

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, MAY 1, 2023

10:00am Coffee, Muffins & Trivia

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: **Papier Mâché Work**

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, MAY 2, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Baking Club

11:15am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Jazz & Blues

3:00pm Jigsaw Puzzles

3:30pm Pop Corn & Movie:

“Anchors Aweigh” 1945 (1st PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, MAY 3, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **Neurobic Exercises!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart Music

3:00pm **“Match Ups”**

3:30pm **French Club (Club François)**

4:00pm **French T.V. Show:**
“Chef Table France”

4:30pm **DINNER!**

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TODAY IS

THURSDAY, MAY 4, 2023

10:00am Coffee, Muffins & Trivia

10:30am **Math Club!**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Cup stacking competition!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, MAY 5, 2023



10:00am Coffee, Muffins & Armchair Travel: Mexico

10:30am Cinco de Mayo History and Trivia

11:00am Seated Exercises with Alba

12:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:00pm Catholic Mass in the Chapel

2:00 pm Making “Margarita Mocktail”

2:30pm Hors d’oeuvres & Mexican Music

3:00pm **Mexican Word Game!**

3:30pm Pop Corn & Movie:

“Anchors Aweigh” 1945 (2nd PART)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, MAY 6, 2023

10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Tea and Symphony

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, MAY 7, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Beethoven

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

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