Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & **Commons (B) = Piano Side**

Monday, July 17, 2023

*****10:00am The Great American Trivia Quiz

*****11:00am *Commons (B) **Balance and Motion** "Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

The Impressionists *1:30pm

Season 1 Episode 1 - The Gang of Four

Critic Waldemar Januzczak gives us a witty and humorous start to the series by examining how the movement started and who got it going. He takes us to the places where the Impressionist painters, all now household names, went to see and be seen. It all centers on Paris, a city ripe for change and receptive to the personalities and lifestyles of the protagonists.

Streaming	Prime Video 60 min
• Year	2011
• Director	Waldemar Januszczak
• Genres	Documentary
• Subtitles	English [CC]
Audio	English

***** 3:00pm Afternoon Social

♦ 3:30pm Bingo

*Library

*Commons (B)

*Commons

*Library

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Tuesday, July 18, 2023

*****10:00am The Great American Trivia Quiz

*11:00am Tai Chi

"Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

*1:30pm Scenic Van ride (Washington Monument)

Weather Permitting (makeup for last week's cancelation.)

- Sign up with Concierge
- Bus Loading & Departure Schedule
- 1:10pm Wheelchair & Transfer residents Meet in the Bistro @
- 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:25pm Waiting list loading
- 1:30pm Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

***** 3:00pm Afternoon Social

*Library

♦ 3:30pm Bingo

*Commons (B)

*Commons

*Library

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Wednesday, July 19, 2023

*****10:00am The Great American Trivia Quiz *Library

Seated Exercise with Owen *****11:00am` * Commons

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

* 1:30pm	Dominos	*Bistro
* 3:00pm	Afternoon Social	*Library
* 3:30pm	Crosswords	* Library
* 4:30pm	COCKTAIL HOUR	*Bistro
	<u>6:45pm – 8:00pm</u>	

Grand Oaks Discussion Group

***Bistro**

"Pay It Forward" * 07:00 pm

*Commons

Social studies teacher Eugene Simonet gives his class an assignment: look at the world around you and fix what you don't like. One student comes up with an idea.

Streaming Prime Video - 2 h 03 min 2000 • Year

- Directors
- Mimi Leder
- Starring Kevin Spacey, Helen Hunt, Haley Joel Osment
- Genres Drama
- Audio English

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Thursday, July 20, 2023

*10:00am Trivia Quiz

*11:00am Tai Chi

"Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

* 1:30pm	Bridge Club	*Bistro
*2:00pm	Crosswords	*Library
* 3:00pm	Afternoon Social	*Library
* 3:30m	Dominos	*Library

*Library

*Commons

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* 10:00am	Trivia Quiz	*Library
∻ 11:00am	Seated Exercise Class	*Commons(A)
* 1:00pm	Catholic Mass & Holy Communion Rev. Father (Andy) Gonzalo Our Lady of Victory Catholic Chu	*Chapel <u>urch</u>
* 2:00opm	Word find	*Library
* 3:00pm	Afternoon Social	*Library
* 3:30pm	Bingo	*Commons

"Pay It Forward" * 7:00pm

Social studies teacher Eugene Simonet gives his class an assignment: look at the world around you and fix what you don't like. One student comes up with an idea.

• Streaming Prime Video - 2 h 03 min

- Year 2000
- Directors Mimi Leder
- Starring Kevin Spacey, Helen Hunt, Haley Joel Osment
- Genres Drama
- English • Audio

*Commons

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Saturday, July 22, 2023

* 10:00am Trivia Quiz

*11:00am Seated Exercise Class

* 1:30pm "Pay It Forward"

Social studies teacher Eugene Simonet gives his class an assignment: look at the world around you and fix what you don't like. One student comes up with an idea.

• <u>Streaming</u>	Prime Video - 2 h 03 min	
• Year	2000	
• Directors	Mimi Leder	
• Starring	Kevin Spacey, Helen Hunt, Hale	ey Joel Osment
• Genres	Drama	
• Audio	English	
* 1:30pm	Bridge Club	*Bistro
* 2:00p	Crosswords	*Library
* 3:00pm	Afternoon Social	*Library
* 3:30pm	Bingo	*Commons (B)
* 4:30pm	COCKTAIL HOUR	*Bistro

Featuring themed Cocktail & Wine & Beer

*Commons (A)

*Commons

*Library

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Sunday, July 23, 2023

*10:00am Seated Exercise Class

*11:00am Presbyterian Worship

<u>11:30 am ~ 1:30pm</u> BRUNCH INTHEDINING ROOM

*1:30pm Swan Lake - Rudolf Nureyev

"For me, Swan Lake is one long daydream seen through the eyes of prince Siegfried. Reared on romantic reading, his desire for infinity has been fired and he refuses the reality of the power and the forced marriage. An idealized love is born in his mind along with the prohibition that it represents. And so, when the dream fades away, the sanity of the prince does not know how to survive." R Nureyev

<u>Streaming: Amazon Prime – 2 h 21 min</u>

Director	François Roussillon
Starring	Agnès Letestu, José Martinez, Karl Paquette
Genres	Arts, Entertainment, and Culture
Subtitles	English [CC]
Audio	English

***** 3:00pmAfternoon Social*Library

✤ 3:30pm Bingo

*Commons (B)

*Commons (A)

*Commons (A)

*Commons (A)