

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, JUNE 5, 2023**

**10:00am** Coffee, Muffins & Armchair Travel

**10:30am** Noodle Hockey with Balloons

**11:00am** Sit & Fit with Legacy

**11:30am** **LUNCH**

**1:30pm** Arts & Crafts: **Bird House Painting**

**2:30pm** Hors d'oeuvres & Frank Sinatra

**3:00pm** **BINGO!**

**3:30pm** Singalong with Susie Q

**4:30pm** **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, JUNE 6, 2023**

10:00am Coffee, Muffins & Trivia

10:30am Baking Club

11:00am Table Tennis

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm Jigsaw Puzzles

3:30pm Pop Corn and Movie:

**“Pride and Prejudice” 2005 (1st part)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, JUNE 7, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & John Denver

3:00pm **Finish the Expressions**

3:30pm **French Club (Club François)**

4:00pm **French BINGO**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, JUNE 8, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Cup stacking competition!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, JUNE 9, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **The Parachute!**

11:00am **Seated Exercises**

12:00pm to 1:00pm **LUNCH BUNCH AT GRAND OAKS!**

1:00pm **Communion and Prayers \*Commons**  
**With Rev. Father (Andy) Gonzalo**

2:00 pm **Queen's High Tea**



2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

**"Pride and Prejudice" 2005(2<sup>nd</sup> part)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, JUNE 10, 2023**

**10:00am** Coffee & Muffins with Trivia

**10:30am** Armchair Travel

**11:00am** **Balloon Tennis**

**11:30am** **LUNCH!**

**1:30pm** Hand Massage

**2:30pm** Hors d'oeuvres with  
50s and 60s Music

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, JUNE 11, 2023**

**10:00am** Coffee, Muffins & Balloon Tennis

**10:30am** Bible Study & Hymns

**11:00am Live Stream – Washington National Cathedral**

- Featuring prayers, readings from Holy Scripture, and contemplative music.

**11:30m** **LUNCH!**

**2:00pm** Walking Club

**2:30pm** Hors d'oeuvres with Broadway show tunes

**3:30pm** **Abstract Art Drawing**

**4:30pm** **DINNER!**

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