

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, MARCH 13, 2023

10:00am Coffee, Muffins & Trivia

10:30am Noodle Hockey with Balloons

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts: Little Leprechaun Hats

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, MARCH 14, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm Jigsaw Puzzles

3:30pm Pop Corn and Movie:

“Dancing at Lughnasa” 1998 (1st part)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, MARCH 15, 2023

10:00am Coffee, Muffins & Trivia: Superstitions

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Le Carnaval des

Animaux by Camille Saint-Saens

3:00pm **BINGO!**

3:30pm **French Club (Club François)**

4:00pm **French BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, MARCH 16, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Cup stacking competition!**

4:30pm **DINNER!**

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TODAY IS

FRIDAY, MARCH 17, 2023

Happy St. Patrick's Day!!!



10:00am Coffee, Muffins & **Lucky Charms and Superstition Trivia!**

10:30am Irish Blessings!

11:00am **Seated Exercises with Alba**

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:00pm Communion and Prayers *Commons
With Rev. Father (Andy) Gonzalo

2:00 pm **Queen's High Tea**



Tea Time

2:30pm St. Patrick's Day Celebration

Hors d'oeuvres & Irish Music

3:00pm **Coloring St Patricks Day Posters!**

3:30pm Pop Corn & Movie:

"Dancing at Lughnasa" 1998(2nd part)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, MARCH 18, 2023

10:00am Coffee & Muffins with Trivia

10:30am Armchair Travel

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Hand Massage

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, MARCH 19, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

12:00m **SUNDAY BRUNCH!**

2:00pm Walking Club

2:30pm Hors d'oeuvres with Broadway show tunes

3:00pm **“Match Ups”**

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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