Genres Suspense, Drama, International**
 - **Subtitles English [CC]**
 - **Audio English**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Saturday, February March 11, 2023

- ❖ **10:00am Trivia with Adela** ***Library**
- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - ADELA
- ❖ **1:30 pm “Murder on the Orient Express”**
***Commons**

When a snowstorm stops the Orient Express train in its tracks, famed detective Hercule Poirot (Albert Finney) finds himself in the middle of a murder mystery where everyone on board is a suspect. Adapted from Agatha Christie’s classic novel.

 - Streaming Prime Video- 2hr, 7 min
 - Year 1974
 - Directors Sidney Lumet
 - Starring Albert Finney, Lauren Bacall, Martin Balsam
 - Genres Suspense, Drama, International
 - Subtitles English [CC]
 - Audio English
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00pm Crosswords** ***Library**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Commons (B)**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, March 12, 2023

- ❖ **10:00am Small Group Exercise Class** *Library
- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream

11:30 am – 1:30pm

Sunday Brunch in the Dining Room

Join us every Sunday to start the week off right!

- ❖ **1:30pm “The Flames of Paris”** *Commons (A)

A tale of the French Revolution, the Flames of Paris belongs to the pearls of the pure classics of classical dance.

 - Streaming: Amazon Prime – 1hr, 42min – 2010
 - **Directors** Alexei Ratmansky, Boris Asafiev, Pavel Sorokin, Vasily Vainonen, Vincent Bataillon
 - **Starring** Bolshoi Ballet
 - **Genres** Arts, Entertainment, & Culture
 - **Subtitles** None Available
 - **Audio** English
- ❖ **2:00pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)