

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, MARCH 6, 2023

10:00am Coffee, Muffins & Trivia: “It Happened in March”

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: **Crafts Sticks**

2:30pm Hors d’oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, MARCH 7, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:15am Table Tennis!

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Jazz & Blues

3:00pm Jumbo Dominoes

3:30pm Pop Corn & Movie:

“My Fair Lady” 1964 (1st PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, MARCH 8, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **BEAN BAG NUMBER TOSS!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & John Denver

3:00pm **“Match Ups”**

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!**

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TODAY IS

THURSDAY, MARCH 9, 2023

10:00am Coffee & Muffins with Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)
“Kenwood Cherry Blossoms in Bethesda Maryland”

2:30pm Putting golf with Care Team

3:00pm Hors d’oeuvres & Music /Care Team

3:45pm A Reminiscence Game: “My Story”

4:30pm **DINNER!**

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TODAY IS

FRIDAY, MARCH 10, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:00pm Communion and Prayers *Commons
With Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Symphony

3:00pm **Finish the Expressions!**

3:30pm Pop Corn & Movie:

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“My Fair Lady” 1964 (2nd PART)

4:30pm **DINNER!**

SATURDAY, MARCH 11, 2023

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Tea and Symphony

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

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4:30pm **DINNER!**

SUNDAY, MARCH 12, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **BIRTHDAY BRUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres with Broadway show
tunes

3:00pm **“Match Ups”**

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3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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