

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Answers will be revealed during the afternoon social on Wednesday at 3:00 p.m. in the Library.

What Am I? Animal Quiz

- 1. I have 4 legs and a tail. I have whiskers. People like to keep me as a pet. What am I? _____**
- 2. I am a bird. I can swim but I can't fly. I am black and white. What am I? _____**
- 3. I have a pouch on my belly. I am a marsupial. I live in Australia. What am I? _____**
- 4. I am a long, legless reptile, often found slithering in grassy areas. What am I? _____**
- 5. I am a bird and I am nocturnal. I can rotate my head 180 degrees. What am I? _____**

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Monday, April 17, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
- ❖ **11:00am Balance and Motion with Michael** *Commons (B)
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm “The Men Who Built America”** *Commons
1 season 8 episodes – Streaming 2 Episodes a Week

Rockefeller, Vanderbilt, Carnegie, Astor, Ford and Morgan. Their names are part of history and synonymous with the American dream. These men transformed every industry they touched: oil, rail, steel, shipping, automobiles, and finance.

S1 E5 - A New Rival Emerges, 44min

While Carnegie and Rockefeller continue to battle, JP Morgan arrives on the scene and establishes a bank in New York City that has one goal: to further the technological advancements of America.

S1 E6 - Owning It All, 44min

With an investment from Morgan, the Edison Electric Company is created and begins wiring homes in New York. A rival, Nikola Tesla, soon emerges with a different technology for electric light.

- Streaming Prime Video [TV-PG]
- Year 2012
- Director Ruán Magan, Patrick Reams
- Genres Documentary, Historical, and Finance.
- Subtitles English
- Audio English

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)

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Tuesday, April 18, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Tai Chi** *Commons (A)
With Edward- Tai Chi Instructor

- ❖ **1:30pm Grand Oaks Book Club** *Commons
“The Personal Librarian”
By: [Marie Benedict](#) & [Victoria Christopher Murray](#)

- ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**
 - Deadline to Sign up with concierge is – (9:00 am on Tuesday)
 - Residents will have 1 hour to shop.
 - Bus Drop off & Pick UP location- **Safeway Grocery Store**
 - Please Be On time for pick up time.
 - Weather Permitting
 - Bus Loading & Departure Schedule
 - **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - **1:20pm** -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - **1:25pm** - Waiting list loading
 - **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Word Find with Adela** *Library

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Wednesday, April 19, 2023

- ❖ 10:00am Trivia with Marco *Library
- ❖ 11:00am` Seated Exercise with Owen *Library
- ❖ 1:30 pm “Linoleum” *Commons

When the host of a failing children's science show tries to fulfill his childhood dream of becoming an astronaut by building a rocket ship in his garage, a series of bizarre events occur that cause him to question his own reality.

- Streaming Prime Video- 1hr, 41min (PG-13)
- Year 2023
- Directors Colin West
- Starring Tom Hanks, Helena Zengel
- Genres Jim Gaffigan, Rhea Seehorn, Katelyn Nacon
- Audio English

- ❖ 2:00pm Indoor Walking
 - Meet in the Library
- ❖ 3:00pm Afternoon Social & Who am I Answer *Library
- ❖ 3:30pm Word Find with Adela *Library
- ❖ 4:30pm COCKTAIL HOUR *Bistro
Featuring themed Cocktail & Wine & Beer

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Thursday, April 20, 2023

- ❖ **10:00am Trivia Quiz** ***Library)**
 - With Adela

- ❖ **11:00am Tai Chi** ***Commons (B)**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

- ❖ **11:00am Tech Support with Jordan & Marco**
 - **11:30am – 4:00pm In residents’ room.**
 - **Sign up with Concierge**
 - **specify your preferred support time-30 minutes per resident**

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00pm Crosswords** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Balloon Tennis** ***Commons**

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Friday, April 21, 2023

- ❖ **10:00am The Great American Trivia Quiz** *Library
 - With Adela

- ❖ **11:00am Exercise with Legacy Rehab** *Commons (B)

- ❖ **1:00pm Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo-
Our Lady of Victory Catholic Church

- ❖ **2:00opm Dominoes** *Bistro

- ❖ **3:00pm Afternoon Social** *Library

- ❖ **3:30pm Happy Hour with live** *Commons

- ❖ **7:00 pm “Linoleum”** *Commons
When the host of a failing children's science show tries to fulfill his childhood dream of becoming an astronaut by building a rocket ship in his garage, a series of bizarre events occur that cause him to question his own reality.
 - **Streaming Prime Video- 1hr, 41min (PG-13)**
 - **Year 2023**
 - **Directors Colin West**
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Saturday, April 22, 2023

- ❖ **10:00am Trivia** ***Library**
 - Adela

- ❖ **11:00am Seated Exercise Class** ***Commons (A)**
 - Adela

- ❖ **1:30 pm “Linoleum”** ***Commons**

When the host of a failing children's science show tries to fulfill his childhood dream of becoming an astronaut by building a rocket ship in his garage, a series of bizarre events occur that cause him to question his own reality.

 - Streaming Prime Video- 1hr, 41min (PG-13)
 - Year 2023
 - Directors Colin West
 - Starring Tom Hanks, Helena Zengel
 - Genres Jim Gaffigan, Rhea Seehorn, Katelyn Nacon
 - Audio English

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00p Crosswords** ***Library**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Commons (B)**

- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, April 23, 2023

- ❖ **10:00am Small Group Exercise Class** *Commons
- ❖ **11:00am Worship “National Presbyterian Church”** *Commons (A)
 - Live Stream

11:30 am ~ 1:30pm

SUNDAY BRUNCH

IN THE DINING ROOM

- ❖ **1:30pm Dominoes** *Bistro
- ❖ **2:00pm “Alice's Adventures in Wonderland”** *Commons (A)

Alice’s Adventures in Wonderland bursts onto the stage with explosion of colour, stage magic and inventive, sophisticated choreography

 - **Streaming: Amazon Prime – 2hr, 6min - 2017**
 - **Directors** Koen Kessels
 - **Starring** Royal Ballet
 - **Genres** Arts, Entertainment, and Culture
 - **Subtitles** None Available
 - **Audio** English
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Commons (B)