

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, MARCH 20, 2023**

**First day of Spring!**

10:00am Coffee, Muffins & Trivia: “Spring Quiz”

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: **Papier Mâché Work**

2:30pm Hors d’oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

***Daily Activities Schedule Is Subject To Change***

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, MARCH 21, 2023**

**World Poetry Day!**

10:00am Coffee, Muffins & Trivia:

“Poets & Poems Quiz”

10:30am Baking Club

11:15am Multicultural Poems

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d’oeuvres and Jazz & Blues

3:00pm **Poetry Prompts for Gratitude**

3:30pm Pop Corn & Movie:

**“The King’s Speech” 2010 (1<sup>st</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, MARCH 22, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart

3:00pm **“Match Ups”**

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, MARCH 23, 2023**

**World Meteorological Day!**

10:00am Coffee, Muffins & Meteorology Quiz

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm Scenic Van Ride (*Weather Permitting*)  
(*Cherry Blossom: Tidal Basin*)

2:30pm Weather Reminiscing

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm Nature **BINGO!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, MARCH 24, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **CORN HOLE GAME!**

11:00am Seated Exercises

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:00pm **Communion and Prayers** \*Commons  
**With Rev. Father (Andy) Gonzalo**

2:00 pm **Queen's High Tea**



2:30pm Hors d'oeuvres & Symphony

3:00pm **Finish the Expressions!**

3:30pm Pop Corn & Movie:

**“The King’s Speech” 2010 (2<sup>nd</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, MARCH 25, 2023**

**10:00am** Coffee & Muffins with Trivia

**10:30am** Baking Club

**11:00am** **Balloon Tennis**

**11:30am** **LUNCH!**

**1:30pm** Tea and Symphony

**2:30pm** Hors d'oeuvres with  
50s and 60s Music

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, MARCH 26, 2023**

**10:00am** Coffee, Muffins & Balloon Tennis

**10:30am** Bible Study & Hymns

**11:00am** Sunday's Mass Live Streaming  
(National Shrine DC)

**11:30am** **SUNDAY BRUNCH!**

**1:30pm** Walking Club

**2:30pm** Hors d'oeuvres and Beethoven

**3:30pm** **Abstract Art Drawing**

**4:30pm** **DINNER!**

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