

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, July 24, 2023

❖ 10:00am The Great American Trivia Quiz *Library

❖ 11:00am Balance and Motion *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm **The Impressionists** *Commons

Season 1 Episode 2 - The Great Outdoors

Waldemar Januszczak continues his investigation of the Impressionists by taking us outdoors to their most famous locations. Although Impressionist pictures often look sunny and relaxed, achieving this peaceful air was hard work. Waldemar injects a humorous side to their stories, as only he can.

<u>Streaming</u>	<u>Prime Video 59 min</u>
-------------------------	----------------------------------

- | | |
|-------------|---------------------|
| • Year | 2011 |
| • Director | Waldemar Januszczak |
| • Genres | Documentary |
| • Subtitles | English [CC] |
| • Audio | English |

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Bingo *Commons (B)

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, July 26, 2023

❖ **10:00am Trivia Tournament** *Commons

❖ **11:00am` Seated Exercise with Owen** * Commons
Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

❖ **1:30pm “Muriel's Wedding”** *Commons

Muriel spends each day dreaming of her wedding day. Slight problem: Muriel has never had a date. Finding the courage to leave on a tropical vacation, she meets a new friend and turns her world upside down to make her wedding dreams a reality.

Streaming Prime Video - 1 h 46 min

- Year 1995
- Directors P.J. Hogan
- Starring Toni Collette, Bill Hunter, Rachel Griffiths
- Genres Drama, Comedy.
- Audio English

❖ **2:00pm Spanish Class with Marco**
4th floor Country Kitchen Northside

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Crosswords** *Commons

❖ **4:30pm COCKTAIL HOUR** *Bistro

6:45pm – 8:00pm

❖ **Grand Oaks Discussion Group** *Bistro

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, July 27, 2023

❖ 10:00am **Trivia Quiz** *Library

❖ 11:00am **Tech Support with Jordan & Marco**

11:30am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

❖ 11:00am **Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ 1:30pm **Bridge Club** *Bistro

❖ 2:00pm **Health Talk with Legacy** * Commons

“Heart Health Essentials”

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30m **Balloon Tennis** * Commons

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, July 28, 2023

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise Class** *Commons(A)
- ❖ 1:00pm **Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church
- ❖ 2:00opm **Word find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo** *Commons
- ❖ 7:00pm **“Muriel's Wedding”** *Commons

Muriel spends each day dreaming of her wedding day. Slight problem: Muriel has never had a date. Finding the courage to leave on a tropical vacation, she meets a new friend and turns her world upside down to make her wedding dreams a reality.

Streaming Prime Video - 1 h 46 min

- Year 1995
- Directors P.J. Hogan
- Starring Toni Collette, Bill Hunter, Rachel Griffiths
- Genres Drama, Comedy.
- Audio English

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, July 29, 2023

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise Class** *Commons (A)

- ❖ 1:30pm **“Muriel's Wedding”** *Commons

Muriel spends each day dreaming of her wedding day. Slight problem: Muriel has never had a date. Finding the courage to leave on a tropical vacation, she meets a new friend and turns her world upside down to make her wedding dreams a reality.

Streaming Prime Video - 1 h 46 min

- Year 1995
- Directors P.J. Hogan
- Starring Toni Collette, Bill Hunter, Rachel Griffiths
- Genres Drama, Comedy.
- Audio English

- ❖ 1:30pm **Bridge Club** *Bistro
- ❖ 2:00p **Crosswords** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Dominos** *Commons (B)
- ❖ 4:30pm **COCKTAIL HOUR** *Bistro

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, July 30, 2023

❖ **10:00am Seated Exercise Class** *Commons (A)

❖ **11:00am Presbyterian Worship Service** *Commons (A)

11:30 am ~ 1:30pm

BRUNCH

IN THE DINING ROOM

❖ **1:30 pm Prokofiev: Romeo & Juliet** *Commons (A)

This classic choreography of Romeo and Juliet by Kenneth MacMillan, set to the immortal notes of Prokofiev, is legendary in La Scala's repertoire. In this ballet the choreographer MacMillan deals with the matter paying great attention to human relations, lyricism and psychological tension, without neglecting moments of humour, through the dynamics and the emotions of ballet d'action.

Streaming: Amazon Prime – 2 h 21 min

Director	Kenneth MacMillan
Starring	Roberto Bolle, Misty Copeland, Antonino Sutera
Genres	Arts, Entertainment, and Culture
Subtitles	English [CC]
Audio	English

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Bingo** *Commons (B)